

Faculty Profile for RMT-CEFAM *(Updated as of January 2026)*

Ma. Concepcion P. Arboleda

Lecturer, Family Ministries and Pastoral Counseling

Contact information

RMT-Center for Family Ministries Foundation

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Courses Taught at LST-RMT Cefam

- TMP 268/Sp 93.1 Family Dynamics and Counseling Approaches
- TMP 268.04/Sp 94 Practicum in Marital and Family Counseling

Background

Ma. Concepcion (Connie) Arboleda is a couples, family and individual counselor of the RMT-Center for Family Ministries, a family enrichment and healing ministry of the Society of Jesus. She has a Master in Pastoral Ministry from the Loyola School of Theology at the Ateneo de Manila University and a Bachelor of Arts degree, major in Hotel and Restaurant Administration at the University of the Philippines, Diliman. Connie also holds a Professional Diploma in Family Ministries from RMT-CEFAM Loyola School of Theology of Ateneo de Manila University and is a graduate of their Apprenticeship program.

Connie spent 29 years in the corporate field where she worked in a Fortune 500 company while first based in the Philippines and later in New York City. She also worked for a French company while based in Singapore. Looking for something along the lines of service to the community, Connie left her corporate job and did pro bono work as Head of Special Projects at Tuloy sa Don Bosco in Alabang, Muntinlupa City. Eventually, she studied how to be a Pastoral Counselor at RMT-Cefam before joining their roster of pastoral counselors.

Connie continues to do business consultancy on a part-time basis, with focus on Strategic Planning, Business Development, Sales Development, Corporate Culture Development, Management Training and Executive Coaching.