

# PDC MUMS & BUMPS

Peer support & clinician-backed resources for women living with diabetes on their journey to motherhood

## WHY JOIN?

- ✓ Peer support from other mums who are on the same journey
- ✓ Expert-approved resources for managing diabetes throughout the pregnancy journey
- ✓ Tips on managing diabetes during pregnancy & postpartum
- ✓ A safe space to share experiences and connect with people who just 'get it'

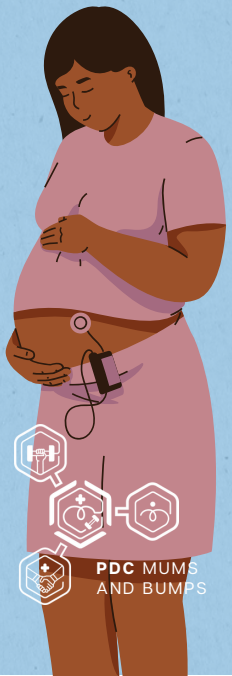
## EVENTS

- Monthly mother's group
- Online educational workshops
- Resources backed by PDC's team of clinicians for managing diabetes through every stage of motherhood

## FIND OUT MORE

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 [@pdcmumsandbumps](https://www.instagram.com/pdcmumsandbumps)



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