

The Father Challenge

KIT LIST



Camp Kit

- Tent
- Warm sleeping bag
- Sleeping mat (*no camp beds*)
- Travel pillow (*optional*)

- Long sleeve t-shirt x1
- Short sleeve t-shirt x2
- Pants x1
- Active shoes
- Towel
- Plastic bag for dirty wet gear

- Pocket knife / bush knife
- Head lamp or hand held torch
(*fully charged + spare batteries or battery pack. Phone torch is not suitable.*)
- Toothbrush & toothpaste
- Personal medication
- Bible
- Umbrella (*if rain is forecast*)

- Mug
- Knife, spoon, fork
- Tough scourer

Tramping Kit

- Walking boots or trainers
- Socks & underwear x3
- Comfortable hiking pants and/or shorts (*not jeans*) x1
- Hiking t-shirt x1
- Warm sweaters or fleeces x2
- Waterproof jacket or poncho x1
- Sun hat
- Sunscreen
- Neck warmer, gloves, woolie hat
- Toilet roll in plastic bag
- Notebook and pencil
- Snacks!
- Water bottle, 2L minimum

Optional Extras

- Sunglasses
- Spare warm layers
- Blister plasters
- Walking poles
- Knee & ankle braces
- Insect repellent

GUIDELINES

For most of the weekend all you'll need is a small backpack for carrying a packed lunch, water and a spare layer. But, in order to get to our basecamp you'll need to carry everything on the kit list on your back for a short distance through the bush. However you decide to do this is up to you.

Food - All food will be provided upon arrival, but bring plenty of snacks to keep you going!
You will not need to bring a plate or bowl.

Pillow - Travellers top tip: try using your spare clothes stuffed inside a sweater. Your pillow from home won't do!

Sleeping mat - There is no power in the wild, so if it needs to be inflated, make sure you can do it with your lungs only!

Warm layers - It gets cold at night, so make sure you're rugged up!

Hiking clothes - Ideally these clothes will be quick-drying sports or hiking gear which are not made of cotton. But, if you don't already own this gear, then cotton will be fine.

We have some kit available to borrow, please get in touch.