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FOR IMMEDIATE RELEASE

THE MAKERS OF SCREENAGERS RELEASE *SCREENAGERS: GENERATION AI*

Weaving together candid stories, cutting-edge science, and honest insights from adults and youth, *Screenagers: Generation AI* confronts AI's risks while offering a path forward for young people's social and academic lives.

Interview opportunities: Director/Producer Delaney Ruston, MD, and Lisa Tabb, experts from the film, school leaders, parents, and students. Clips from *Screenagers: Generation AI* are available on request.

Contact: Lisa Tabb, Co-director/Co-producer, lisa@screenagersmovie.com

Screenagers: Generation AI [view trailer [here](#)] is the fifth film from the team behind the acclaimed [Screenagers documentary series](#). Like other films in the series, *Screenagers: Generation AI* captures the critical moment we're in collectively as AI reshapes young people's relationships, learning, and mental health. The film weaves approachable science and personal experiences, and equips parents, educators, and communities with tools to actively shape how AI enters their schools and homes.

School leaders and community organizers who have seen *Screenagers: Generation AI* are responding with enthusiasm:

"Overall, I feel like this is your best film yet! I thought that it really captured the potential good as well as the harms and dangers of Gen AI both on mental health and learning."

— Jennifer Henderson, Smartphone Free Childhood US, Organizer

"Parents desperately need information. This documentary is chock-full of facts that are presented in a very easy format. I don't know a single parent that wouldn't benefit from watching this."

— Talia Filippelli, All Saints Day School, Counselor/School Psychologist

“The personal stories moved me and made the content memorable. I loved the examples of how school districts and teachers are acknowledging the negative aspects of AI and how they are implementing programs to make kids more engaged.”

— Donna Wiegert, Langlade County Health Department, Coalition Representative

Featured Experts

The film draws on insights from a wide range of researchers, clinicians, and policy experts including:

- Lisa Damour, PhD, psychologist, author of “The Emotional Lives of Teenagers”
- Anna Lembke, MD, psychiatrist, Stanford Medicine, author of “Dopamine Nation”
- Robbie Torney, MA, director of AI programs, Common Sense Media
- Jared Cooney Horvath, PhD, neuroscientist, author of “The Digital Delusion”
- Meetali Jain, JD, founder, Tech Justice Law Center
- Rebecca Winthrop, PhD, director, Center for Universal Education, Brookings Institution
- Nina Vasan, MD, MBA, psychiatrist, Stanford Medicine
- Zak Stein, EdD, founder, AI Psychological Research Coalition
- Ben Rein, PhD, neuroscientist, Mind Science Foundation, author of “Why Brains Need Friends”

...and many more

These experts and other participants in *Screenagers: Generation AI* can be made available to media upon request. Contact Co-director Lisa Tabb at lisa@screenagersmovie.com for more information.

How to See *Screenagers: Generation AI*

Screenagers: Generation AI is distributed through communities only to generate conversations and galvanize action, and is best experienced in a crowd. Use [this calendar](#) to find a screening near you. Please know that there are many screenings that are not on the calendar, so if you are looking for a specific area, reach out to Co-director Lisa Tabb at lisa@screenagersmovie.com to arrange attendance.

Individual links to preview the film can be arranged by Lisa too.

Click [here](#) to view the trailer.

About the Screenagers Series

Screenagers: Generation AI joins the Screenagers documentary series, which includes [Screenagers: Growing Up in the Digital Age](#), [Screenagers: Elementary School Age Edition](#), [Screenagers Next Chapter: Mental Health in the Digital Age](#), and [Screenagers Under the Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age](#). The Screenagers series has reached millions of viewers across more than 100 countries through over 20,000 community and school screenings. Each film catalyzes conversations among students, parents, and educators about technology's impact on young people's lives, and provides the tools (discussion guides, curriculum, classroom resources) to take action in their schools and communities.

About the Filmmakers

Delaney Ruston, MD, is a filmmaker and Fulbright scholar with 25 years of experience creating award-winning documentaries on social change and mental health, including the Screenagers series. For her work in mental health advocacy, Ruston has won several awards, including from Harvard and Mental Health America. Alongside filmmaking, Ruston is a licensed physician and has provided medical care to underserved teens and adults in Seattle for the past 20 years.

Lisa Tabb is a producer and digital media journalist with 15 years covering parenting and technology trends at ABC 7 News in San Francisco. She co-produced all five Screenagers films and co-directed *Screenagers: Generation AI*. Tabb co-produces "The Screenagers Podcast" and edits the weekly Tech Talk Tuesday blog. Both are available at ScreenagersMovie.com.

Media Contact

For press inquiries, contact Lisa Tabb, Co-director of *Screenagers: Generation AI*, via lisa@screenagersmovie.com, 415-450-9585

Resources:

View trailer: <https://www.screenagersmovie.com/about-screenagers-generation-ai>

Find a screening: screenagersmovie.com/find-a-screening

Screenagers documentary series: www.screenagersmovie.com

Contact: lisa@screenagersmovie.com