



TEAM FIJI WEIGHTLIFTING ATHLETE SELECTION CRITERIA



In accordance with the Charter of the Commonwealth Games Federation (CGF), FASANOC holds both the authority and responsibility to select athletes and officials to represent Fiji at the 2026 Commonwealth Games to be held between **23 JULY TO 2 AUGUST 2026**

Under Article 8.2.n of the FASANOC Charter, FASANOC is empowered to establish the minimum standards required for selection to represent Team Fiji.

This Athletes Selection Criteria has been developed in partnership with the relevant National Federation in accordance with the FASANOC Athlete Minimum Selection Criteria Policy specific for the 2026 Commonwealth Games.

This Athlete Selection Criteria is to ensure the selection of the best possible athletes capable of delivering medal-winning performances across the various sports and made in accordance with the established team size limits and guided by FASANOC's commitment to ensuring transparency, fairness, and performance excellence.

Call to Action:

1. National Federations (NF) are required to circulate this Athlete Selection Criteria to all athletes with the potential to be considered for the final team.
2. All athletes listed in the NF squad must review and sign the Athlete Acknowledgement Form that they have read, understood and accepted this Athlete Selection Criteria

SELECTION CRITERIA & ELIGIBILITY REQUIREMENTS

1. MEDAL EVENTS	
Men's 60kg	Women's 48kg
Men's 65kg	Women's 53kg
Men's 71kg	Women's 58kg
Men's 79kg	Women's 63kg
Men's 88kg	Women's 69kg
Men's 94kg	Women's 77kg
Men's 110kg	Women's 86kg
Men's +110kg	Women's +86kg

- DIRECT QUALIFICATIONS FOR ANYONE WINNING GOLD IN THE 2025 COMMONWEALTH CHAMPIONSHIPS (TANIELA RAINIBOGI)
- TOP 10 RANKED LIFTERS QUALIFY AT THE END OF THE QUALIFYING PERIOD WHICH ENDS ON 18th MAY 2026.
- 18TH MAY 2026 CGA DEADLINE TO SUBMIT BIPARTITE INVITATION APPLICATION TO CGA.
- BY 20TH MAY 2026, CGA TO ISSUE AUTOMATIC & DIRECT QUALIFICATION

2. ATHLETE GENERAL CRITERIA AND ELIGIBILITY

2.1. Eligibility

- Citizenship - be in possession of a Fiji Passport for travel.
- Passport should be valid until after 9 January 2027
(travel requirement 6 months after closing ceremony)

2.2. Obligations

- Complete all entry and contractual documentation including the FASANOC Team Members Agreement
- Comply with the rules and regulations of FASANOC, the Games Committee and the IF and WADA as may be modified and applied by the Games Committee to ensure that the overriding principles of the Games are observed
- Comply with the age regulations as stipulated by the relevant IF.
- Be willing and able to do the activities and duties required to meet FASANOC's sponsorship obligations.

2.3. Character and Discipline

- Must be of good character and must possess qualities that comply with FASANOC values of Excellence, Respect, Integrity and Commitment. Past disciplinary records with Team Fiji will be taken into account.
- Must be of good repute with no disciplinary issues with their NF.
- Not currently be disqualified or suspension by FASANOC, Games Committee, IF or World Anti-Doping Agency (WADA).
- Should have no police record, immigration issues that may cause him/her to be unable to travel abroad for the relevant Games or any pending investigations against them.
- Any current/open police records, as well as past records will be considered on a case-by-case basis.

2.4. Medical Assessment and Injury Monitoring

All nominated athletes must submit to medical and physical assessments and

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examinations as follows:

- a) All athletes must report any injury, medical condition or medication/treatment of an injury or medical condition to the Team Fiji appointed medical personnel, where it has an impact on the athletes' ongoing training plan.
- b) All athletes must provide any information required by Team Fiji in relation to a medical or physical assessment, injury or medical condition.
- c) All athletes must comply with set physical and medical assessments as required by Team Fiji.
- d) Comply with any subsequent outcomes or instructions from the Team Fiji Medical Team.

2.5. Anti-Doping

- a) Must abide and comply with the rules and procedures of the World Anti-Doping Agency, Oceania Regional Anti-Doping Organization (ORADO) and Drugs Free Sport Fiji (DFSF) or applicable legislation under the Laws of Fiji.
- b) Must refrain from using illegal substances and supplements as prohibited by the rules of any relevant charter or constitution, policies or guidelines of the IOC, CGF, PGC, IFs and FASANOC.
- c) Must have not breached the WADA Code within the previous 24 months from the Opening Ceremony.

3. MANDATORY ELIGIBILITY REQUIREMENTS

- 3.1. Have complied with the minimum age regulations, as stipulated by IWF (athletes must be born on or before 31 December 2011)
- 3.2. Have competed in at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period (01 June 2025 – 18 May 2026). In at least one (1) of these two (2) IWF Sanctioned Events, athletes must have competed within the specific medal event (bodyweight category) in which they are due to enter at G2026

4. ATHLETE MINIMUM PERFORMANCE REQUIREMENT

As per the FASANOC ATHLETE MINIMUM SELECTION CRITERIA POLICY the Athlete:

- a) Must have competed nationally in an open competition or at a credible regional or international event in the last 2 years.
- b) Be the best available athlete ranked within the Top 3 of their NF National Ranking for the competition in the event being entered.
- c) Where applicable, have met the Commonwealth Games Federation and International Federation Minimum Qualification Standard OR qualified by invitation subject to meeting the requirements (a) and (b) above.
- d) Where applicable, hold an Oceania ranking within the Top 8 of their events OR
- e) Competed and finished in the Top 4 in a recognized regional competition in the last 12 months.
- f) Team sports must have qualified by achieving the Qualification Standard set by the Commonwealth Games Federation or International Federation.

5. QUALIFICATION PATHWAY



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<p>Direct Qualification</p>	<p>The highest placed eligible Commonwealth athlete per medal event at the 2025 Commonwealth Weightlifting Senior Championships will be allocated a Direct Qualification slot in accordance with the below:</p> <ul style="list-style-type: none"> •Direct Qualification Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event (bodyweight category) with which the athlete qualified within. •In accordance with the Mandatory Athlete Requirement above, athletes must compete in a minimum of two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period. For the avoidance of doubt, to be allocated a Direct Qualification Slot athletes would be required to compete in at least one (1) more IWF Sanctioned event eligible for IWF Commonwealth Rankings within any medal event during the Ranking Period. •In the event that the 2025 Commonwealth Weightlifting Senior Championships are not held due to unforeseen or extenuating circumstances, Direct Qualification Slots will be issued in accordance with Reallocation of Qualification Slots.
<p>IWF Commonwealth Ranking List</p>	<p>The top eight (8) ranked eligible athletes per medal event from CGAs not otherwise qualified on the IWF Commonwealth Ranking List as at 23:59 UTC on 18 May 2026 will be allocated a Qualification Slot in accordance with the below:</p> <ul style="list-style-type: none"> •Qualification Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event with which the athlete qualified within. •CGAs will be eligible to qualify a maximum of one (1) athlete per medal event in Weightlifting, and the IWF Commonwealth Ranking List will be amended to reflect this maximum representation per medal event. •Athletes will be eligible to feature on the final IWF Commonwealth Ranking List for one (1) medal event (bodyweight category) only. CGAs with athletes ranked in multiple medal events must elect which individual medal event they wish their athlete to be ranked within and submit in writing to the CGF by no later than 25 May 2026. Failure to notify the CGF of the elected medal event by this deadline will result in the CGF selecting the medal event on behalf of the CGA firstly based upon the highest rank, and should the rank be equal it will be selected based upon their most recent result. •In the event the final Qualification Slot has been achieved by more than one athlete with the same result, the slot will be allocated to the athlete that achieved the result first by date and time (UTC). •Only eligible athletes that have met the requirements outlined in the Athlete Eligibility above will feature on the IWF Commonwealth Ranking List. For the avoidance of doubt, this includes the mandatory requirement that athletes have competed within at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period.
<p>Bipartite Invitation</p>	<p>One (1) Bipartite Invitation slot per medal event will be issued to eligible athletes from CGAs not otherwise qualified within that respective medal event in accordance with the below:</p> <ul style="list-style-type: none"> •Bipartite Invitation Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event with which they are allocated.

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6. SELECTION EVENT

List all the relevant and compulsory events that the athlete needs to be aware of.

The NF will hold at least two trials to select its Games Team – indicate the Compulsory events

Date	Event Name <i>(Competition, Training Camp/Fitness trial)</i>	Compulsory (✓)
TBC	FASANOC Periodic Health Examination	✓
28/12/24	National Trials #1 (PALAU)	✓
24/1/25	National Trials #2 (PALAU)	✓
01/03/25	National Trials #3 (PALAU)	✓
19/04/25	National Trials #4 (PALAU)	✓
01-05/07/25	Palau Pacific Mini Games (1 st Qualifications for CG 2026)	✓
24-30/08/25	Ahmedabad Commonwealth Championship Gold qualification event	✓
13/09/25	FITNESS TEST	✓
17/11-3/12	Oceania Weightlifting Training Camp for Top Commonwealth lifters	✓
20/12/25	NATIONAL CHAMPIONSHIPS	✓
28/02/26	NATIONAL TRIALS #1 (COMMONWEALTH GAMES)	✓
28/03/26	NATIONAL TRIALS #2 (COMMONWEALTH GAMES)	✓
		✓
10-12/04/26	OCEANIA SNR, JNR, YTH CHAMPIONSHIPS & FINAL CWG QUALIFIERS	✓

7. ATHLETE ATTENDANCE

Athletes are required to attend the following events to be eligible for final selection.

Valid reasons should an athlete be unable to attend any of the below.

Event <i>(training camp, fitness test, etc)</i>	Minimum attendance	Valid Reason for non-achievement
28/12/24	National Trials #1 (PALAU)	Medical Report / unforeseen circumstances
24/1/25	National Trials #2 (PALAU)	Medical Report / unforeseen circumstances
01/03/25	National Trials #3 (PALAU)	Medical Report / unforeseen circumstances
19/04/25	National Trials #4 (PALAU)	Medical Report / unforeseen circumstances
01-05/07/25	Palau Pacific Mini Games (1 st Qualifications for CG 2026)	Medical Report / unforeseen circumstances
24-30/08/25	Ahmedabad Commonwealth Championship Gold qualification event	Medical Report / unforeseen circumstances



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13/09/25	FITNESS TEST	Medical Report / unforeseen circumstances
17/11-3/12	Oceania Weightlifting Training Camp for Top Commonwealth lifters	Medical Report / unforeseen circumstances
20/12/25	NATIONAL CHAMPIONSHIPS	Medical Report / unforeseen circumstances
28/02/26	NATIONAL TRIALS #1 (COMMONWEALTH GAMES)	Medical Report / unforeseen circumstances
28/03/26	NATIONAL TRIALS #2 (COMMONWEALTH GAMES)	Medical Report / unforeseen circumstances
		Medical Report / unforeseen circumstances
10-12/04/26	OCEANIA SNR, JNR, YTH CHAMPIONSHIPS & FINAL CWG QUALIFIERS	Medical Report / unforeseen circumstances

8. OVERSEAS BASED ATHLETES' REQUIREMENT

Any overseas based athletes must submit the following information to the respective NF for verification

1. N/A



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9. ADDITIONAL SELECTION CRITERIA

In addition to the above Requirement, Athletes must also meet the following Criteria:

ALL ATHLETES OFFICIALS MUST SIGN THE WEIGHTLIFTING FIJI TEAM AGREEMENT.



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10. ATHLETE SELECTION PERIOD & TIMELINE

Key Timeline Elements	Date/Timeline
Athlete Selection Period Start Date	Palau Mini Games 1-5 th July 2025
Athlete Selection Period End Date	Oceania Championships & IWF World Cup 10 th -12 th April 2006
NF Selection & Appeals process Start Date	25 May 2026 (tentative)
NF Selection & Appeals process End Date	30 May 2026 (tentative)
NF Final Name Submission to FASANOC	25 May 2026 (tentative)
FASANOC Selection Justification Committee (SJC) review	2 June 2026 (tentative)
FASANOC SJC Team Justification process	3-4 June 2026 (tentative)
FASANOC EB approval	5-9 June 2026 (tentative)
FASANOC BOM approval	10-11 June 2026 (tentative)
FASANOC Public Announcement	12 June 2026 (tentative)
FASANOC Appeals Period	13-14 June 2026 (tentative)
FASANOC Sport Entries deadline	16 June 2026

11. ATHLETE WITHDRAWAL

FASANOC reserves the right to remove or dismiss an athlete from Team Fiji at any time:

1. Due to injury or illness, as certified by an approved medical practitioner that is likely to keep him or her from competing or
2. who breaches this Team Fiji Athletes Selection Criteria and/or Team Fiji's Team Members Agreement following an appropriate hearing.

Should an athlete withdraw from the team following the team announcement, the NF may request to consider a replacement which can only be done:

3. if the athlete was on the initial long list.
4. if the athlete meets the minimum selection criteria
5. if before 40days from the Opening Ceremony
6. upon approval by FASANOC Executive Board

12. NATIONAL FEDERATION SELECTION COMMITTEE

The NF will appoint a Selection Committee; the make-up of the Committee is at the discretion of the NF but a minimum of 3 members are strongly recommended.

The Selection Committee Members must declare any conflict of interest, i.e. family members and must follow good governance and clear guidelines on how this conflict is managed.

List the NF selection Committee below:

1. ATMA MAHARAJ (Life member)
2. DELLA SHAW (President & Head of Technical)
3. SERA VAKALOLOMA (EB)
4. RATU ORISI SANADALI (Disciplinary Committee)
5. HENRY ELDER (Head Coach)



13. APPEALS PROCESS

As per FASANOC's Selection Justification Policy, "athletes and team officials have an opportunity to appeal their cases if they feel they have been unfairly deprived of the opportunity to represent their sport/country as a member of a Fiji representative Team under the jurisdiction of FASANOC.

The appellant shall appeal in writing, clearly stating their reasons for the appeal. The appeal shall be lodged with the Secretary General/CEO of FASANOC at Fiji Olympic House within 48 hours of the announcement of the decision against which the appeal is made. Any athlete or official wishing to submit an appeal to the FASANOC APPEALS TRIBUNAL shall do so on the clear understanding that the decision of the Appeals Tribunal shall be binding on all parties."

FASANOC will accept written appeals lodged at Fiji Olympic House or emailed to ceo@fasanoc.org.fj (Subject: COMMONWEALTH GAMES APPEAL)



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ENDORSEMENT

FASANOC in formal partnership with the National Federation, has reviewed and officially approves the athlete selection criteria for the upcoming games. This collaborative endorsement ensures the criteria are robust, transparent, and aligned with our shared high-performance objectives



DELLA SHAW ELDE

National Federation
[Insert Name and Position]

Signature

28/10/2025
Date

.....
Selection Justification Committee
[Insert Name and Position]

.....
Signature

.....
Date

.....
FASANOC
[Insert Name and Position]

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Signature

.....
Date



