

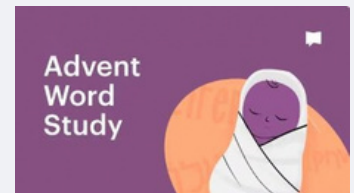
Advent Action Ideas

AUGUSTINE
INSTITUTE
advocate

TURN YOUR PARISH BULLETIN INTO AN ADVENT GUIDE

Use the bulletin, website or social page every week to give families one concrete Advent activity while catechizing. Catholics have long observed the Advent season by meditating on peace, hope, joy, and love. Study these rich biblical words with the Bible Project's Advent series while matching to action. [Advent: Word Studies | The Bible Project - Formed](#)

- **Week 1 — Hope:** Pray for someone who needs hope.
- **Week 2 — Peace:** Make peace with someone.
- **Week 3 — Joy:** Do something kind for someone anonymously.
- **Week 4 — Love:** Invite someone into your home or community.



INVITE EVERY FAMILY TO “HOW TO ADVENT” (PARISH WIDE STUDY)

Give families one simple way to prepare for Advent before Advent begins.

- Share **How to Advent** in the bulletin, parish email, Flocknote, or social media.
- Encourage families to watch one episode each week together.
- Include the link in a weekly pre-Advent communication.
- Consider challenging families: **“This Advent, don’t just wait —learn how to Advent.”**

Formed resource: How to Advent — 4 episodes with a downloadable discussion guide.



CREATE AN ADVENT PRAYER CHALLENGE

Give parishioners one prayer practice to do each day or each week.

Ideas:

- Pray together as a family before dinner.
- Spend 5 minutes in silence before bed.
- Pray one decade of the Rosary together.
- Read the Sunday Gospel as a family.
- Visit the Blessed Sacrament once during Advent.
- Use the Amen app for guided Advent prayer

Check out the Amen app for more [Advent](#) | [Audio - Formed](#)



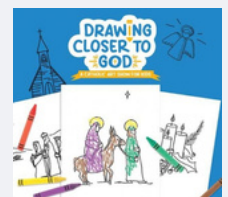
EQUIP PARENTS BEFORE ADVENT STARTS

Give parents a plan before Thanksgiving so they aren't trying to figure out Advent once December arrives.

Send parents:

- A one-page Advent calendar or checklist.
- Drawing Closer to God
- Family prayer.
- One service activity.

This could be distributed at Faith Formation, Mass, or a parent email. Join art teacher Ms. Kim as she teaches children to draw different scenes from Scripture.



Ideas for a Bilingual Advent!

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PREPARE YOUR HEART: A PARISH-WIDE ADVENT JOURNEY

Invite your whole parish to journey through Advent together with one session each week. Watch, reflect, pray, and put one simple action into practice. The 5th session continues the journey into Christmas, helping parishioners carry their Advent preparation into the celebration of Christ's birth.

Free leader and participant guides available in English and Spanish.

Journey led by the saints and the Holy Family to prepare yourself to enter into the story of Christ's birth through prayer, charity, and joyful acts of service to the needy. During each week of Advent, you will embark on a new path informed by Franciscan spirituality.



TURN OUR LADY OF GUADALUPE INTO A BRIDGE TO ADVENT

Use the Feast of Our Lady of Guadalupe as a parish-wide opportunity to connect cultures, families, and Advent preparation.

- Host a Guadalupe celebration.
- Invite families to learn about Our Lady of Guadalupe together using the Miracle and the Message/ El Milagro y el Mensaje.
- Invite participants to carry that “yes” into the rest of Advent.

Guadalupe: The Miracle and the Message traces the history of this transformative event from the 16th century to the present. Available in English and Spanish



INVITE CHILDREN TO TEACH THEIR FAMILIES ABOUT ADVENT

Let children become the Advent messengers.

After watching The Days of Advent/Los Días del Adviento, challenge children to teach their parents or siblings one thing they learned about Advent.

This gives children an active role instead of making Advent something adults simply tell them about.



CELEBRATE LAS POSADAS WITH A FAITH-FOCUSED ACTIVITY

Use a parish Posada to help all families enter more deeply into the story of Mary and Joseph.

After the Posada, invite families to continue the conversation at home.

Try this:

“Tonight we remembered Mary and Joseph looking for a place to stay. Where is Christ asking us to make room for Him in our lives?”

Then provide *The Better Gift* as a way for families to continue reflecting on the Nativity story.

Patrick and Katie are all set for their Christmas pageant- until a surprise chime travel sends them to ancient Bethlehem! This episode covers Posadas. Available Bilingual with participant guides!

