

## **Faculty Profile for RMT-CEFAM** (updated January 2026)

### **Elizabeth L. Espinosa-Rondain, MD**

Consultant, Makati Medical Center

Lecturer, Loyola School of Theology

Consultant Psychiatrist, Center for Family Ministries

#### **Contact information**

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#### **Areas of Interest**

Dr Elizabeth L. Espinosa-Rondain specializes in Psychiatry. She has provided expert insights on topics such as the warning signs of depression and suicide, including behavioral changes and the importance of addressing emotional, social, and family issues, and women's life transitions.

#### **Background**

Dr. Elizabeth L. Espinosa-Rondain is a Consultant Psychiatrist at the RMT Center for Family Ministries, a family and healing ministry of the Society of Jesus. She also serves as a Clinical Faculty and Lecturer in Ateneo School of Medicine and Public Health. Additionally, she is a Lecturer at the Loyola School of Theology at Ateneo de Manila University.

Dr. Elizabeth Espinosa-Rondain is a Medical Professional, she graduated from the University of the East Ramon Magsaysay Memorial Medical Center as a Doctor of Medicine and she holds a Bachelor of Science in Biology from the University of the Philippines - Diliman. She completed Post-Graduate Internship and Residency in Psychiatry, both in Makati Medical Center.

Her professional affiliations include membership in the Makati Medical Society and Philippine Psychiatric Association and a Diplomate in the Philippine Board of Psychiatry and as an International Member of American Psychiatric Association.

Dr. Elizabeth Espinosa-Rondain is an Active Consultant in Makati Medical Center, Makati City and a Visiting Consultant in The Medical City, Pasig City. Additionally, she taught for several years at the Loyola School of Theology, Ateneo de Manila University and worked as a Mentor for Medical Students in Ateneo School of Medicine and Public Health. Recently, she attended the following courses on Internal Family Systems under Emmaus Center for Psycho-Spiritual Formation and Accompaniment in November 11-12, 2024 and a course in Practice-based Psychodynamic Learning Center Course of Study under the Training Institute of The National Psychological Association for Psychoanalysis in the Academic Trimester of 2023-2024. She contributed as a Principal Investigator and Co-Investigator in numerous Research and Publication.