

# St ALOYSIUS' CHURCH

*A Church of the Archdiocese of Glasgow*

25 Rose Street, Glasgow, G3 6RE Tel: 0141 332 3039 Email: [staloyusius.garnethill@rcag.org.uk](mailto:staloyusius.garnethill@rcag.org.uk)

# JESUIT YOUNG ADULT MINISTRIES

**Adults in their 20s and 30s**

## JUNE 2026



©Freepik



**MAGISFUTURES**  
IGNATIAN YOUNG ADULT NETWORK

## COME ALONG every SUNDAY

6.30pm for 7pm

Ignatian Spirituality Centre, 35 Scott Street, Glasgow, G3 6PE

# Sunday 7<sup>th</sup> June

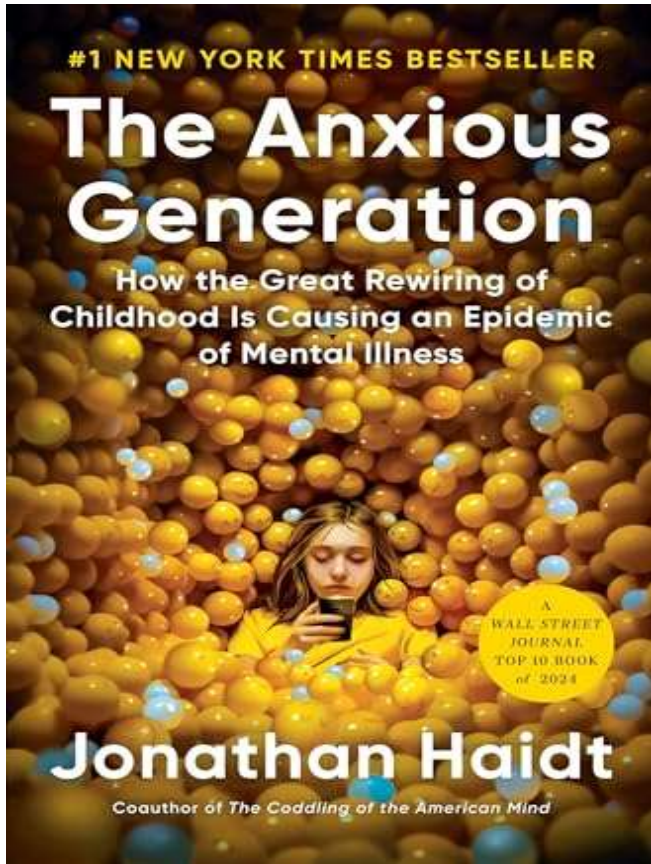
## FOCUS ON VIRTUES

On most first Sundays of the month, we will plant a seed of virtue. This positive approach helps us to detach from what weighs us down and keeps us trapped. The input is followed by a space for personal prayer which culminates in the celebration of Holy Mass at 9pm.



# Sunday 14<sup>th</sup> June

## Jonathan Haidt – *The Anxious Generation*



We will look together at what social psychologist Jonathan Haidt argues. His view is that the rapid, post-2010 shift from a "play-based" to a "phone-based" childhood has caused a massive surge in adolescent mental illness. Haidt examines how over-supervision in the real world combined with under-protection in the digital world has created a "great rewiring" of childhood. The book argues that smartphones, social media, and diminished independence prevent children from developing the resilience needed to navigate adulthood.

*It is advised to read the book in advance though not necessary.*

# Sunday 21<sup>st</sup> June

## Ignatian Nuggets

We devote almost every third Sunday of the month to looking at how reflective living helps us in our faith life. Prayer and discernment in the Ignatian tradition gives us a practical tool and offers us an attractive way to help us grow, both spiritually and emotionally. Come along to learn, practise and live in a different way and experience the change in your heart.



# Sunday 28<sup>th</sup> June

## Thanksgiving and party



JESUITS IN BRITAIN  
YOUNG ADULT MINISTRIES



St Aloysius' Church  
Glasgow

### **Regular Monthly Programme**

1<sup>st</sup> Sunday: *Focus on Virtues*

Followed by Personal Reflective Silence

2<sup>nd</sup> Sunday: *Movie – Book – Theology Input*

3<sup>rd</sup> Sunday: *Ignatian Spirituality Nuggets*

Followed by Communal Adoration at ISC

4<sup>th</sup> or Last Sunday: *Guest Speaker*

### **Sunday Programme**

7pm Light Meal and Fellowship

7.45pm Faith Talk and Group Reflection

8.30pm Personal or Community Prayer

9pm Sunday Mass