

# Balanced Quartet Fee Schedule

As At August 1, 2025

## INDIVIDUAL COUNSELLING

In person or telehealth (phone or video) appointments conducted from the Balanced Quartet clinic rooms

SERVICE	TIME	FEE	MEDICARE REBATE <sup>1</sup>
Initial Intake	90 Minutes	\$350	\$98.95
Standard Consult	60 Minutes	\$250	\$98.95
Extended Consult	90 Minutes	\$350	\$98.95
Short Consult	30 Minutes	\$125	\$70.15

## IN PERSON APPOINTMENTS HELD IN PLACES OUTSIDE OF THE CLINIC ROOMS<sup>2</sup>

SERVICE	TIME	FEE	MEDICARE REBATE
Standard Consult	60 Minutes	\$275	\$124.30
Extended Consult	90 Minutes	\$375	\$124.30

### Additional Notes

- <sup>1</sup> Medicare rebates apply if you are eligible for and attending under a Mental Health Care Treatment Plan from your GP. Medicare rebates listed current as at August 1 2025.
- Additional charge of \$30 on any session outside of office hours (before 9am weekdays except Monday, after 5pm weekdays except Tuesday & all appointments on Saturday)
- Longer sessions are available upon negotiated arrangement. Unless previously negotiated, additional time in consultation after the allocated time (30, 60 or 90 minutes) is charged in 15-minute intervals at a rate of \$50/15 minutes.
- <sup>2</sup> Travel time - Travel time is charged in 15-minute intervals at \$50/15 minutes

## FAMILY OR OTHER GROUP RELATIONSHIP COUNSELLING

In person or telehealth (phone or video) appointments conducted from the Balanced Quartet clinic rooms

SERVICE	TIME	FEE (TOTAL PER SESSION)	NO MEDICARE REBATES APPLY
2 Clients	90 Minutes	\$375	
3 Clients	90 - 120 Minutes	\$410	
4 Clients	90 - 160 Minutes	\$445	
5 Clients	90 - 200 Minutes	\$470	
Unless previously negotiated, additional time over allocated appointment time is charged in 15-minute intervals at \$60/15 minute blocks (2 Clients); \$80/15 minute blocks (3 Clients); \$85/15 minute blocks (4 Clients); \$90/15 minute blocks (5 Clients).			

## CANCELLATION FEES

Applicable to and in accordance with the type and length of appointment booked, and charged at the discretion of the psychologist

Day of Appointment	50% of appointment fee charged according to type and length of appointment booked
< 24 Hours Notice	25% of appointment fee according to type and length of appointment booked
48 Hours Notice	No charge

### Additional Notes

There is a high demand for psychological support at this time. The reason for cancellation fees is to allow time to offer the session to another client who may be on a cancellation or waiting list. The cancellation fee is unfortunately not covered by Medicare, Private Health Insurance or Third Parties. In addition, and for the same reason, **any appointments not confirmed by 9am the day prior to the booked session may be removed and offered to the next client on the waitlist.**

## SUPERVISION<sup>2</sup>

In person or telehealth (phone or video) appointments conducted from the Balanced Quartet clinic rooms

PROFESSION	TIME	FEE
Provisional Psychologists	60 Minutes	\$180
	90 Minutes	\$245
Registered Psychologists	60 Minutes	\$225
	90 Minutes	\$295
Other professional	60 Minutes	\$225
	90 Minutes	\$295
Group Supervision (up to 6 participants)	120 Minutes	\$225/participant
<b>Additional Notes</b> <ul style="list-style-type: none"><li>- Longer sessions are available upon arrangement.</li><li>- If not previously negotiated, time in consultation after the allocated time is charged in 15-minute intervals at a rate of \$50/15 minutes.</li><li>- <sup>2</sup> Travel time - Travel time is charged in 15-minute intervals at \$50/15 minutes.</li><li>- 10% GST will be added to all prices listed above</li></ul>		

## REPORT PREPARATION/WRITING - CASE CONFERENCES<sup>2</sup>

Case conferencing is a consultation between professionals and others who are directly involved in the provision of services to the same client. Conferences occur at client request and/or with client consent.

SERVICE	TIME	FEE	NO MEDICAE REBATES APPLY
Report writing	Charged in 15-minute intervals	\$65/15 Minutes	
Case consultation/conference	1-15 minutes	\$65	
	16-30 minutes	\$115	
	31-60 minutes	\$215	
	61-90 minutes	\$315	
Additional Notes			
<ul style="list-style-type: none"><li>– Additional charge of \$25 for meetings held outside of office hours (before 9am weekdays except Monday, after 5pm weekdays except Tuesday &amp; all appointments on Saturday)</li><li>– <sup>2</sup> Travel time - Travel time is charged in 15-minute intervals at \$40/15 minutes.</li><li>– 10% GST will be added to all prices listed above</li></ul>			

## EVENTS & TRAINING<sup>3</sup>

SERVICE	TIME	FEE	
Corporate Events & Training	Charged in 30-minute blocks	\$250/30 minutes	Price for Event/Training development negotiated between parties
Mental Health First Aid Training	12 Hour Course	\$315/person	Price inclusive of preparation and course manual
Skills Development Workshops And/Or Group Therapy	Group therapy sessions and skills development workshops are offered on various topics and at different times throughout the year. The length and course duration of these sessions differ depending on what is being offered. Group therapy sessions under a Mental Health Care Treatment plan are eligible for a rebate <sup>4</sup> per session.		
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