



From Morning Chaos to School Day Calm!

Before ...

Lost shoes, missed buses, rising stress

After ...

Connected, confident, tension-free mornings



The Secret: A Preparation Checklist that lets your child lead the way.

📌 Save this as your blueprint for a smoother tomorrow.

A Daily School Preparedness Checklist

A Daily School Preparedness Checklist helps students start each day organized, confident, and ready to learn. Here's a practical checklist that parents can print and use at home.



Tip: Keep this checklist on the refrigerator or near the door and laminate it so children can check off each task with a dry-erase marker every day. This simple routine builds independence, reduces morning stress, and helps ensure nothing important gets left behind.

01

The Night Before

- ☐ Backpack packed and ready by the door
- ☐ Homework completed and packed
- ☐ Chromebook/tablet/laptop fully charged (if applicable)
- ☐ Permission slips/forms signed and packed
- ☐ Lunch or lunch money ready
- ☐ Water bottle cleaned and filled (or ready to fill)
- ☐ Clothes selected for the next day
- ☐ Shoes, jacket, and accessories laid out
- ☐ Alarm set for the morning
- ☐ Bedtime routine completed for a full night's sleep

02

Morning Routine

- ☐ Wake up on time
- ☐ Make the bed (optional but encourages responsibility)
- ☐ Brush teeth and wash face
- ☐ Get dressed
- ☐ Eat a healthy breakfast
- ☐ Take medications (if needed)
- ☐ Pack lunch/snacks (if bringing from home)
- ☐ Fill water bottle
- ☐ Grab backpack, lunch, and any special items for the day

03

Before Leaving Home

- ☐ Homework in backpack
- ☐ School ID (if required)
- ☐ Musical instrument/sports equipment/library books (if needed)
- ☐ Jacket or umbrella (check the weather)
- ☐ Keys, phone, or bus pass (if applicable)
- ☐ Positive attitude and ready to learn!