










# Shalom Park

# 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Community Room – CR</i> <i>Knowledge Nook – KN</i> <i>Synagogue – SYN,</i> <i>Terrace Neighborhood – TN,</i> <i>Mountain View Neighborhood – MV</i> <i>Penthouse Neighborhood – PH</i> <i>1st Floor Recreation Room – 1RR</i> <i>2nd Floor Recreation Room – 2RR</i></p>	<h1>MAY</h1>				<p>1</p> <p>10:00am Pickleball – CR</p> <p>3:30pm Shabbat Service – SYN</p>	<p>2</p> <p>10:00am Exercise – 2RR</p> <p>1:30pm IN2L Games &amp; Trivia – 2RR</p>
<p>3</p> <p>9:30-11am Communion with Paula</p> <p>2:30pm Spring in Italy: Virtual Travel – KN</p>	<p>4</p> <p>10:00am Exercise (TN, MV, PH) 10:30am Music Therapy Grp – MV 10:30am What's Up? – 3E</p> <p>1:30pm Poker Game w/ Mindy – 1RR 3:00pm Terrace Town Hall – 1RR 3:00pm Mad libs – KN</p>	<p>5</p> <p>10:00am Exercise (TN, MV, PH) 10:00am Music &amp; Movement (TN) 10:30am What do you Know? – 3E</p> <p>1:30pm Discussion with Mindy-KN 2:30pm Country Western Duo – CR</p>	<p>6</p> <p>10:00am Exercise (TN, MV, PH) 10:30am Bible Study – KN 11:00am Catholic Service – SYN</p> <p>1:30pm Scrabble Group – 1RR 3:00pm House Bingo – CR</p>	<p>7</p> <p>10:00am Exercise (MV) 10:00am Music &amp; Movement (PH) 11:00am Christian Service – SYN</p> <p>2:30pm Piano with Ethan – CR</p>	<p>8</p> <p>3:30pm Shabbat Service – SYN</p>	<p>9</p> <p>1:30pm Piano with Jessica – CR</p>
<p>10</p> <p><b>Nat. Nursing Home Week</b> 9:30am Communion with Paula</p>  <p>11:30pm Mother's Day High Tea Social – CR</p>	<p>11</p> <p><b>Nat. Nursing Home Week</b> 10:00am Exercise (TN, MV, PH) 10:30am Music Therapy Grp – MV 10:30am What's Up? – 3E</p>  <p>2:00pm Hawaiian Luau – CR</p>	<p>12</p> <p><b>Nat. Nursing Home Week</b> 10:00am Exercise (MV, PH) 10:00am Music &amp; Movement (TN) 10:30am What do you Know? – 3E</p>  <p>2:00pm Mariachi Band &amp; Mexican Treats! – CR</p>	<p>13</p> <p><b>Nat. Nursing Home Week</b> 10:00am Exercise (TN, MV) 10:30am Bible Study – KN 11:00am Catholic Service – SYN</p>  <p>2:00pm Enjoy treats, sports trivia &amp; drinks! – TN Game Room</p>	<p>14</p> <p><b>Nat. Nursing Home Week</b> 10:00am Exercise (MV) 10:00am Pet Visit (TN) 10:00am Music Therapy Grp (PH) 10:30am Pet Visit – MV 11:00am Christian Service – SYN 2:00pm</p>  <p>1950's music, root beer floats! – 2RR</p>	<p>15</p> <p><b>Nat. Nursing Home Week</b></p>  <p>2:00pm Enjoy African arts &amp; culture, music &amp; cake! – CR</p> <p>3:30pm Shabbat Service – SYN</p>	<p>16</p> <p>10:00am Exercise – 2RR</p> <p>1:30pm Saturday Movie – KN</p>
<p>17</p> <p>9:30-11am Communion with Paula</p> <p>10:30am Sing-along with The Temple Sinai Kids – CR</p>	<p>18</p> <p>10:00am Exercise (TN, MV, PH) 10:30am Music Therapy Grp – MV 10:30am What's Up? – 3E</p> <p>1:30pm Poker Game w/ Mindy – 1RR 3:00pm MV Town Hall – 2RR</p>	<p>19</p> <p>10:00am Exercise (MV, PH) 10:00am Music &amp; Movement (TN) 10:30am What do you Know? – 3E</p> <p>1:30pm Discussion with Mindy-KN 3:00pm Discussion w/Rabbi Baskin "Shavuot 101" – KN</p>	<p>20</p> <p>10:00am Exercise (TN, MV, PH) 10:30am Bible Study – KN</p> <p>1:30pm Reminiscing w/ Carol – KN 3:00pm House Bingo – CR</p>	<p>21</p> <p>10:00am Pet Visit (TN) 10:00am Music Therapy Grp (PH) 10:30am Pet Visit – MV</p> <p>2:30pm Music with Joyce – CR 3:45pm Shalom Singers – SYN</p>	<p>22</p> <p>11:00am Catholic Mass – SYN</p> <p><u>Strolling Book Cart:</u> 1:30pm (TN) 2:00pm (MV) 2:30pm (PH)</p> <p>3:30pm Shabbat Service – SYN</p>	<p>23</p> <p>10:00am Exercise – 2RR</p> <p>1:30pm IN2L Games &amp; Trivia – 2RR</p>
<p>24</p> <p>9:30-11am Communion with Paula</p> <p>1:30pm Activities with Gohar - TN</p>	<p>25</p> <p>10:00am Exercise (TN, PH) 10:30am Music Therapy Grp – MV 10:30am What' Up? – 3E</p>  <p>1:30pm Memorial Day Social – CR</p>	<p>26</p> <p>10:00am Exercise (PH) 10:30am What do you Know? – 3E 10:30am Music &amp; Movement (TN)</p> <p>1:30pm Discussion with Mindy-KN</p> <p>3:00pm Gary Barton Presents - KN "It's the Military, You Know"</p>	<p>27</p> <p>10:00am Exercise (TN, MV, PH) 10:30am Bible Study- KN 10:30am Neighborhood Mtg-3E 11:00am Catholic Service – SYN</p> <p>1:30pm Teaching Kitchen – Bistro</p> <p>3:00pm House Bingo – CR</p>	<p>28</p> <p>10:00am Exercise (MV) 10:00am Pet Visit (TN) 10:00am Music Therapy Grp (PH) 10:30am Pet Visit – MV 11:00am Christian Service – SYN</p> <p>2:00pm Silver Kite Project – KN</p> <p>3:30pm Shalom Singers – SYN</p>	<p>29</p> <p>3:30pm Shabbat Service – SYN</p>	<p>30</p> <p>10:00am Exercise – 2RR</p> <p>1:30pm Saturday Movie – KN</p> 
<p>31</p> <p>9:30-11am Communion with Paula</p> <p>2:30 Happy Hour – CR</p>						