

# Coaching +

A powerful coaching and leadership communication skills package, designed to support coachees to develop even further. Once coaching identifies the opportunity and action, let's take the next development step.

## **Our Coaching + package consists of:**

6 Coaching Sessions + 2 Leadership Communication Skills Sessions

## **How Does It Work?**

Coaching helps identify core challenges, unlock motivation and deliver meaningful change. Leadership Communication Skills sessions build on this; providing a high-impact learning experience with extra tangible results. Participants gain practical techniques, expert insights and new approaches to apply. Real-time feedback from skills coaches, enables rapid learning and opportunity to refine skills in the moment, accelerating development.

## **Leadership Communication Skills Topics Include:**

- Having courageous conversations
- Giving feedback
- Personal impact and presenting
- Influencing and persuading
- Empowering others
- Negotiating skills

## **Take the next step**

To explore how Coaching + can support your ambitions contact the MF Coaching team via [info@managementfutures.co.uk](mailto:info@managementfutures.co.uk)

