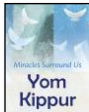


Shalom Park

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Community Room – CR Knowledge Nook – KN Synagogue – SYN, Terrace Neighborhood – TN, Mountain View Neighborhood – MV Penthouse Neighborhood – PH 1st Floor Recreation Room – 1RR 2nd Floor Recreation Room – 2RR		1 10:00am Exercise (MV, PH) 10:00am Music Therapy (TN) 10:30am What do you Know? – 3E 10:30am Creative Corner w/ Gohar – 1RR 1:30pm Discussion with Mindy-KN 3:00pm Blackjack – KN	2 10:00am Exercise (TN, MV, PH) 10:30am Bible Study – KN 10:30am Creative Corner w/ Gohar – 1RR 11:00am Catholic Service – SYN 1:30pm Discussion Grp w/ Rabbi “Yom Kippur 101” – KN 3:00pm House Bingo – CR	3 10:00am Exercise (TN, MV) 10:00am Pet Visit (TN) 10:00am Music Therapy Grp (PH) 10:30am Pet Visit – MV 10:30am Creative Corner w/ Gohar – 1RR 11:00am Christian Service – SYN (AM & PM Estate Planning for Staff - CR) 3:00pm Silver Kite Project – KN	4 10:00am Pickleball – CR 10:30am Creative Corner w/ Gohar – 1RR 3:30pm Shabbat Service – SYN 	5 1:30pm Saturday Movie – KN
6 9:30-11am Communion with Paula 2:30pm Coloring & Conversation - KN	7 LABOR DAY 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10:30am Music Therapy Grp – MV 10:30am Creative Corner w/ Gohar – 1RR 1:30pm Poker Game w/Mindy-KN	8 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10am Music Therapy (TN) 10:30am Creative Corner w/ Gohar – 1RR 1:30pm Jerry Moskowitz sings Al Jolson – CR 3:00pm Teaching Kitchen - Bistro	9 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10:30am Bible Study – KN 10:30am Creative Corner w/ Gohar – 1RR 11:00am Catholic Service-SYN 3:00pm House Bingo – CR	10 10:00am Exercise (MV) 10:00am Music Therapy Grp (PH) 10:30am Creative Corner w/ Gohar – 1RR 11:00am Christian Service – SYN 2:30pm Piano w/ Ethan – CR	11  Begins at Sunset 10:30am Creative Corner w/ Gohar – 1RR 3:30pm Erev Rosh Hashanah Service– SYN	12 10:00 AM - Rosh Hashanah Service – SYN (Tashlich to Follow) 1:30pm Trivia & Puzzles – 2RR
13 9:30-11am Communion with Paula 1:30pm Music with Joyce – CR	14 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10:30am Music Therapy Grp – MV 10:30am Creative Corner w/ Gohar – 1RR 1:30pm Poker Game w/Mindy-KN 3:00pm Terrace Town Hall – 1RR	15 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10:00am Music Therapy (TN) 10:30am Creative Corner– 1RR 11:45am TN BBQ - Courtyard 1:30pm Discussion with Mindy- KN 3:00pm Gary Barton Presents “So, You Don't Like Opera” - KN	16 9:45am Exercise with Gohar-3E 10:00am Exercise (TN, MV) 10:30am Bible Study – KN 10:30am Creative Corner w/ Gohar – 1RR 11:00am Catholic Service-SYN 3:00pm House Bingo – CR	17 10:00am Exercise (MV) 10:00am Music Therapy Grp (PH) 10:30am Creative Corner w/ Gohar – 1RR 11:00am Christian Service – SYN 2:30pm Piano w/ John Melton – CR	18 10:30am Creative Corner w/ Gohar – 1RR Strolling Book Cart: 1:30pm (TN) 2:00pm (MV) 2:30pm (PH) 3:30pm Shabbat Service – SYN	19 1:30pm Piano w/ Jessica – CR
Yom Kippur Begins at Sunset 20 9:30-11am Communion with Paula 3:30pm Kol Nidre Service – SYN	21 10:00 Morning Service  3:30 Yizkor & Neilah – SYN (Followed by Break the Fast)	22 1ST Day of Autumn 10:00am Exercise (TN, MV, PH) 10:30am Creative Corner w/ Gohar – 1RR 11:45am MV BBQ – Courtyard 1:30pm Discussion w/Mindy - KN 3:00pm Country Western Grp – CR	23 10:00am Exercise (TN, MV, PH) 10:30am Bible Study – KN 10:30am Creative Corner w/ Gohar – 1RR 10:30am Decorate the Sukkah - CRT 3:00pm House Bingo – CR	24 10:00am Exercise (MV) 10:00am Pet Visit (TN) 10:00am Music Therapy Grp (PH) 10:30am Pet Visit – MV 10:30am Creative Corner w/ Gohar – 1RR 11:00am Christian Service – SYN 2:30pm Music w/ Claire - CR	25 11:00am Catholic Mass - SYN 3:00pm Beneath the Sukkah Program & Erev Sukkot Service - Courtyard  (with Lulav & Etrog)	26 10:30am Sukkot Service - SYN  (with Lulav & Etrog) 1:30pm Saturday Movie – KN
27 9:30-11am Communion with Paula 1:30pm Scenic Drive for MV	28 10:00am Exercise (TN, MV, PH) 10:30am What's UP – 3E 10:30am Music Therapy Grp-MV 10:30am Creative Corner w/ Gohar – 1RR 1:30pm Poker Game w/Mindy 3:00pm Gary Barton Presents “Wash Tub Bass” – KN	29 10:00am Exercise (TN, MV, PH) 10:00am Music Therapy (TN) 10:30am What do you Know? – 3E 10:30am Creative Corner w/ Gohar – 1RR 11:45am PH BBQ – Courtyard 1:30pm Discussion w/Mindy-KN 3:00pm Discussion Grp w/ Rabbi Baskin “Sukkot 101” - Courtyard	30 10:00am Exercise (TN, MV, PH) 10:30am Bible Study – KN 10:30am PH Town Hall Meeting – 3E 11:00am Catholic Service – SYN 1:30pm Acrylic Class - KN 3:00pm House Bingo – CR			

The calendar is also available to view or hear on Shalom Channel 35. 1

NOTE: Activity schedules are subject to change due to some unavoidable circumstances -Thank you!