



21 Days



of



Prayer





This prayer journal belongs to:





DEAR PIEDMONT KIDS,

We are about to embark on an exciting adventure! For the next 21 days our entire church is coming together to pray. Piedmont Kids wants to help you understand it better by providing you and your family things to do and discuss together every day.



1

Day 1 ~ God Made Everything

2

Day 2: Trust and Obey

3

Day 3: God Uses All Things for Good

HOW DO I USE THIS JOURNAL?

Each day, pick a time to gather together as a family to read the suggested activity and then talk about it. You can do this first thing each morning, around the dinner table in the evening or in the car when everyone is together. It's up to you! No matter when you choose to do it, remember to take time to pray and ask what God is trying to teach you.

I am praying for you and so excited to see what God does in your life over the coming days.

-Your Piedmont Kids Leader

WHAT IS PRAYER?



Praying with Jesus is not only something that we need in our lives; it should be something that we want to do. The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! Praying and talking with Jesus should be the best part of our day! We hope you will use this journal to make your prayer life more personal. When you find out how to have real conversations with Jesus every day, then you will experience the presence of God, and that will change your life in the best way possible.

Once you learn how to pray, you can make it a part of your everyday life.

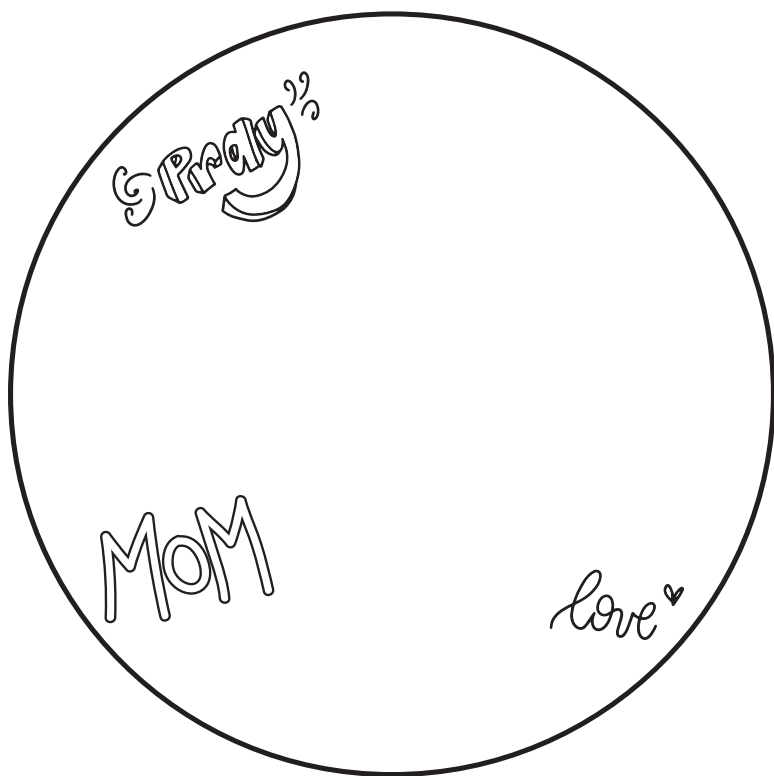
YOU CAN PRAY:

- Before the day begins -
- Before you go to school -
- Before you hang out with your friends -
- Before practice -
- Before you play a big game -
- Before you go to bed -
- When something bad happens -
- When something good happens -
- In every situation - **PRAY FIRST!**

I pray blessings over your prayer life, because prayer changes everything.

WHAT ARE YOU PRAYING FOR?

Fill in the circle with what you are personally praying for the next 21 days.





1

Day 1 ~ God Made Everything

Genesis 1:1 In the beginning, God created the heavens and the earth.

Story

Before there was anything, there was God. God created the earth in seven days. He created light on the first day, the sky on the second, dry land, seas and plants on the third, the sun, moon and stars on the fourth, sea creatures and birds on the fifth, land animals and people on the sixth, and on the seventh he rested. God looked at all of his creation and said it was very good.

Focus

Did you know that God created you and all things around you? Not only that, but he made it all for good! He made this wonderful world and all the people in it, like you, to take care of his creation. What a special job! Today, as you begin your fast, think of a way that you can care for what God has made.

Pray

Dear God,
Thank you for creating everything and everyone. I want to focus on your goodness in my life for the next 21 days of prayer and fasting. Please help me to see your goodness in all things and to show your love in this beautiful world that you have made! Amen.



Creative Space!

2

♥ Day 2 ~ Trust and Obey ♥

Genesis 9:16 When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.

Story

Noah was a man who always followed God. This is why God chose him for a very important job. God instructed Noah to build an ark (a really big boat) and to put a pair of each kind of animal, along with his family, on it. God did this to keep them safe throughout the flood that God was about to send to the earth to wash away evil. The flood came for forty days and washed away everything on the earth except for those aboard the ark. After the flood, God put a rainbow in the sky as a sign of his promise to never flood the earth again.

Focus

Noah trusted and obeyed God when he was given this special job. It is important for us to do the same because we each have a special job that God has given us! When we trust and serve God, we are able to help build his Kingdom here on earth. Today, as you fast, think about how you can obey God and trust in his promise.

Pray

Dear God,
Thank you for your faithful promise. Please give me the strength to trust and obey you always, even when it is difficult. I want to do your good work here on this earth. Amen.



Creative Space!



3

Day 3 ~ God Uses All Things for Good

Genesis 39:3 His master saw that the Lord was with him and that the Lord caused all that he did to succeed in his hands.

Story

Jacob had a son named Joseph, who had a very special gift. He was able to interpret messages that God sent through people's dreams. Joseph's brothers were jealous of him because he told them that he had a dream that meant he would rule over them one day. They wanted him gone, so they sold him to Ishmaelites. That began a long series of difficult times for Joseph. After being sold, Joseph was accused of crimes he did not commit, and thrown in jail. God was always with Joseph and blessed him through the many challenges that followed. Joseph was always faithful to God and was eventually brought out of these troubles and placed in a powerful position beside the Pharaoh of Egypt.

Focus

Joseph went through a lot of troubles, but each of those troubles led him to fulfilling a great purpose. Do you think it's hard to trust God when things seem to be going badly? We don't have to be discouraged in tough times because we know that God will never leave us, and that he will always use our troubles to help us grow for good. Today, as you fast, think of something difficult for you that God can use to make you stronger.

Pray

Dear God,
Thank you for using all things for good. I know that if I am faithful to you, I will be blessed even in my most difficult times. Please help me to be encouraged by your goodness and all the ways that you want to grow me through my times of trouble. Amen.



Creative Space!



4



Day 4 ~ God Will Always Make a Way

Exodus 15:13 You have led in your steadfast love the people whom you have redeemed; you have guided them by your strength to your holy abode.

Story

Moses was a man that God sent to get his people, the Israelites, out of slavery. He was leading them to freedom out of Egypt when Pharaoh's army came charging after them to recapture them as slaves. The Israelites saw the soldiers and were very afraid. They saw that they were stuck between the army and the Red Sea. Moses told them not to fear, because God would fight for them. When the army drew closer, God told Moses to stretch his staff over the sea to part it. The water parted, and God's people made it safely to freedom on the other side.

Focus

It is important to remember that God sees more than we do. It may look like we are stuck somewhere, but if we can remember that God will always make a way, we will never have to be afraid. Today, as you fast, think of the great things God has done in your life and how he has never failed you.

Pray

Dear God,
Thank you for seeing more than I can see. I trust in you to always make a way for your good. Please help me to remember this every time that I am afraid or feel stuck. Amen.



Creative Space!





Day 5 ~ God has a Plan

Joshua 6:2 And the Lord said to Joshua, "See, I have given Jericho into your hand, with its king and mighty men of valor."

Story

God sent a man named Joshua to lead his people to the promised land. They traveled for forty years through the desert and finally arrived, but found themselves in front of a big obstacle—a city called Jericho. Jericho was a city surrounded by strong walls that kept people from going in or out. Joshua's army did not have a way to get in, but God had a plan. God instructed them to march around the city for six days. On the seventh day, he told them to march around the city seven times and to blow their trumpets and shout. When they did this, the mighty walls of Jericho came falling to the ground, and they were able to enter the promised land as God had planned.

Focus

When God wants to lead us somewhere, he always has a plan. We can't always understand why we are given the path that we are, but we can always trust in God. Do you ever wonder how you are going to accomplish something challenging? Today, as you fast, ask God what he wants you to do so that you can accomplish the tasks he has given you.

Pray

Dear God,
Thank you for your good plans for us. I want to always listen to what you are saying to me and follow the plans that you have for me. Please open my ears to hear you so I can follow your guiding voice in my life. Amen.



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Day 6 ~ I Am Who God Says I Am

1 Samuel 16:7 But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart."

Story

God sent Samuel to Jesse's house to anoint the next king of Israel. Jesse brought out all of his sons for Samuel to meet, except for one named David. Jesse left David in the field because he was the youngest and didn't look as strong as he thought a king would. Samuel told Jesse that none of the brothers he brought in were who God had chosen and to go get his other son. As soon as he saw David, God told Samuel that he was the future king.

Focus

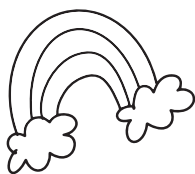
Have you ever not felt good enough? Good news! God is not interested in how we look or what others may think of us. He is concerned with what is in our hearts. Sometimes, people can make us feel like we need to be different, but God needs you to be exactly who he made you to be. Today, as you fast, pick one of the great qualities that God gave you and think about how you can use it to bless others.

Pray

Dear God,
Thank you for making me exactly who you need me to be. Help me to use the great qualities that you have given me to do your good work here on this earth. Amen.



Creative Space!



Day 7 ~ God Will Always Provide

1 Kings 17:16 The jar of flour was not spent, neither did the jug of oil become empty, according to the word of the Lord that he spoke by Elijah.



Story

Elijah was a man known for always following God. Many people had a problem with this because they chose to worship fake gods and didn't like that Elijah didn't follow their lead. God told Elijah there was going to be a drought. During the drought, the others thought that one of their fake gods would save them from it and bring rain. Elijah stayed faithful to the one true God and, after years of no rain, he heard from God that the rain was coming soon to end the drought. Elijah told the king this and sent a servant up to the mountain seven times. Sure enough, the seventh time he saw a rain cloud. God had ended the drought!

Focus

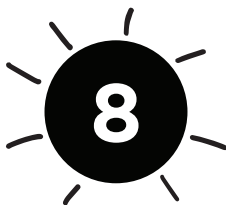
Did you know that everything good comes from God? When you put God first, he will always provide for you. Sometimes, it's easy to get distracted by things that we think we need on this earth, but our God knows exactly what we need to become the people that he created us to be. Today, as you fast, think about how God has always provided for you. Thank him for those things in your life.

Pray

Dear God,
Thank you for knowing exactly what I need and for never letting me down. Please help me to stay thankful to you and recognize all that you have given me. Teach me how to use what you provide to better serve your kingdom. Amen.



Creative Space!



Day 8 ~ God is Always With You

Job 1:21 And he said, "Naked I came from my mother's womb, and naked shall I return. The Lord gave, and the Lord has taken away; blessed be the name of the Lord."

Story

Job was a man who had a nice life on earth. He was rich, had a family, and most importantly, he loved God very much. Satan thought that he could turn Job away from God with evil, but God knew Job's heart and said that couldn't be done. So, God allowed Satan to test Job. Job lost his riches, all his possessions, and all of his children. Even when he was hurting from his losses, he still worshipped and loved God. People told him to curse God, but Job refused and never blamed God or stopped loving him. God then gave Job even more possessions, riches, and children than he had before and blessed him with a long, happy life.

Focus

Even when Job was hurting the most, he still loved God and trusted him. Did you know that God has a plan for your life? You can always trust that he loves you and will never let you down. We do deal with some hurtful things in this world, but we can always worship our God because he has good plans for us. Today, as you fast, thank God for his goodness and unending love.

Pray

Dear God,
Thank you for being with me in the times when I am hurting the most. Even when I lose things, please help me to look to you for comfort and trust in your love for me. I know you are never going to let me down. Please help me to always be obedient to you and trust that you are there for me. Amen.



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Day 9 ~ God's Protection



Daniel 3:17 If this be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king.

Story

There once was a king named Nebuchadnezzar who wanted all of his people to worship a big gold statue that he had made, instead of worshipping God. He said that anyone who didn't worship the statue would be thrown into a fire! Three men, named Shadrach, Meshach and Abednego, refused to worship the statue because they were faithful to God. The king got very angry and had them thrown into a fire seven times bigger than usual. The three men went into the fire and then walked out without a single burn. The king was amazed by this and changed his law to have the people worship only the one true God!

Focus

These three men stayed faithful to God in a very scary situation. They knew that God's love was stronger than any hate that a person could have toward them, and that God was able to protect them from the fire. Today, as you fast, think of something that frightens you and know that you can trust God to deliver you from it.

Pray

Dear God,
Thank you for your protection. Please help me to always stay faithful to you, even when I may feel scared. You are my strength and my protector. Amen.



Creative Space!

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♥ Day 10 ~ You Can't Run From God's love ♥

Jonah 1:9 And he said to them, "I am a Hebrew, and I fear the Lord, the God of heaven, who made the sea and the dry land."

Story

God told a man named Jonah to go to a city that was full of evil, called Nineveh, and deliver a message of His love. Jonah did not want to go to this evil city, so he decided to run away from God on a boat. God sent a storm after the boat to stop Jonah. Recognizing this, Jonah jumped off the ship so that the storm would stop. After he landed in the water, a big fish swallowed him and held him for three days. Jonah prayed to God from inside the fish, and God told the fish to spit him onto dry land. Jonah then obeyed God and went to Nineveh to do the job God had assigned him. The people of Nineveh then turned back to God and were saved!

Focus

Even though Jonah tried to escape from God's plan, he was brought back to fulfill God's plan. God wanted the people of Nineveh to run back to him, and he wanted the same from Jonah. God will always love you, no matter how far you run! Today, as you fast, thank God for putting you right where you are in your home, family, and church.

Pray

Dear God,
Thank you for always knowing me. Please bring me back when I stray from your perfect plan and give me the strength to always do what you need me to do. I know that I can never be lost while putting you first in my life. Amen.



Creative Space!



Day 11 ~ God Gave Us Jesus

Luke 1:35 And the angel answered her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy- the Son of God."



Story

A young girl named Mary was visited by an angel one day. The angel told her that she was going to have a son, who would be called Jesus, and that he would be the Son of God. Mary was confused because she wasn't married to Joseph, yet. The angel told her that the Holy Spirit would put the child inside her. Mary became pregnant, and when she and Joseph were traveling to Joseph's town of Bethlehem, the baby was ready to be born. They could not find an inn with space for them, but they were able to find shelter in a stable. Jesus was born there, wrapped in swaddling cloths and laid in a manger.

Focus

God gave us Jesus to be our rescuer, which he promised us from the very beginning of time. He sent Jesus because he loves us so much that he wants to be with us forever. People were confused about how a baby could help them. Every person in this world comes into it as a baby just like you did! Today, as you fast, thank God for Jesus and for his love for you.

Pray

Dear God,
Thank you for sending Jesus to be my savior. Please help me to always follow him and put him first in my life. I know that sometimes your gifts come in unexpected ways, and I pray that my eyes will always be open to recognize your goodness. Amen.



Creative Space!

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Day 12 ~ Jesus is Lord

John 1:33 I myself did not know him, but he who sent me to baptize with water said to me, "He on whom you see the Spirit descend and remain, this is he who baptizes with the Holy Spirit."

Story

Before Jesus was born, a man named John was born. He knew that God was sending Jesus, and John was there to help prepare the way for him. John told God's people that their rescuer was coming and to get ready. To prepare their hearts, John baptized them by dipping them in water, symbolizing their devotion to God. This is why he was known as John the Baptist. When Jesus came to John, he was baptized, as well. When Jesus was baptized, the heavens were opened, and the Holy Spirit came down upon him.

Focus

We all need a savior, and God has given that to us by giving us Jesus. John the Baptist was sent by God to prepare our hearts for Jesus. When you get baptized, you are giving your life to Jesus and making a public declaration that he is the one that will lead your life. This is an important step for any believer and a very joyous moment for you and God!

Pray

Dear God,
Thank you for sending Jesus to be the lord of my life. Please prepare my heart to be a devoted Christ follower. Help guide me to my baptism with open eyes and an open heart to your love. Amen.



Creative Space!





Day 13 ~ Overcoming Fear

Matthew 8:26 He replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm.



Story

One day Jesus and his disciples set out on a boat. As they were sailing, a dangerous storm scared the disciples. They went to find Jesus, who was calmly sleeping on the boat. They told him that the storm was very dangerous, and they were going to drown! Jesus awoke and calmed the storm and waves. He asked the disciples, "You of little faith, why are you so afraid?" The men were amazed that Jesus was able to save them.

Focus

What are you afraid of? Did you know that Jesus is even more powerful than those things? We don't have to be afraid because we have a God that loves us and is more powerful than anything we could possibly fear. Today, as you fast, think about how much more powerful God is than your fears, and you are safe with him.

Pray

Dear God,
Thank you for your love and your almighty power over my fears. Please help me turn to you when I am feeling scared and pray to you for comfort. Amen.



Creative Space!

14



Day 14 ~ God is a Healer

John 5:6 When Jesus saw him lying there and knew that he had already been there a long time, he said to him, "Do you want to be healed?"



Story

Jesus went to Bethesda, where he found a man who couldn't walk, near a pool of water that people believed would heal the disabled. Jesus knew that the man had been at the pool for many years, and he asked the man if he wanted to be healed. The man was confused, not knowing who Jesus was, and told him that he couldn't walk into the pool. Jesus told the man to get up and walk. The man picked up his mat and walked. Jesus had healed him!

Focus

Even when Jesus asked the man if he wanted to be healed, the man was looking at the pool. Jesus knew that real healing comes from God. He is our healer, and when we look to him, we can see his great healing power in our lives and the lives of others.

Pray

Dear God,
Thank you for being the ultimate healer. We all need healing in our lives, and I pray that I always remember to look to you first during my times of need. Amen.



Creative Space!



15



Day 15 ~ God's Unlimited Resources

John 6:11 Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted.

Story

One day, a large crowd of people followed Jesus and his disciples as they gathered on a grassy area. They had heard of Jesus and his miracles. There were about 5,000 men, and it was getting late. Jesus told the disciples that the crowd didn't have to go anywhere, and they could stay and be fed. The disciples could only find three small loaves of bread and two fish. Jesus took the bread and fish, gave thanks to God, and broke it. They had enough food for all 5,000 people, and they had twelve full baskets of leftover food! The people were amazed.

Focus

Sometimes it is easy for us to forget that God can make anything from nothing or very little. The disciples were quick to send these people away because they didn't see much food with their eyes. However, Jesus knew that with God, they could all be fed and not have to leave his side. As you fast today, pray that God will use his unlimited resources for you to help complete the job he made you to do.

Pray

Dear God,
Thank you for being our provider and for your unlimited resources. Please help me remember to pray when I am in need and to be thankful for what you have provided me. I know that you will give me everything that I need to be a good steward of your love. Amen.



Creative Space!



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Day 16 ~ We are Meant to Serve

John 13:14-15 "If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you also should do just as I have done to you."



Story

At the Last Supper, after they had broken their bread, Jesus took some water and washed all of his disciples' feet. The disciple, Peter, did not understand why Jesus was doing this. Peter told Jesus that he was too good to wash his feet. Jesus told him that he had to wash Peter's feet in order to be in a relationship with him. This was a way that Jesus demonstrated serving his disciples. He told the disciples to go and do as he had shown them and to serve one another.

Focus

In order for us to invite Jesus into our lives, we have to let his goodness flow through us to others. This is done by all of us serving one another and growing the Church. Did you know that you have the opportunity to serve at Seacoast? Ask your parents or your Kidscoast leaders about how you can get involved at church to serve the community and spread God's goodness to others.

Pray

Dear God,
Thank you for showing us how to serve one another. Please guide me to serve in ways that I can make a lasting impact on your Kingdom. I want to spread the love and goodness that you have shown me. Amen.



Creative Space!



17



Day 17~ Jesus Died for You

Matthew 27:50 And Jesus cried out again with a loud voice and yielded up his spirit.

Story

At the end of his time on earth, Jesus died on the cross at the hands of people not believing who he was and what he was teaching. Jesus was hurt by soldiers, given a prickly thorn for his head, and made to carry a heavy wooden cross. They put him up on the cross to die. Jesus could have saved himself at any time, but he didn't come down to earth to save himself. Jesus came to earth to save us.

Focus

Jesus lived a perfect life. He was the only human to ever do so, because he was also fully God. Jesus died on the cross out of love for us. He paid for our sins, so that we can join him in heaven to live in eternity with God. Today, as you fast, thank Jesus for his saving power and love for you.

Pray

Thank you for sending your Son, Jesus, to die in my place. I know you want to be with me forever and that you love me more than I can understand. Please help me remember to always talk to you and to thank you for your goodness, so that I can have a good relationship with you. Amen.



Creative Space!



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Day 18 ~ Jesus is Alive



Mark 16:6 And he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He had risen; he is not here."

Story

Some of Jesus' followers went to his tomb to care for his body after the crucifixion; however, they found that the tomb had been opened, and Jesus was not there. Angels appeared and told them to stop looking for Jesus in the tomb. On the third day after his death, Jesus had risen. His followers could not believe this! Jesus then appeared to them, and he told them that his duty had been fulfilled. After spending time with them and blessing them, Jesus went up to heaven to be with God.

Focus

Jesus died for our sins, and he was raised from the dead. God is more powerful than death. The disciples were all amazed by his power, even though they knew who he was. Are you ever amazed by something great that God does in your life? Today, as you fast, think of the amazing things that God has done for you and thank him for them.

Pray

Dear God,
Thank you for raising Jesus from the dead and for your great loving power. Please help me to remember what was done for me and to always be thankful for who you are. Amen.



Creative Space!



19



Day 19 ~ God Gave us The Holy Spirit

Acts 2:4 And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

Story

Jesus' followers had gathered at Pentecost. Suddenly, a sound came from heaven, like a blowing wind, that filled their house. Every person was filled with the Holy Spirit. They were all believers from different lands, who spoke different languages. When the Holy Spirit came upon them, they could all understand each other! The disciple, Peter, told everyone to repent of their sins to Jesus and be baptized in his name. Then the followers would receive the Holy Spirit.

Focus

God sent the Holy Spirit to always be with us on earth. The Holy Spirit is one of the three parts of God, along with the Father and the Son. Today, as you fast, thank God for the Holy Spirit and for always being with you.

Pray

Dear God,
Thank you for giving us the Holy Spirit. Please help me to walk with you and to call on the Spirit to guide me in all that I do every day. Amen.



Creative Space!



20



Day 20 ~ God Can Always Use Me

Acts 9:15 But the Lord said to him, "Go, for he is a chosen instrument of mine to carry my name before the Gentiles and kings and the children of Israel."

Story

Saul was a man who didn't like Jesus' followers. In fact, he arrested people that followed Jesus. One day, Jesus came to Saul and asked, "Why are you persecuting me?" Jesus then told Saul to enter the city of Damascus, and that he would be instructed what to do. The only problem was that now, when Saul tried to open his eyes, he was blind. Saul was led to the city. After three days, a man named Ananais brought Jesus' instructions to him. He told Saul to get up and be filled with the Holy Spirit. Saul rose and could suddenly see again! He was baptized and went on to preach the Good News of Jesus. Saul later began to go by the name of Paul.

Focus

Have you ever thought you made too big of a mistake to fix? Saul probably felt this way. He went around arresting followers of Jesus, but God still needed him to complete his plan. We learn through this story that no matter how far away you turn from God, he is always able to use you. God will never leave you or give up on you. Today, as you fast, thank God for his forgiveness for your mistakes and his love that will not allow him to leave you.

Pray

Dear God,
Thank you for the purpose you created for me. I am so thankful that even when I make mistakes, you still have a plan for me and my life. Please help me to always remember the love that you have for me. Help me to never give up on you or myself. Amen.



Creative Space!



Day 21 ~ God Has a Place For Me

Revelation 21:1 He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.

Story

John was one of Jesus' followers. When he had grown old, Jesus appeared to him. He showed him what a life of eternity looked like with God and asked him to write it down for everyone to read. For all of those who believe, God will have a new heaven and a new earth. There will be no sadness or pain, and all will be able to worship Jesus on his throne.

Focus

We are all promised a new home after our work here on earth is finished, if we believe and accept Jesus in our lives. While we are here on earth, God wants us to do the good works that he has prepared for us. Today, as you fast, think about how you can spread the love of God in the world.

Pray

Dear God,
Thank you for having a place for me in heaven.
Please show me the way to prepare myself to spend eternity with you and complete the good works that you have for me to do on this earth.
Amen.



Creative Space!

