

# Welcome | Croeso

## COWBRIDGE GUIDE

Cowbridge is an ancient 13th century market town based within the Vale of Glamorgan that offers a delightful blend of heritage and modern charm.

Its beautiful historic surroundings and vibrant high street, lined with independent shops, cafés, restaurants and cosy pubs make it a perfect destination for a relaxing and enjoyable day out.

This guide has been produced on behalf of the Traders of Cowbridge and part funded by the Cowbridge with Llanblethian Town Council. Please Scan the QR code for a Welsh Language version and further information.



## POINTS OF INTEREST

### 9, 35 & 77 - DEFIBRILLATOR LOCATIONS

Tesco Opening hours | Town Hall (Opening hours) | The Bear Hotel, outside entrance (24/7)

### 35 - TOWN HALL AND MUSEUM

Grade II listed building (1830) housing Cowbridge Museum, showcasing local history from Roman to Victorian times. Museum: 1st & 3rd Sat, 10am–4pm

### 104 - BEAR FIELDS

Home of Cowbridge Town FC and venue for sports, festivals and concerts, with outdoor gym equipment and town-centre access.

### 105 - LIBRARY

Free Wi-Fi, public computers, printing, children's area and local history collection. Wheelchair accessible | Disabled toilet. Mon–Fri 10am–5pm (Wed until 7pm) | Sat 10am–4pm

### 106 - OLD HALL AND GARDENS

A Grade II listed building dating from the 16th century which has served as a family home, grammar school and now a Community College with a gallery, pop-up shop and quiet Old Hall Gardens behind. This marks the beginning of the Vale Trail 9 – The Iolo Morgannwg Heritage Trail.

### 107 - PHYSIC GARDEN

18th-century garden with traditional medicinal, culinary and dye plants in a formal layout. A peaceful retreat near the town centre. Wheelchair accessible | Free entry  
Daily: Summer 10am–6pm | Winter 10am–4pm (closed Christmas Day)

### 108 - MEDIEVAL TOWN WALL & SOUTH GATE

Well-preserved remains of the medieval town wall (c.1300). The South Gate is the only surviving gate, with two intact towers.

### 109 - TWT PARK

Walkthrough park with play equipment for various ages and rubber safety surfacing. Accessible from three directions; unfenced.

### 110 - RIVER THAW

Scenic river running through Cowbridge with paved riverside paths ideal for walking.

## BLUE PLAQUES

A great way to discover Cowbridge's history is to follow the Blue Plaque Trail.

6-7 CHURCH STREET	COWBRIDGE GRAMMAR SCHOOL	SPREAD EAGLE INN & ACADEMY
THE ANCIENT DRUID	THE DUKE OF WELLINGTON	THE TOWN HALL
THE BEAR HOTEL	THE MASON ARMS	THE TOWN WALLS
CAERCADY HOUSE	THE OLD HALL	TY MAWR (GREAT HOUSE)
COSTA COFFEE	PAVILION CINEMA	WOOD STOCK HOUSE

## SHOPPING IN COWBRIDGE

### FOOD, DRINK & HOSPITALITY

1 - Harry's Bar Cowbridge	33 - 1 Town Hall Square	61 - Cafe Nero	79 - Duke of Wellington
6 - Barbacoa Bar and Tapas	36 - Horse & Groom	63 - Maple & Bean	80 - Lilly's Diner
8 - The Potting Shed & Hafdy	38 - Pear Kitchen	65 - Costa Coffee	83 - Penny Farthing
9 - The Bear Hotel	40d - Toscana Italian	67 - Noble Grape	85 - Goodness
14 - Vale of Glamorgan Inn	48 - Thai Elephant Restaurant	69 - Farnham's Fish & Chips	87 - 96 Degrees Coffee Shop
24 - Ground Bakery	50 - Shampan Indian Takeaway	70 - I.G.Nicholas Butchers	89 - Gateway of India
26 - Elephant & Bun	55 - Filco	72 - Fables	92 - Hare & Hounds Bakery
29 - Greggs	60 - Waitrose	77 - Tesco Express	

### FASHION, BABY & LIFESTYLE RETAIL

0 - Bee & Bloom	30 - Amanda Jones Jewellery	56 - Hope Rescue	78 - Tenovus Wales
13 - Sam Smith Travel	31 - Minnie May Closet	57 - King Fox	81 - Goose Island
20a - Arthur John & Co	32 - E91	58 - Cowbridge Travel	84 - Cancer Research
21 - Tallia	43 - Cats Protection	64 - Fatface	90 - Tiki Suf + Snow
21 - Willow in White Bridal Co	44 - Skogstad	67 - JRC Jewellery	96 - Bijou Nursery & Creche
22 - No39	45 - Dogs Trust	74 - CoCo Plum	99 - Gibson and Bond
27 - Ty Hafan	49 - Squarespots	76 - Jon Ian Ltd	102 - Bethan Jones Boutique

### CREATIVE & LOCAL RETAIL

17 - Cowbridge Bicycle Centre	18 - Jenny Lambert Art	34 - Alchemy of Cowbridge	80 - Happy Days Vintage
17 - The Old Wool Barn	18 - The Cowbridge Craft Hub	34 - Clay and Craft	87 - Kingfisher Gallery

### HEALTH, BEAUTY & PERSONAL CARE & PET SERVICES

2 - Studio Viva Ladies Fitness	34 - Xinh Studio	46 - Imperial Hearing	82 - Marooned Hair
3 - Marley's Barber Shop	40a - Hair by George	46 - Y Bont Faen Dental	93 - Cowbridge Pharmacy
4 - HOBBS Hairdressing	40a - Nook Hair	47 - Thryve Clinic	94 - Kurd Barbers
5 - Cowbridge Dental Specialists	40a - MJ Nails and Spa	52 - Eastgate Barbers	95 - Beauty Box
12 - Savers	40a - PH71 Haircrew	53 - Paws on the Thaw	98 - Bluebird Care
16 - Robert Lloyd Opticians	40c - Blossom Hair	59 - Beauty Within Medi - Spa	98 - Elevate Mobility
19 - Shape Hair	41 - VADAtelier	66 - The Cutting Club	98 - Forget Me Not Hub
28 - Specsavers	42 - Vale Wellness	72 - Cowbridge Dental Care	
30 - Cowbridge Podiatry Chiroprody	44 - Soul & Soma	73 - Great House Pharmacy	

### HOME, GARDEN, GIFTS & STATIONARY

19 - Cocoa & Co	54 - Capel Jones	78 - Bathrooms of Cowbridge	103 - Bread Leaf Timber
20b & 91 - Arthur John & Co	66 - Cowbridge Mobiles	81 - Stwff-Stuff	
40 - West Hampton	68 - TG Jones	88 - DB Cleaners and Laundry	
51 - The Cowbridge Bookshop	75 - W G Davies	97 - The Pencil Case	

### PROFESSIONAL & BUSINESS SERVICES

3 - Swansea Building Society	22 - Seren Financial Advisors	82 - Peter Alan	100 - Penllyn Properties
8 - Harris & Birt	40 - Bevan & Buckland	86 - Creative Communities	100 - Vale Wills
11 - HRT Estate Agents	44 - STAS Accountancy	88 - JCP Solicitors	101 - Browns Printers
13 - Watts & Morgan	71 - Principality Building Society	88 - Macey Owen Accountants	
22 - Mark Edwards IFA	81 - Hopkins Law	100 - FALCO Wealth Management	

## FURTHER ALONG THE EAST GATE HIGH STREET



## BY JENNY LAMBERT ART

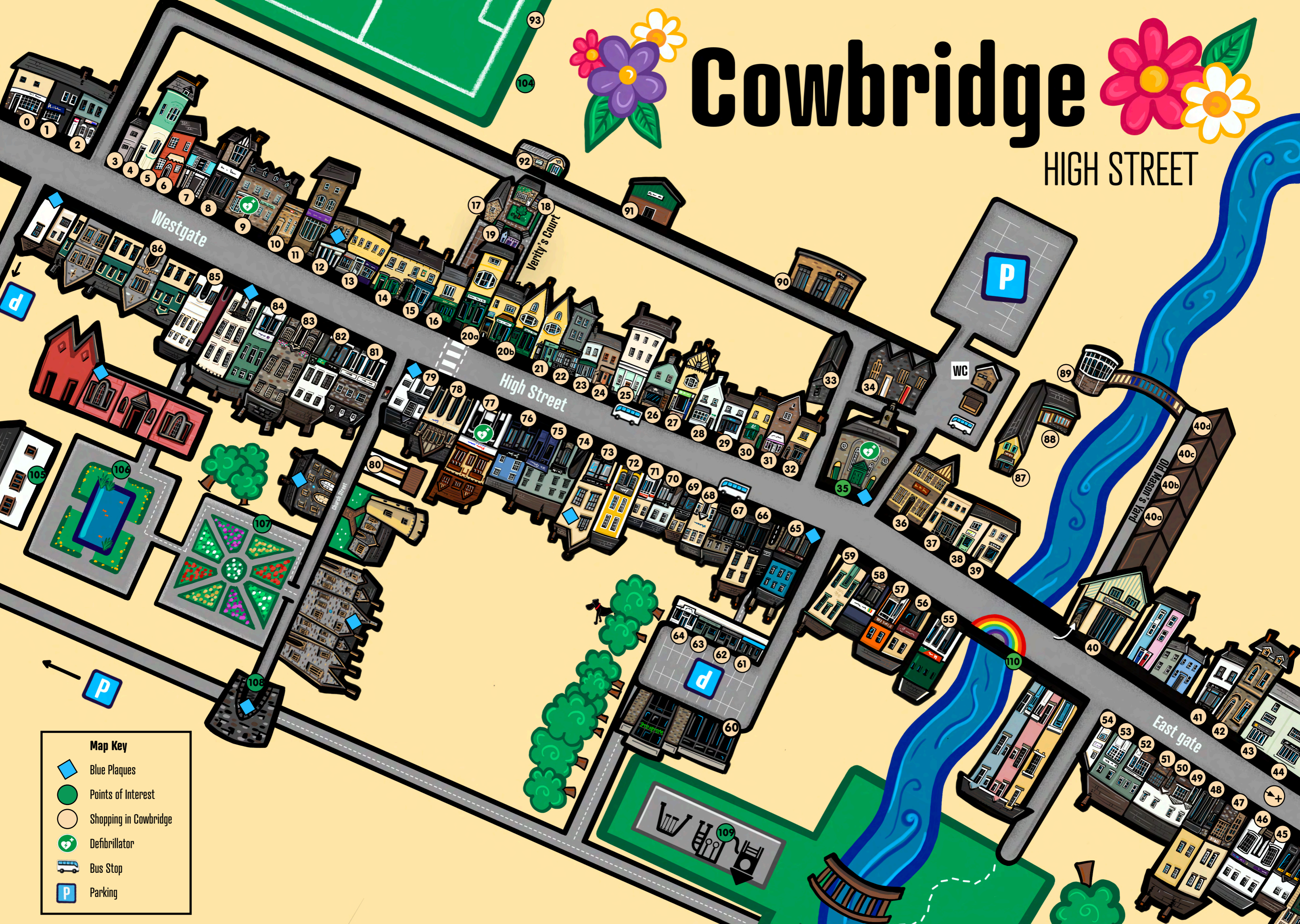
The design for this map was produced by Jenny Lambert Art. Jenny Lambert is an acrylic artist whose studio sits in the heart of Cowbridge, created the artwork for this map, bringing her signature style to the town she loves.

Inspired by walks with her black Labrador, Tinker, who makes a playful appearance in each piece - Jenny continues to grow her collection which is on display at her studio alongside a range of gifts. Special commissions and workshops available on request. Find out more: [www.jennylambertart.com](http://www.jennylambertart.com)







# Cowbridge



HIGH STREET



### Map Key

-  Blue Plaques
-  Points of Interest
-  Shopping in Cowbridge
-  Defibrillator
-  Bus Stop
-  Parking