#### THE LANBY'S

# **Advanced Diagnostic Testing**



#### **Longevity & Cancer Testing**

Iollo

Galleri

**Ambry** 

GeneType

Prenuvo

Ezra

Glycan Age

TruDiagnostics



#### **Genetic Testing**

CardiaX
Ambry
New Amsterdam Genomics
EmpowerDX
GeneType



#### Cardiovascular Health

CardiaX

Boston Heart Testing

Cleerly



#### **Gut Health**

Vibrant Wellness Gut Zoomer
Vibrant Wellness Food Sensitivities
Genova SIBO
GI Effects
Parasitology



#### Toxins

Vibrant Wellness Total Toxic Burden Vibrant Wellness PFAS Chemical Test



#### Hormones & Women's Health

Genova Adrenocortex Stress Profile

Dutch

Adyn

Evvy



# **Longevity & Cancer Testing**

lollo	Comprehensive Metabolic Biomarker & Aging Report.  Measures 500+ biomarkers related to metabolic, heart, brain, immune, liver and digestive health.	\$299
Galleri	Multi-cancer early detection test that looks for a DNA signal shared by 50+ types of cancer.	\$949
Ambry	A variety of cancer screening and genetic testing programs that can help identify risk for cancer and hereditary cancer.	Max out of pocket \$250
GeneType	Offers integrated risk testing for breast and colorectal cancer.	\$199 - \$249
Prenuvo	An extremely high-yield, efficient, and non-invasive whole body MRI screening tool that aims to improve clinical outcomes.	\$2000 for Lanby members
Ezra	Whole body MRI service designed to screen adults for early cancer and early disease and is for individuals who want to be proactive with their health and get an advantage by looking inside their body.	\$2499
Glycan Age	Biological age testing that examines glycans rather than telomeres to determine biological age. Gycosylation correlates with the level of inflammation in your body. It will give information about immune balance that changes with age, health and life circumstances.	\$269
TruDiagnostics	Biological age test that uses epigenetic, DNA methylation- based biomarkers to assess overall health	Prices vary

## **Genetic Testing**

Vibrant Wellness CardiaX	Tests for genetic mutations related to cardiovascular disease.	\$375`
Ambry	A variety of cancer screening and genetic testing programs that can help identify risk for cancer and hereditary cancer.	Max out of pocket \$250
GeneType	Offers integrated risk testing for breast and colorectal cancer.	\$199 - \$249
New Amsterdam Genomics	Whole exome sequencing used to understand how your DNA affects your health. DNA sequencing data with lab values and other health properties to formulate individualized care plans.	\$2,750
EmpowerDX	Direct to consumer genetic testing, often at a low cost.	Prices vary based on test

### **Cardiovascular Health**

CardiaX	Tests for genetic mutations related to CV disease.	\$375
Boston Heart	Multiple different advanced cardiovascular testing offerings to help further assess risk of cardiovascular and metabolic disease.	Prices vary based on test
Cleerly	A thorough evaluation of the presence, amount, and type of plaque in the heart's arteries based on a heart scan, called a coronary computed tomography angiography (CCTA).	\$800 - 1450

### **Gut Health**

Vibrant Wellness Gut Zoomer	Measures 170+ species of gut bacteria and pathogens.  Provides a comprehensive gut overview including insight  on common gut imbalances.	\$500
Vibrant Wellness Food Sensitivities	In depth look at an individual's immune reaction to up to 209 different foods. Various profiles available as well as ingredient specific categories.	\$190-\$440 depending on which panels are selected
Genova SIBO	Non-invasive Breath Testing to Evaluate Bacterial Overgrowth.	\$225
Genova GI Effects	Advanced stool tests that offer valuable insight into digestive function, intestinal inflammation, and the intestinal microbiome.	\$539
Parasitology	Parasite, bacteria, and fungal stool test.	Full GI panel + swab culture \$284.65, urinalysis \$167.99

### **Toxins**

Vibrant Wellness Total Toxic Burden	Various panels that test for a wide array of toxins from the environment and common household products. Panels are environmental toxins, heavy metals, and mycotoxins.	\$499
Vibrant Wellness PFAS Chemical Test	Used to monitor exposure to industrial perfluoroalkyl and polyfluoroalkyl chemicals, commonly called 'PFAS'.	\$259, or \$131 when ordered with Total Tox Burden

### **Hormones & Women's Health**

Genova Adrenocortex Stress Profile	Assesses adrenal hormone imbalances, sometimes associated with other conditions such as cardiovascular disease, gastrointestinal and immune issues, diabetes and metabolic syndrome, depression and chronic fatigue.	\$135
Dutch	Assesses female hormone metabolism through urine metabolites.	Prices vary
Adyn	Birth control test to determine if genetic background and hormones raise risk for diseases.	\$369
Evvy	At-home test that analyzes the composition of your vaginal microbiome to provide personalized insights into your vaginal health, helping to identify imbalances that could contribute to conditions like bacterial vaginosis, yeast infections, or reproductive issues.	\$129 for the Vaginal Health Test, \$248 for the Vaginal Health Test + STI test & 11 microbe PCR panel