



**WISCONSIN
COLLABORATIVE *for*
HEALTHCARE QUALITY**

WCHQ Cardiometabolic Assembly

Prevention by Design: Data Driven Quality
Improvement in Cardiometabolic Health

AGENDA

Hilton Garden Inn Madison Sun Prairie
1220 S Grand Ave, Sun Prairie, WI 53590

8:00 AM - 3:00 PM

AUG

14


2026


8:00 - 9:00 AM


REGISTRATION & NETWORKING BREAKFAST

9:00 - 9:20 AM

OPENING ADDRESS | Why This Work Matters


 Main Ballroom


 Cardiometabolic disease remains one of Wisconsin's greatest opportunities for improvement. Gabrielle Rude will explore how data, collaboration, and practical improvement strategies can help health systems move from measurement to meaningful impact and why Wisconsin is uniquely positioned to lead.


 **SPEAKER**
Gabrielle Rude, PhD, President and CEO, Wisconsin Collaborative for Healthcare Quality

9:20 - 10:15 AM

KEYNOTE | The State of Prevention: What's Driving Cardiometabolic Health Today?

 Main Ballroom

 Prevention is one of healthcare's most powerful tools, yet outcomes continue to worsen. Dr. Patrick McBride will examine the current state of wellness, prevention, and cardiometabolic health and where clinical care and communities have the greatest opportunity to influence long-term outcomes.

 **SPEAKER**
Dr. Patrick McBride, MD, MPH, UW Health


10:15 - 10:30 AM

NETWORKING BREAK


10:30 - 11:30 AM Concurrent Learning Tracks

Attendees will choose their own learning track, attending rapid-fire presentations within a theme.

TRACK A | Kidney and Cardiometabolic Care

 Main Ballroom


SESSION | Improving Medication Management in Kidney and Cardiometabolic Care

 Medication-related gaps remain one of the biggest barriers to improving outcomes for patients with kidney and cardiometabolic disease. Learn how a multi-organization quality improvement collaborative used pharmacy expertise, team-based care, and practical workflow changes to improve medication management and support better patient outcomes.

 **SPEAKER**

Andrew P. Traynor, Pharm.D. Professor and Associate Program Director, Experiential Education College of Pharmacy, University of Minnesota

SESSION | CKD Closing the Gap in the Real World: Earlier Detection and Better Management of Kidney Disease

 Chronic kidney disease is often identified too late, after opportunities for prevention and early intervention have been missed. Explore real-world strategies to improve detection, staging, and treatment and ensure patients receive the care they need before disease progresses.

 **SPEAKER**


Andrew Bland, MD, MBA, FAAP, FACP, Nephrologist, Medical Associates


10:30 - 11:30 AM Concurrent Learning Tracks *continued*

TRACK B | Obesity Treatment and Lifestyle Behavior


 Prairie Room


SESSION | Stopping the Scroll: Helping Patients Navigate Obesity Treatment in the Age of Misinformation

 Patients seeking obesity treatment are often overwhelmed by conflicting information, social media trends, and rapidly changing treatment options. Learn how a nurse-led model helps patients navigate the noise, connect with evidence-based care, and make informed treatment decisions.

 **SPEAKER**
Abbey Roberts, RN, BSN, MBA, Bariatric RN, Emplify Health

SESSION | Movement Matters: What Every Provider Should Know About Physical Activity and Chronic Disease

 Sitting is the new smoking. Explore what the latest evidence tells us about physical activity, sedentary behavior, and chronic disease. Attendees will learn practical strategies to help patients make meaningful, sustainable changes by dispelling misinformation and getting them moving.

 **SPEAKER**
Lisa Cadmus-Bertram, PhD, Associate Professor of Kinesiology, University of Wisconsin - Madison

11:30 AM - 12:30 PM

NETWORKING LUNCH

 Prairie Room

Lunch and Learn: “Exploring Ozempic Outcomes in Patients with CKD and T2D”
Tauseef Sarguroh, MD, Nephrologist, Kidney Care Center

**Note: This is a commercial session, sponsored by Novo Nordisk. Content is not endorsed by the conference organizers.*


12:30 - 1:30 PM Concurrent Learning Tracks


Attendees will choose their own learning track, attending rapid-fire presentations within a theme.

TRACK A | Early Detection and Risk Identification


 Main Ballroom

SESSION | Why Oral Health Matters for Cardiometabolic Health

 The mouth may provide some of the earliest clues to cardiometabolic disease. Learn how integrating oral health into prevention and chronic disease management strategies can support earlier intervention and better long-term outcomes.

 **SPEAKER**
Todd Thierer, MPH, DDS, Health Partners

SESSION | Genetic Testing in Kidney Care

 Advances in genetic testing are changing how clinicians identify and manage kidney disease risk. Learn how APOL1 testing can support earlier identification of high-risk patients, inform treatment decisions, and help advance more personalized and equitable kidney care.


 **SPEAKER**
Brad Astor, PhD, MPH, Professor of Medicine and Population Health Sciences, University of Wisconsin - Madison

12:30 - 1:30 PM Concurrent Learning Tracks *continued*

TRACK B | Obesity Detection and Treatment

 **Prairie Room**


SESSION | Women's Health, Obesity, and Lifestyle Medicine Across the Lifespan

 Women face unique cardiometabolic risks and health challenges throughout every stage of life. Explore how obesity treatment and lifestyle medicine can support prevention, improve long-term health outcomes, and help clinicians deliver more personalized care.

 **SPEAKER**

Katy Hallman, MD, Department of Maternal-Fetal Medicine, UW Health

SESSION | Beyond Coverage: Expanding Access to Effective Obesity Treatment

 The rapid growth of anti-obesity medications has created new opportunities—and new challenges—for patients, providers, and health systems. Learn practical strategies to navigate coverage barriers, streamline access, and ensure more patients receive appropriate evidence-based treatment.

 **SPEAKER**


Bryant Schobert, Pharm.D., Clinical Pharmacist, Reedsburg Area Medical Center


1:30 - 1:45 PM


NETWORKING BREAK

1:45 - 2:30 PM Breakout Session


BREAKOUT SESSION | Closing the Treatment Gap in CKD: Bringing New Evidence into Everyday Practice


 Main Ballroom


 Breakthrough therapies are changing what is possible for patients with chronic kidney disease, yet many eligible patients never receive them. Learn how organizations are overcoming implementation barriers and integrating evidence-based therapies into routine care.

 **SPEAKER**
Orly Vardeny, PharmD, MS, FHSA, FAHA, FCCP, Core Investigator, Center for Care Delivery and Outcomes Research, Minneapolis VA Health Center, Professor of Medicine, University of Minnesota

BREAKOUT SESSION | Optimizing Obesity Care Across Clinical Settings


 Prairie Room


 Better outcomes occur with coordinated, multi-dimensional care. Learn practical approaches to optimizing obesity care across clinical settings, with attention to care models, referral pathways, interdisciplinary support, and sustainable practice change.


 **SPEAKER**
Christopher Weber, MD, FAAP, FACP, CSCS, DABOM, FOMA, Medical Director, Bariatric Services, Ascension

2:30 - 2:50 PM

SESSION | Data to Action: Race-Agnostic eGFR Reporting Statewide

 Main Ballroom

 Improvement happens one patient at a time, but transformation happens when organizations move together. Using Wisconsin's implementation of race-agnostic eGFR reporting as a case study, this session will explore how data, collaboration, and shared commitment can accelerate the adoption of evidence-based practices and advance more equitable care statewide.

 **SPEAKER**
Abbey Harburn, MPH, Director of Analytics and Practice Transformation, WCHQ

2:50 - 3:00 PM

WRAP-UP & RAFFLE PRIZES