

## WCHQ Cardiometabolic Assembly

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August 14, 2026, 8:00 AM–3:00 PM | Hilton Garden Inn, Madison/Sun Prairie, 1220 S Grand Ave, Sun Prairie, WI

### AGENDA

- 8:00 AM – 9:00 AM**      **Registration & Networking Breakfast**
- 9:00 AM – 9:20 AM**      **President & CEO Address**  
*Gabrielle Rude, PhD, President and CEO, WCHQ*
- 9:20 AM – 10:15 AM**      **Keynote Session: The State of Wellness**  
*Dr. Patrick McBride, MD, MPH, UW Health*
- 10:15 AM – 10:30 AM**      **Networking Break**
- 10:30 AM – 11:30 AM**      **Breakout Session: Main Ballroom**  
**Optimizing Medication Use in CKM - Results of the AKHOMM Learning and Action Collaborative**  
*Andrew P. Traynor, Pharm.D.*  
*Professor and Associate Program Director, Experiential Education*  
*College of Pharmacy, University of Minnesota*  
**Beyond ACEis and ARBs: Implementing SGLT2i, GLP-1RA, and Finerenone in CKD Care**  
*Orly Vardeny, PharmD, VA Medical Center*
- 10:30 AM – 11:30 AM**      **Breakout Session: Prairie Room**  
**Stopping the Scroll: Nurse-Led Education to Navigate Patients Toward Evidence-Based Obesity Treatment**  
*Abbey Roberts, RN, BSN, MBA, Bariatric RN, Emplify Health*  
**Connecting the Dots Between Physical Activity, Sedentary Behavior, & Chronic Disease**  
*Lisa Cadmus-Bertram, PhD, Associate Professor of Kinesiology, University of Wisconsin Health*
- 11:30 AM – 12:30 PM**      **Networking Lunch**

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- 12:30 PM – 1:30 PM**      **Breakout Session: Main Ballroom**  
**Importance of Oral Health in Cardiometabolic Health**  
*Todd Thierer, MPH, DDS, Health Partners*  
**Genetic Testing in Kidney Care - APOL1 Mediated Kidney Disease**  
*Brad Astor, PhD, MPH, Professor of Medicine and Population Health Sciences - UW Madison*
- 12:30 PM – 1:30 PM**      **Breakout Session: Prairie Room**  
**Advancing Women’s Health Through the Lifespan: A Focus on Obesity and Lifestyle Medicine**  
*Katy Hallman, MD, UW Department of Maternal-Fetal Medicine*  
**Expanding Access to Anti-Obesity Medications: Coverage, Barriers, and Opportunities**  
*Bryant Schobert, Pharm.D., Clinical Pharmacist, Reedsburg Area Medical Center*
- 1:30 PM – 1:45 PM**      **Networking Break**
- 1:45 PM – 2:30 PM**      **Breakout Session: Main Ballroom**  
**CKD in the Real World: Improving Detection, Staging, and Management**  
*Andrew Bland, MD, MBA, FAAP, FACP, Nephrologist, Medical Associates*
- 1:45 PM – 2:30 PM**      **Breakout Session: Prairie Room**  
**Optimizing Obesity Care Across Clinical Settings**  
*Christopher Weber, MD, FAAP, FACP, CSCS, DABOM, FOMA, Medical Director, Bariatric Services, Ascension*
- 2:30 PM – 2:50 PM**      **Data to Action: Race-Agnostic eGFR Reporting Statewide**  
*Abbey Harburn, MPH, Director of Analytics and Practice Transformation, WCHQ*
- 2:50 PM – 3:00 PM**      **Wrap-Up & Raffle Prizes**