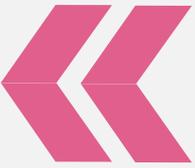




Step-by-Step guide to Springpod for university students

Supporting your journey beyond university. Discover career paths and graduate employers, gain clarity about your future, and build valuable experience to enhance your applications.





Who are Springpod?

A free online careers platform offering **virtual work experiences** across many sectors and with leading employers in the graduate job market.

Explore

Get to know our graduate employers. Find out more about different career sectors and pathways.

Experience

Complete work-related tasks set by leading employers.

Collect, organise and reflect on your achievements and build your bank of evidence. Link your experiences to the skills that we know employers are looking for:

Skills for the Future

Most employers will be looking for these skills. Build your evidence through Springpod experiences.



Springpod 

Key Benefits

- Free!
- Develop real-world skills
- Get career clarity
- Build your professional network
- Build evidence for CVs, applications and Interviews.



Start Now!

Step 1

Create your account [here](#) or [log in here](#).

Top Tips: You will be asked to confirm your year group calculated from your DOB. Click **Change**.

Springpod

Education details

Please enter your education details which helps us personalise your Springpod experience.

★★★★★
"I really enjoyed the University of Oxford Subject Spotlight because it allowed me to explore and gave me lots of ideas to consider when applying to Oxford. I was also able to experience what a university course feels like which I have not been able to do anywhere else!"
Jessica
Springpod Student

We calculate you are in school or college and are in:

Year 14

Confirm Change

Springpod

and then select **University**.

Add details about your university and course - **if your university is not listed, email hello@springpod.com**

Springpod

Education details

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Jessica
Springpod Student

Please confirm your status

Please confirm your status

School or college
University
Gap year
Employment
Not in education, employment or training

Find your university

Degree type*

University name*

I can't find my university

Year of entry* Graduation Year*

Next Back

Springpod

Welcome to your Springpod dashboard - You can now start exploring.

Springpod

Dashboard

Jo Bish
University of Exeter

Find your university

MY SUBJECT SPOTLIGHTS
MY VIRTUAL WORK EXPERIENCE
MY ACHIEVEMENTS
SEARCH EXPERIENCES

Experiences in progress

EXPERIENCE PROGRESS
Healthcare Careers with Torbay and South Devon NHS Foundation Trust
Start: 01/01/2025

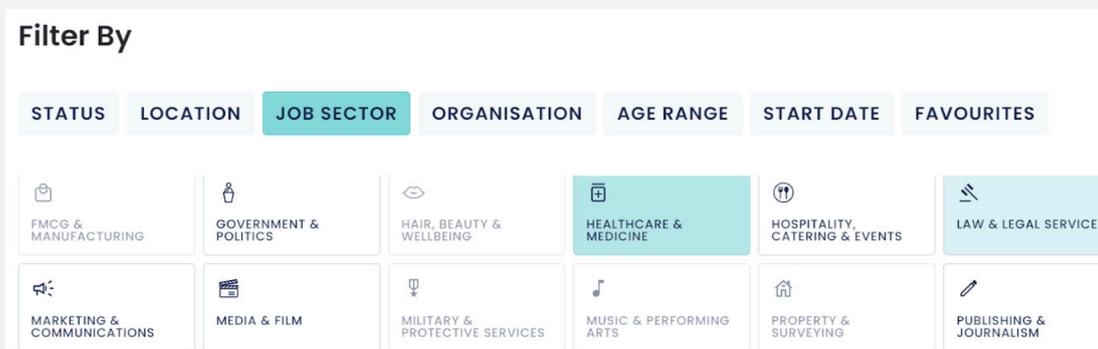
EXPERIENCE PROGRESS
TV & Film Work Experience
Start: 01/01/2025
Let's get started

Step 2

Explore work experience programmes [here](#). A wide range of experiences are available, including Law, Psychology, Engineering, Health, Construction, Marketing, Publishing, TV and Film, Finance and Accountancy, Business Management and Technology, to name just a few!

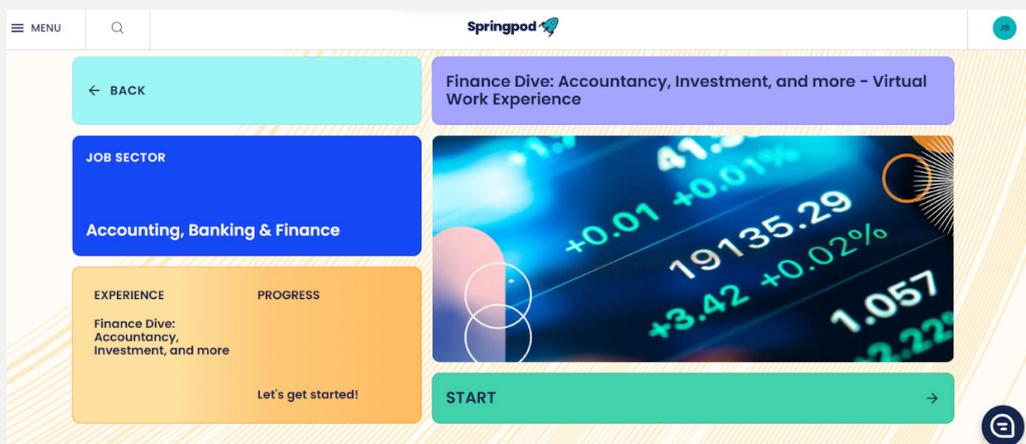
Step 3

You can use the filters to search for those that match your interests in **Job Sector**.



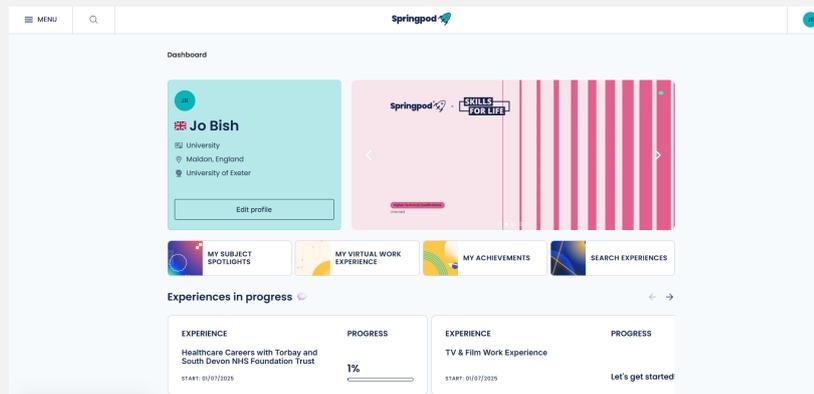
Step 4

Click **Start** on the programmes you want to complete and your experience will load straightaway. Work your way through the modules, completing any required tasks and activities. It will save your progress.



Step 5

Always go to **My Virtual Work Experience** on your dashboard to find your programmes.



Step 6

Go to **My Achievements** to find your certificates. Use the 'Share to LinkedIn' to build your network.



Need help?

Contact hello@springpod.com for support with your programme if needed.

