

Information Sheet A

A Guide for Supporting Young People Who Stammer In School

Name: _____

Class: _____

Date: _____

Answer these questions to help your teacher/school best support you.

(Use the example document if you would like some answer suggestions)



 **This is what I would like you to know about stammering**

 **My stammer sounds like**

 **The following would help me to feel more confident and comfortable in school**

 **This is how I would like you to respond during a moment of stammering**

 **This is what I would like to happen at registration**

 **This would me feel more comfortable when I read aloud in class**

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 This would help me feel more comfortable when I answer questions in class

Use the secret codes:

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 This would help me feel more comfortable and confident doing class presentations

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 If there is any teasing/bullying, this is how I could tell you and how we can respond to it

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 I would also like to say

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 If you are interested to learn more about stammering, please read this free resource by the Irish Stammering Association:
"A Comprehensive Guide to Understanding and Supporting Students Who Stammer"

