



Seton Catholic School

206 New York Road ■ Plattsburgh, NY 12903 ■ 518.561.4031 ■ www.setonknights.org

Health and Dental Examination Requirements

Dear Parents/Guardians,

New York State law requires a health examination for all students **entering the school district for the first time and when entering Pre-K or K, 1st, 3rd, 5th, 7th, 9th, and 11th grade**. The examination must be completed by a New York State licensed physician, physician assistant or nurse practitioner and on the [Required NYS School Health Examination Form](#).

A dental certificate which states your child has been seen by a dentist or dental hygienist is also asked for at the same time, although not required. The school will provide you with a list of dentists and registered dental hygienists who offer dental services on a free or reduced cost basis if you ask for it.

- A copy of the health examination must be provided to the school within 30 days from when your child first starts at the school, and when your child starts Pre-K or K, 1st, 3rd, 5th, 7th, 9th & 11th grades. If a copy is not given to the school within 30 days, the school will contact you. If the health exam is not completed within 30 days after that notification, then your child will be scheduled for an in-school health examination with our school medical director.
- If your child has an appointment for an exam during this school year that is after the first 30 days of school, please notify the Health Office with the date.
- For students participating in **athletics** a physical exam must be on file and completed within a year prior to the start of the sport.
- Students for whom it is not their first year in Seton and are in the even grades, for whom a health exam is not required, please complete the attached “Health History Update” form; so that we have the most up-to-date health information to safely care for your child.

We suggest you make copies of the completed forms for your own records before sending them to the school health office. Forms may also be faxed to the number below.

Sincerely,

School Nurse: Scott Coleman RN, MS		School: Seton Catholic
Phone #: 518-561-4031	Fax: 518-563-1193	Email: scoleman@setonknights.org