

September 2026

C	Mon	Tue	Wed	Thu	Fri	Sat
<i>Alternate Lunch available everyday: PBJ, Ham or Turkey Sandwich w/Veggies, Fruit & Milk of the day.</i>	Breakfast available 7:15-7:50am <i>Cost--- Free!</i> Items include cereal, fruit & milk Other grain items available are Bagels, Muffins, breakfast buns/breads etc.					Breakfast and Lunch is free to all students! Adults \$5.75
<i>We also carry Egg Salad, Tuna Salad and Chef Salads as substitute lunches (must be order in morning with lunch counts)</i>		1 Staff Development Locker Night & Open House!	2 Chicken Nuggets Buttered Noodles Green Beans Apple Sauce/Milk	3 Meatball Sandwich Toss Salad Mixed Fruit Pears/Milk	4 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit/Milk	5 Milk is included with all lunches, choices are 1% White, Skim White Or Skim Chocolate.
6 3/4 Cup Raw baby carrots offered everyday as vegetable substitute.	7 Labor Day!	8 Chicken Patty On a Roll Buttered Noodles Baked Beans Peaches/Milk	9 Waffles Sausage Hash Browns Pears/Milk	10 Chicken Soup Grilled Cheese Green Beans Mixed Fruit/Milk	11 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit/Milk	12 *High School Only. Different size portions required.
13 Fresh Apples available everyday as Fruit Substitute.	14 Grandparent's Day! Spaghetti W/Meat Sauce Toss Salad Dinner Roll Peaches/Milk	15 Nachos W/cheese & Meat Corn Pears/Milk	16 Teriyaki Chicken Over Rice Broccoli/Dinner Roll/Mix Fruit/Milk	17 Chicken Alfredo Over Rotini Dinner Roll Green Beans Apple Sauce/Milk	18 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit/Milk	19
20	21 Corn Dog French Fries Baked Beans Peaches/Milk	22 Pretzel W/Cheese Broccoli Pears/Milk	23 Goulash Carrots Dinner Roll Applesauce/Milk	24 Chicken Soup Grilled Cheese Green Beans Mixed Fruit/Milk	25 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit/Milk	26 Menu subject to change without notice!
27 Any questions may be directed to... sbushey@setonknights.org	28 Chicken Nuggets Buttered Noodles Baked Beans Mixed Fruit/Milk	29 French Toast Hash Brown Sausage Berries/Milk	30 Mac n Cheese Broccoli Dinner Roll Peaches/Milk	You must have at least 3 items of the meal on your tray to qualify as a free meal!	You must also have a fruit or vegetable on your tray to qualify for the free meal!	This institution is an equal opportunity provider and employer