

## **Faculty Profile for RMT-CEFAM**

*(Updated as of January 2026)*

### **Maria Cynthia Javier-Gavino, PhD**

Associate Professor of Loyola School of Theology  
Pastoral Counselor of Family Ministries and Pastoral Counseling

#### **Contact Information**

RMT–Center for Family Ministries Foundation  
Ateneo de Manila University  
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#### **Courses taught at LST- RMT CEFAM**

Pastoral Psychology and Counseling; Family Spirituality and Sexual Ethics  
Apprenticeship for Ministry I/II, Doctor of Ministry program

#### **Areas of Interest**

Families of Overseas Filipino Workers; Leadership and the Family; Pre-Marital, Marital, and Family Counseling; Professional Ethics in Counseling; and Spirituality

#### **Background**

Cyn Gavino is a senior counselor and psychologist at the RMT–Center for Family Ministries, a family enrichment and healing ministry of the Society of Jesus. She handles individual, marital, and family concerns. She is a resource person, trainer, and facilitator for CEFAM programs in personal growth, marital and family enrichment, work–life balance, and OFW seminars/workshops for corporations, schools, NGOs, and parishes. She heads the CEFAM Academic Cluster and is a member of the RMT–CEFAM Board of Trustees.

Cyn Gavino holds a Bachelor of Science in Hotel and Restaurant Administration (*cum laude*) from the University of the Philippines (1978), a Master in Business Administration from the Ateneo de Manila University (1985), a Master in Pastoral Ministry and Family Counseling from the Loyola School of Theology, Ateneo de Manila University (2002), and a Master in Psychology from the University of the Philippines (2012). She earned her Doctorate in Philosophy (Psychology) from the University of the Philippines (2018). Her dissertation focused on the *“Challenges and coping experiences of seafarer wives given their cyclical separation from their spouses.”* She is an affiliate member of the Psychological Association of the Philippines (PAP). She also holds a Professional Diploma in Family Ministries from RMT–CEFAM and is a graduate of the Apprenticeship Program.

Cyn Gavino was an adjunct faculty member at the Asian Institute of Management, where she taught Family Theories, Dynamics, and Genogram in Leadership in the Master in Management, Master in Development Management, and Managing Family Corporation programs. She was also a guest lecturer at the University of the Philippines College of Home Economics, teaching Family Life and Societal Development. Additionally, she has taught Business Ethics and Family Work–Life Balance as a guest professor in the De La Salle University MBA program.