MSC @ MENTONE GIRLS' GRAMMAR SQUAD TIMETABLE - 2025 TERM 3

BE PART OF A TEAM THAT GIVES YOU MORE

EFFECTIVE JULY 21

SENIOR SQUAD (\$80/WEEK)									
	MON	TUE	WED	THU	FRI	SAT			
АМ	5-5:15 ACTIVATE		5-5:15 ACTIVATE		5-5:15 ACTIVATE	6:15-6:30 ACTIVATE			
	5:15-7 SWIM		5:15-7 SWIM		5:15-7 SWIM	6:30-8:30 SWIM			
PM	4:15-5 GYM		4:15-5 GYM	4:45-5 ACTIVATE					
	5-6:30 SWIM		5-6:30 SWIM	5-6:30 SWIM					

JUNIOR SQUAD (\$70/WEEK)							
	MON	TUE	WED	THU	FRI	SAT	
AM					5-5:15 ACTIVATE	6:15-6:30 ACTIVATE	
All					5:15-7 SWIM	6:30-8:30 SWIM	
PM	4:15-5 GYM		4:15-5 GYM				
rn	5-6:30 SWIM		5-6:30 SWIM				

MINI SQUAD (\$28/SESSION)								
	MON	TUE	WED	THU	FRI	SAT		
A M						9:30-10:30		
PM	4-5		4-5	4-5				

FITNESS SQUAD (\$28/SESSION)								
	MON	TUE	WED	THU	FRI	SAT		
AM						8:30-9:30		
PM	5-6			5-6				

ADULT SQUAD (1 SESSION = \$20/WEEK, 2 SESSIONS = \$30/WEEK)							
	MON	TUE	WED	THU	FRI	SAT	
АМ		5:30-6:45		5:30-6:45			

LEVEL 5 & 6 (\$25/CLASS)								
MON TUE WED THU FRI SAT								
PM	4-4:30 4:30-5		4-4:30 (L5) 4:30-5 5-5:30	4-4:30 4:30-5				