



MENOPAUSE MOVEMENT THE FAQs!

WHY IS THIS COURSE FOR YOU?

As perimenopause and menopause increasingly take centre stage in women's health and wellbeing, this online course provides indispensable insights and knowledge for the fitness and health professionals who want to support women effectively and safely through menopause. Offering a wealth of evidence-based content, you'll expand your understanding, enhance your practice, and help to grow your business.

COURSE STRUCTURE & ASSESSMENT

The course consists of 8 high quality audio and visual modules, segmented into micro-learning units for flexible learning. Each module concludes with a multiple-choice assessment.

CERTIFICATION AND CPD POINTS

Endorsed by CIMSPA with 4 CPD points, members receive a certificate of attendance on completion, confirming 8 hours of learning.

COURSE CONTENT AND INSTRUCTORS

Delivered by top menopause health professionals, the course brings together key learnings, covers diverse topics crucial for understanding and addressing menopause-related issues.

EXCLUSIVE NETWORK BENEFITS

On enrolment, you'll join the private Menopause Movement® community on Circle, providing networking, collaboration, webinar archives, resources, and regular Q&A sessions. Enjoy 3 months of free community access from signup; after which, a small membership fee applies. Course access is evergreen, ensuring ongoing viewing availability.

MENOPAUSE MOVEMENT DIRECTORY & LOGO USAGE

You will gain visibility through the searchable Directory and be able to use the Menopause Movement logo in your promotional material.

HOW IS COURSE ACCESSED?

The course is securely hosted on Circle, ensuring easy access. On signup, you'll receive a password invitation from Circle. After setting your password, the course will be accessible on your Circle profile, allowing you to learn at your convenience without fixed login times.

COURSE SUITABILITY & DISCOUNTS

Perfect for both fitness and health professionals, ranging from independent practitioners to larger teams employed in various settings such as gyms, leisure centres, private clinics, NHS facilities, or the service sector. Group discounts are offered, and referrals from existing members result in discounts for both the referrer and referee.

PAYMENT OPTIONS

Split payment options and discounts for multiple sign-ups available.



ELIGIBILITY AND ENQUIRIES ABOUT MULTIPLE SIGN-UPS

Please email:
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