

SIS30619 - Certificate III in Outdoor Leadership

5 Star Training & Consulting RTO ID 91664

SIS30619 Certificate III in Outdoor Leadership - (Abseil, Canyon & Climb) Spring 2025

THIS IS NOT AN ENTRY LEVEL COURSE - PLEASE READ BEFORE ENROLLING

DESCRIPTION

This course is designed for people working or wanting to work in the Outdoor Industry, specialising in Abseiling, Top Rope Climbing & Canyoning.

This course allows participants to develop their decision making, canyoning, climbing and abseiling abilities.

The training is designed to reflect the role of those who operate cliff-based environments in defined contexts.

Leadership skills are developed to organising activities of self and others, as well as contributing to technical solutions of a non-routine or contingency nature.

LENGTH OF COURSE

This course is delivered over 22 days of face-to-face delivery in the Blue Mountains.

As prior qualifications are required for this course it is anticipated that the core units will be achieved either by Credit Transfer or RPL. If core units gap training is required to be completed, this will be conducted online via self-directed learning.

WHAT WILL YOU LEARN?

You will learn the skills and knowledge for:

Guiding outdoor activities in a controlled environment

A guide operating in a controlled environment has the skills, knowledge and experience to work independently within various settings and contexts that may be abstract and non-routine.

Instructing outdoor skills

An instructor has the skills, knowledge and experience to facilitate skill transfer or development to clients so they may participate independently (or with minimal supervision) in outdoor activities. This requires the guide to be able to:

- transfer required technical skills and knowledge to participants
- apply a variety of appropriate instructional strategies
- critique participants' technique

- assess participants' skill and knowledge acquisition during and at the end of a program

Those with this qualification would manage expected and unexpected situations with considerable autonomy. Leadership, guidance and supervision are involved when organising activities of self and others, as well as contributing to technical solutions of a non-routine or contingency nature.

ACCREDITATION

SIS30619 - Certificate III in Outdoor Leadership The qualification is taken from the SIS10 - Sport, Fitness and Recreation Training Package.

ELIGIBILITY/ENTRY REQUIREMENTS

Please Note - this is not an entry-level course. Candidates must hold formal qualifications in Outdoor Leadership or demonstrate equivalent industry experience to be eligible for the course.

Examples of sufficient relevant skills and knowledge for entry into the qualification must include:

- Previous qualification at the AQF level below or
- Previous experience in the outdoor Leadership industry and interest in outdoor pursuits

** All applicants are required to provide copies of previous qualifications and a current CV to us before your place on the course is confirmed.

Entry into this qualification will be based on our professional judgement in consultation with the individual. 5 Star Training reserves the right only to allow enrolment to this course if students are above the required standard.

Physical requirements

You will also be exposed to cold and wet environments and undertake a range of abseils in rugged and unfamiliar terrain. You may be required to carry backpacks with equipment weighing up to 20kg. Participants should have the physical attributes to participate in adventurous physical activities.

Successful participants will need physical capacity and personal skills to work in small groups.

Do I need previous roping experience?

Roping experience is not essential. However, industry knowledge, life experience or work experience is essential.

What if I do not meet the required standard during the training block?

Following the training block, the 5 Star Team will investigate the outcome, and a pathway for reassessment will be recommended and provided to the student.

PREVIOUS STUDIES RECOGNITION

As you are required to have previous Outdoor Leadership qualifications and or experience, you will likely be eligible for recognition of prior learning or credit transfer in this course.

For example, if you have already completed a previous course in Outdoor Leadership and have completed the unit

SISOPLN001 Finalise operation of outdoor recreation activities

You can provide us with a copy of your transcript and receive a Credit Transfer for this unit.

Program content:

22 units must be completed:

9 core units & 13 elective units consisting

Core units

HLTWHS001 - Participate in workplace health and safety

PUAOPE013 - Operate communications systems and equipment

SISOFLD002 - Minimise environmental impact

SISOPLN001 - Finalise operation of outdoor recreation activities

SISOPLN004 - Identify hazards, assess and control risks for outdoor recreation activities

SISOPLN005 - Interpret weather and environmental conditions for outdoor recreation activities

SISXCCS001 - Provide quality service
SISXEMR001 - Respond to emergency situations
SISXFAC001 - Maintain equipment for activities

Elective units

Abseiling, Natural Surfaces

SISOABS003 - Abseil single pitches, natural surfaces
SISOABS006 - Establish ropes for single pitch abseiling on natural surfaces
SISOABS009 - Lead single pitch abseiling activities on natural surfaces
SISOFLD006 - Navigate in tracked environments
SISORSC002 - Perform vertical rescues

Climbing, Natural Surfaces, Top Rope

SISOCLM002 - Top rope climb single pitches, natural surfaces
SISOCLM006 - Establish belays for single pitch climbing on natural surfaces
SISOCLM009 - Lead single pitch climbing activities on natural surfaces, top rope climbing

Canyoning, Easy to Intermediate

SISOCAY001 - Traverse canyons
SISOCAY002 - Abseil in easy to intermediate canyons
SISOCAY004 - Establish ropes and belays for abseils in easy to intermediate canyons
SISOCAY006 - Lead canyoning activities, easy to intermediate canyons

General Electives

SISCAQU020 - Perform water rescues

****Note that progression to the Canyon skill electives is based on the professional judgement of our instructor team. The alternate pathway is to complete Artificial Abseil units.**

COURSE FEES

Fee Structure

Course fees are calculated using the Smart and Skilled Calculator. This course may be available under NSW fee-free funding, subject to availability. We will notify you if fee-free spots become available.

Please note: Fee-free spots are limited and determined by the NSW government. Once all spots are filled, the fee-free option will close.

Fee-Free Training Eligibility

You will be eligible for fee-free training if you are:

- NSW Veterans and their recognised partners or spouses
- Students with disability
- Aboriginal or Torres Strait Islanders

Smart & Skilled General Eligibility

To qualify for NSW Smart & Skilled fee-free or subsidised training, you must be:

- 15 years old or over
- No longer at school
- Living or working in NSW
- An Australian citizen, Australian permanent resident, humanitarian visa holder, or New Zealand citizen

Payment Process

If fees apply, you will receive an invoice and payment plan options after your commitment ID has been created through Smart and Skilled.

Approximate Fee Structure

- Non-Centrelink recipients: \$1,200.00 (with Credit Transfer and RPL applied)
- Centrelink recipients: \$250.00

Note: These are approximate fees only. Final fees will be determined by the Smart and Skilled Calculator based on your individual circumstances.

REFUNDS

Fee-paying students are eligible for refunds in certain cases. For more details, refer to www.5startraining.com.au

COURSE VENUES

This course has various venues, predominantly based in the Blue Mountains National Park

EQUIPMENT:

5 Star Training & Consulting has equipment that can be used for the duration of the course; however, if there if you are looking to purchase your own equipment, the list can be found below:

- Climbing/Abseiling Harness
- Climbing Helmet
- 5 Alloy Locking Carabiners
- 1 short and 1 long Prussick
- ATC or similar
- Figure of 8
- Personal Anchor System
- Pully

Additionally, it is recommended the following outdoor clothing and equipment:

- A large comfortable backpack (over 55L)
- sturdy outdoor shoes
- Season appropriate outdoor clothing
- Sunscreen
- Water bottles that have up to 2L of carrying capacity
- Headlamp
- Sunglasses
- Whistle
- Multi tool or pocketknife
- Personal first aid kit includes blister tape, and any personal medication required

HOW TO ENROL

Complete the enrolment form online below

For any questions about enrolment, please contact the office on 02 47222471 or email info@5startraining.com.au for more information.

EXIT POINTS

There are no early exit points for this course of study.

RESOURCES

Students are issued with course learning materials, workbooks and handouts relevant to each unit.

CAREER PATHWAYS

The following are indicative job roles for this qualification:

- Canyon guide
- TR climbing guide
- Abseil Guide

SUPPORT SERVICES

We can assist you. If feel as though you may need help with your studies, please get in touch with the administration on 02 47222471 or [info@5startraining](mailto:info@5startraining.com.au) before enrolling in the course.

STUDENT RIGHTS AND RESPONSIBILITIES

Please refer to the pre-enrolment information for new students for detailed information. This can be found at www.5startraining.com.au