

Let a Man Examine Himself

1 Corinthians 11:28

Pastor Alan Feere · Sunday Evening · May 24, 2026

INTRODUCTION

The Lord's Table is not a casual custom, but a consecrated commemoration. Before we partake, we must pause.

1 Corinthians 11:28 *But let a man examine himself, and so let him eat of that bread, and drink of that cup.*

I. The _____ of the Table

The Lord's Supper is first a memorial.

1 Corinthians 11:24–25

- The body that was broken
- The blood that was shed
- The price that was paid
- The Saviour who was pierced

Communion is not about ritual; it is about remembrance.

1 Corinthians 11:26 *For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.*

The Table proclaims: Christ died, Christ rose, Christ is coming again.

II. The _____ at the Table

The Corinthian church had corrupted the communion service.

1 Corinthians 11:17, 21

- Instead of unity, there was division.
- Instead of worship, there was selfishness.

They treated holy things carelessly.

III. The _____ at the Table

1 Corinthians 11:27 *Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord.*

The word “unworthily” speaks of the manner in which communion is taken. Our worthiness is found only in Jesus Christ.

IV. The _____ of the Table

Paul did not say examine your neighbour, the preacher, the church or another believer. He said: “let a man examine himself.”

A. Examine Our _____

“Am I truly saved?”

2 Corinthians 13:5

Acts 4:12

B. Examine Our _____

“Is there sin unconfessed in my life?”

1 John 1:9

Psalms 139:23–24

C. Examine Our _____

“Do we harbour bitterness or division?”

1 Corinthians 11:33

Matthew 5:23–24

Communion calls for clean hearts and reconciled relationships.

D. Examine Our _____

“Do we truly love Christ?”

John 14:15 *If ye love me, keep my commandments.*

The Lord’s Table should never become empty routine.

V. The _____ of the Table

1 Corinthians 11:29–30

TAKE IT HOME

The Lord’s Table is not merely a reminder of our failure—it is a celebration of Christ’s finished work. Come reverently. Come humbly. Come thankfully. Come worshipfully.

MY NOTES
