



# Food Donation Needs

Friends of the Lebanese Franciscan Sisters of the Cross (FLFS) Lebanon supports the life-saving mission of the Franciscan Sisters of the Cross, who serve the most vulnerable across Lebanon without distinction of race, ethnicity, or religion. Each day, they care for thousands of patients, guide thousands of students, and sustain the livelihoods of over 2,000 families through their work.

In a time of deep humanitarian and economic crisis, your support helps put food on tables and dignity into daily life. Every contribution truly matters. Please indicate any items or support you are able to provide from the list below. All donations will be received at the Psychiatric Hospital of the Cross and distributed to the most sites in need.

Category	Items might Include but not limited to	Quantity Committed	Coverage Offered
 Animal Products	Meat Chicken Fish Eggs Dairy Products	_____ kg / units _____ kg / units _____ kg / units _____ kg / units _____ kg / units	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly
 Starched Grains	Rice, Pasta Flour Bourghul Lentils Beans Oats Wheat Others	_____ kg _____ kg _____ kg _____ kg _____ kg _____ kg _____ kg	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly
 Oils & Fats	Olive Oil Vegetable Oil Butter Margarine	_____ liters / Units _____ liters / units _____ kg / units _____ kg / units	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly
 Fruits & Vegetables	Fresh Fruits Fresh Vegetables Frozen Vegetables	_____ kg _____ kg _____ kg	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly



Canned Goods	Canned Tuna` Others	_____ Cans/Unit _____ Cans/Unit _____ Cans/Unit _____ Cans/Unit	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly
Sweets & Stimulants	Sugar Jam Chocolate Tea Coffee	_____ kg / units _____ kg / units _____ kg / units _____ kg / units _____ kg / units	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly
Spices	Salt Pepper Mixed Spices Herbs	_____ kg / units _____ kg / units _____ kg / units _____ kg / units	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Yearly

In order to ensure accurate coordination, proper follow-up, and formal acknowledgment of contributions, we kindly request that each donor or supplier indicate the following information:

Name of Donor / Supplying Entity: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Contact Details (Phone / Email): \_\_\_\_\_

Type of Contributor:  Supplier  Individual  Both

All contributions will be documented and acknowledged in accordance with FLFS Lebanon's transparency and reporting standards.

*For those wishing to donate, contributions may be delivered directly to the Franciscan Sisters of the Cross at the following address. If you are already supporting this mission, we extend our sincere thanks for your generosity and kindly ask you to disregard this letter.*

**Hospital of the Cross for Mental and Psychiatric Health**

P.O. Box: 60096

Jal El Dib, Lebanon

**Tel:** +961 4 710224 / 710225

**Mobile:** +961 3 397280 / 397283

**Email:** [hospital.psychiatrique@sistersofthecross.org.lb](mailto:hospital.psychiatrique@sistersofthecross.org.lb)