

## St ALOYSIUS' CHURCH

*A Church of the Archdiocese of Glasgow*

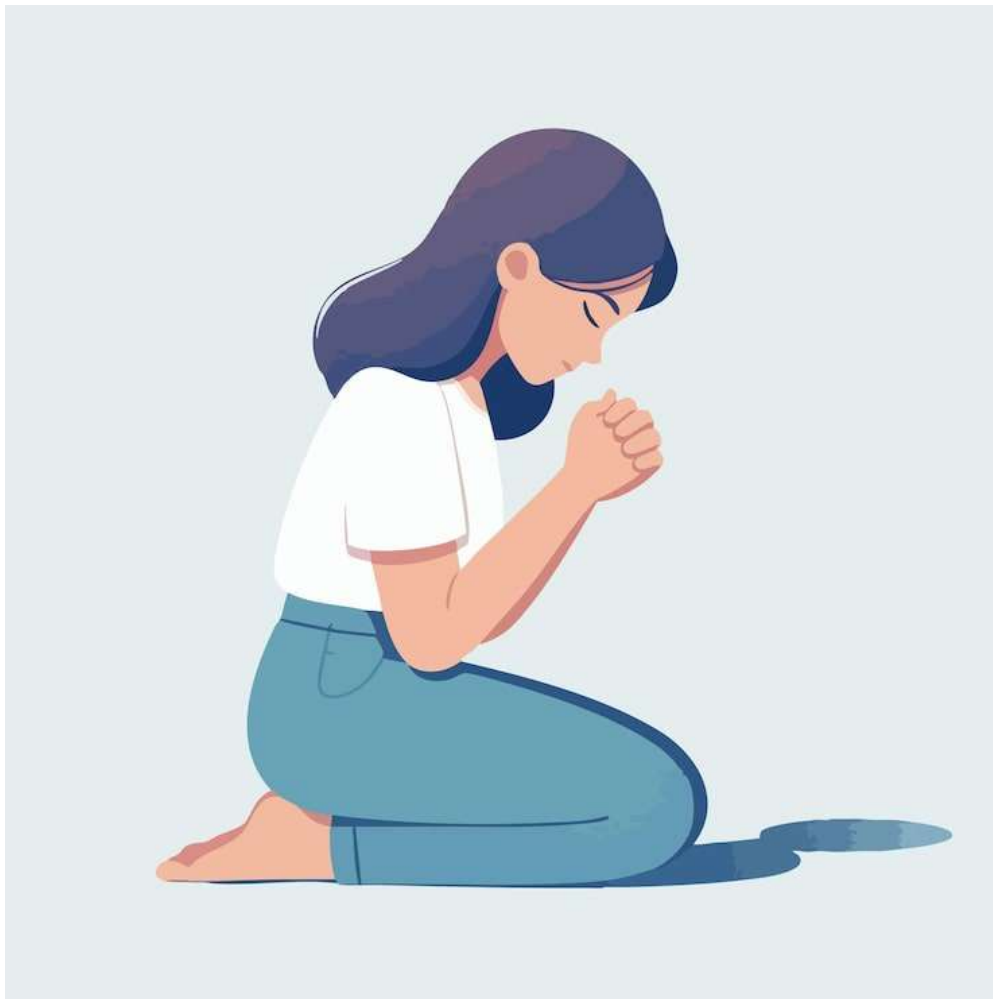
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# JESUIT YOUNG ADULT MINISTRIES

Adults in their 20s and 30s

## FEBRUARY 2026



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**MAGISFUTURES**  
IGNATIAN YOUNG ADULT NETWORK

## COME ALONG every SUNDAY

6.30pm for 7pm

Ignatian Spirituality Centre, 35 Scott Street, Glasgow, G3 6PE

# Sunday 1<sup>st</sup> February

## FOCUS ON VIRTUES

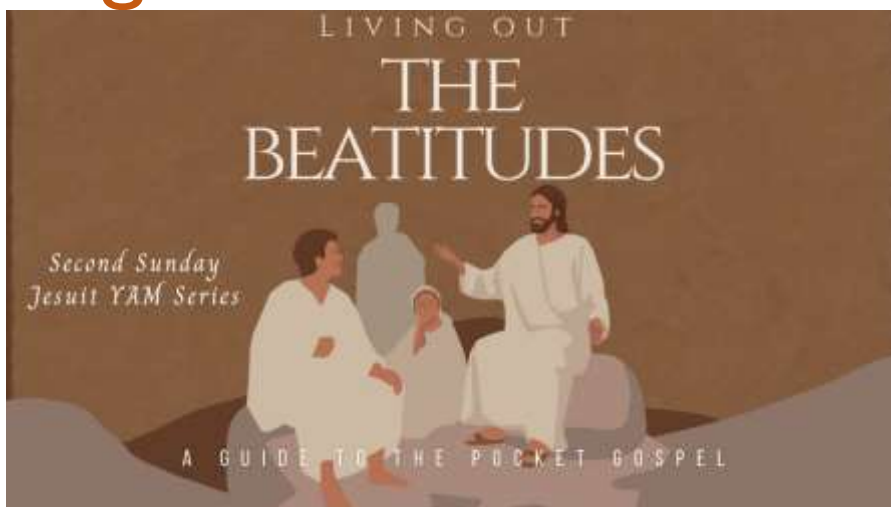


On most first Sundays of the month, we will plant a seed of virtue. This positive approach helps us to detach from what weighs us down and keeps us trapped. The input is followed by a space for personal prayer which culminates in the celebration of Holy Mass at 9pm.



# Sunday 8<sup>th</sup> February

## Living out the Beatitudes II.



We continue to go deeper and discover what the ordinary mysticism of the Beatitudes teaches us when Jesus speaks from the Plain (Luke's Gospel) or the Mountain (Matthew's Gospel). Good News for life that lift us up each time we may spiral down and despair...an hour of guided conversation about the wisdom of the Beatitudes.

# Sunday 15<sup>th</sup> February

## GUEST SPEAKER



Fr Anthony Gallagher is a parish priest in the Archdiocese of Glasgow. He studied in Rome and has taught theology and philosophy at various places in the past twenty years. For the past eight years Fr Anthony has been Director of Religious Education for the Archdiocese.

## TOPIC

### **Believe to Hope in Loving**

About Faith, Hope and Charity

# Sunday 22<sup>nd</sup> February

## Observing Lenten Observances

Lenten observances focus on **Prayer** (increased Scripture reading, attending services like Stations of the Cross and personal reflection), **Fasting** (restricting food or drink, often one full meal and two small ones on Ash Wednesday and Good Friday, and abstaining from meat on Fridays), and **Almsgiving** (giving to charity or performing acts of service to help the needy) as Christians prepare for Easter, looking for spiritual renewal, repentance, and drawing closer to God.

