

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Alternate Lunch available everyday: PBJ, Ham or Turkey Sandwich w/Veggies, Fruit & Milk of the day.</i>	Breakfast available 7:15-7:50am <i>Cost--- Free!</i> Items include cereal, fruit & milk Other grain items available are Bagels, Muffins, breakfast buns/breads etc.		Remember to return your Free/Reduced price Application as soon as possible!	Milk is included with all lunches, choices are 1% White, Skim White Or Skim Chocolate.	Extra milk \$.75	Breakfast and Lunch is free to all students! Adults \$5.75
<i>We also carry Egg Salad, Tuna Salad and Chef Salads as substitute lunches (must be order in morning with lunch counts)</i>	1 Labor Day!	2 Staff Development Locker Night & Open House!	2 	4 Welcome Back! Chicken Nuggets Buttered Noodles Corn Pears/Milk	5 Pepperoni or Cheese Pizza Toss Salad Applesauce/Milk	6
7 3/4 Cup Raw baby carrots offered everyday as vegetable substitute.	8 Hot Dog On a Roll Potato Logs Baked Beans Peaches/Milk	9 Nachos W/Meat & Cheese Broccoli Pears Milk	10 Spaghetti W/Meat Sauce Toss Salad WG Garlic Toast Mixed Fruit/Milk	11 Chicken Patty On a WG Roll Buttered Noodles Corn Milk	12 Bishop's Visit/Mass Hot Turkey/Gravy Mash Potatoes WG Roll Green Beans Applesauce/Milk	13 <i>*High School Only. Different size portions required.</i>
14 Fresh Apples available everyday as Fruit Substitute.	15 French Toast Hash Browns Sausage Strawberries/Milk	16 WG Pretzel W/Cheese Broccoli Pears Milk	17 Chicken Alfredo Over Rotini WG Roll Green Beans Mix Fruit/Milk	18 Meatball Sandwich Toss Salad Applesauce Milk	19 Pepperoni or Cheese Pizza Toss Salad Applesauce/Milk	20
21	22 Chicken Nuggets Buttered Noodles Green Beans Peaches/Milk	23 Teriyaki Chicken Over WG Rice Broccoli Pears/Milk	24 Goulash WG Roll Corn Mixed Fruit/Milk	25 Baked Chicken Mash Potatoes WG Roll Baked Beans Applesauce/Milk	26 Chicken Noodle Soup Grilled Cheese Sandwich Veggie Sticks Fresh Fruit/Milk	27 <i>Menu subject to change without notice!</i>
28 Any questions may be directed to... sbushey@setonknights.org	29 Cheeseburgers French Fries Baked Beans Peaches/Milk	30 Tacos W/meat, cheese & lettuce Broccoli Pears/Milk		<i>You must have at least 3 items of the meal on your tray to qualify as a free meal!</i>	<i>You must also have a fruit or vegetable on your tray to qualify for the free meal!</i>	<i>This institution is an equal opportunity provider and employer</i>