#### **Contents**

01: Summer Success With New Developments At AVENS

**02: Together Outdoors- Our Residents Summer Adventures** 

**03: Stepping Into The Future- New Flooring At The Baker Community Centre** 

# Summer Success With New Developments At AVENS

I want to take a moment to apologize for the absence of our newsletter in July. As many of you know, it has been a bustling summer here at AVENS, filled with significant development and improvements that I am excited to share with you.

"As we continue to enhance our community at AVENS, our focus remains on creating a vibrant and supportive environment where every resident can thrive. The new Pavilion and upcoming services are just the beginning of our commitment to enriching the lives of our seniors"

Daryl Dolynny, President and CEO of AVENS

Of course, some of the significant highlights of our summer have been all the outdoor work going on at the Pavilion. (End of article)

However, we have had significant upgrades happening indoors, as well. Let's walk through

some of the photo's to see what all the excitement is about, shall we...



New ATM and snack machine can be found on the main floor of the Pavilion



Notary services can be found at both Barb Bromley and Pavilion administrations



Drink machines can be found on the lower and second floor of the Pavilion near the elevators (Thank you to Pepsi our partner)



Our Dance and Yoga studio is now open 24 hrs a day



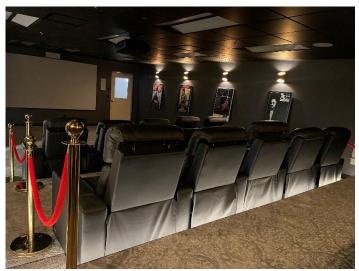
Our soon-to-be opened Bronwyn Watters Library is in the final stages of completion



Thanks to UpHere owner, Sherry Rioux, for donating FREE UpHere magazines for our tenants to enjoy



Opening in July was our newest Wellness offer, operated by Chelsea Gillard. SAGE Studio promises us a whole variety of soothing supports



Our in-house professional movie theatre is now offering a free weekly movie experience for our tenants



Our UpHere Pub is now officially complete awaiting that right operator to take over services. If you know someone that would be interested, send them our way



Our Pavilion second-floor games and puzzle area is a popular respite spot for many





Our grass areas have never looked so good, due to the incredible work of our Maintenance Team

As we transition into fall and winter, we will be introducing new services aimed at making life easier and more convenient for our independent housing residents. Starting later this year you will hear more about our laundry services and cleaning services.

I want to express my gratitude for your continued support and patience as we enhance our services and facilities. We are committed to making AVENS a place where seniors can thrive and I am excited for all the developments ahead.

# Together Outdoors- Our Residents Summer Adventures

As we soak in the mid-days of summer, I want to take a moment to reflect on the wonderful outings our long-term care residents have enjoyed over the past few weeks. This summer has been nothing short of extraordinary, filled with laughter, connection, and the joy of experiencing the great outdoors.



Our Yellowknife River adventures with Shanta, Des, Abby, Dorris, Mary and Judith



Our Prelude cultural program with (L to R) Patricia and her husband

From delightful cultural picnics to our fun-filled visits to Prelude, our residents have had numerous opportunities to engage with our beautiful surroundings. One of the highlights was our hotdog gathering at the Yellowknife River, where everyone savored delicious food while soaking in the sun and fresh air. Additionally, our in-house BBQs in the Aven Manor "Oasis" backyard have become a cherished tradition, bringing together residents for great food and even better company.







Aven Manor "Oasis' BBQ captured moments

I want to extend my heartfelt gratitude to our incredible care team and recreation staff. Their dedication and passion truly shine through in the planning and execution of these outings. They have gone above and beyond to ensure that every trip is not only enjoyable but also safe and memorable for our residents.

I would also like to acknowledge our amazing volunteers and resident family members. Their support is invaluable, helping to create a warm and welcoming atmosphere during our outings. Your commitment to our residents does not go unnoticed, and we are profoundly grateful for your time and effort.

Finally, a special thank you to our senior executive staff, who graciously carve out time in their busy schedules to lend a helping hand during our outings. Your involvement exemplifies the spirit of teamwork that makes AVENS a truly special place.

As we look forward to the autumn months, I'm proud of what we've accomplished together this summer. With only a couple of weeks left. let's continue to celebrate the beauty of nature and the joy of community.

Stepping Into The Future- New Flooring At The Baker Community Centre

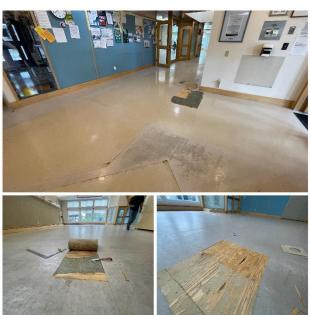
I am thrilled to share some exciting news regarding our beloved Baker Community Centre, which serves as our wellness facility, managed by the Yellowknife Seniors Society. After nearly 30 years of service, we are set to replace the original floors, which have withstood countless events since the center opened its doors in 1995. This is a remarkable milestone for a space that has been the heart of many community gatherings and activities.

The new flooring will not only enhance the aesthetics of the Baker Community Centre but also improve safety and functionality for our residents and visitors. We are committed to providing a welcoming and comfortable environment for all, and this renovation is a significant step in that direction.

During the upcoming weeks, while the renovations are underway, Kim Doyle, the Executive Director of the Yellowknife Seniors Society, will be operating from the Pavilion. We

encourage everyone to stay tuned for announcements on social media regarding programming venue changes and locations, so you don't miss out on any of the fantastic activities planned during this transition.





Thank you for your understanding and support as we work to enhance our facilities for the benefit of our community. I look forward to seeing everyone enjoy the refreshed Baker Community Centre once the renovations are complete!