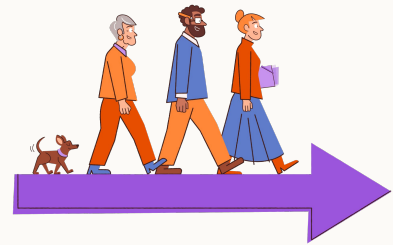


WORKSHOP AGENDA

Change

How to navigate change with clarity and confidence.



Half day · In person or virtual · Teams and leaders

Explore how change lands for you and others, considering the uncertainty, frustration and opportunity it brings, and what it takes to move forward, together. The session gives a team a shared language for the challenges and opportunities for dealing with change, and the conversations to keep things moving.

— WHAT YOU LEAVE WITH

- Understand how change lands for individuals, and why resistance is a natural part of the process.
- A clear sense of what good leadership looks like during change, and how to have the conversations that matter.
- A structured way to define success, plan backwards, and stay responsive as conditions around you shift.

— WHO IT'S FOR

Teams facing a shared change who want to read where each other are and move forward together, and leaders or HR professionals who want a clearer, more practical understanding of how change works and what people need during uncertainty.

— AT A GLANCE

How change lands for people	<i>Why change feels hard, and why resistance is normal.</i>	30 MIN
Leading through change	<i>Lead people through uncertainty without losing trust.</i>	30 MIN
End in mind, and adaptive strategy	<i>Define the destination, then work backwards.</i>	60 MIN
Change conversations	<i>Practise the conversations change demands.</i>	30 MIN

the session

01

How change lands for people

30 MIN

Why change feels hard, and why resistance is normal.

What change actually does to people, why resistance is a normal part of the process, and what helps individuals move through it.

02

Leading through change

30 MIN

Lead people through uncertainty without losing trust.

What people need from leaders during uncertainty, and how to provide it reliably without having all the answers.

03

End in mind, and adaptive strategy

60 MIN

Define the destination, then work backwards.

A structured way to define what success looks like and build backwards, holding firm on direction while staying free to adapt how you get there.

04

The conversations that move things forward

30 MIN

Practise the conversations change demands.

Practice in the direct conversations change requires, and a simple way to surface how people are really doing.

Let's talk.

Bring Change to your team

james@creativehuddle.co.uk creativehuddle.co.uk