

December

2025

AVENS Recreation Dept.

Health & Wellness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	Res BDay 4	5	Staff Gala 6
	Decorate for Christmas 3:45 SJA Dog Therapy – Rosie 7:00 Shuffleboard 	10:30 Tai Chi / Exercise 2:00 Christmas Hot Chocolate Cart 6:00 SJA Dog Therapy - Kirby 7:00 Elks BINGO  	11:00 Memorial Service (MPR) 1:00 SJA Dog Therapy-Belle 2:00 Balloon Badminton (MPR) 6:00 SJA Dog Therapy - Hiccup 7:00 Board Games / Cribbage 	10:30 School Visit 11:00 Rosary Prayers 6:00 SJA Dog Therapy - Cora 7:00 Entertainment Night: Ryan & Fresh Bread 	Ugly Sweater Day (Social Committee) 1:30 Gingerbread House Making	1:30 Bunny Visits 7:00 Christmas Movies with RCA's 
7	8	9	10	3-4pm Looking Glass Meeting 11	12	13
11:00 Catholic Church 7:00 Christmas Movies with RCA's 	1:00 Let's Dances (MPR) (Door Decorating Contest by Social Committee) 3:45 SJA Dog Therapy – Rosie 6:00 SJA Dog Therapy - Juno 7:00 TBA	10:30 Tai Chi / Exercise 2:00 Christmas Sundae Cart 7:00 Elks BINGO  	10:00 Kiddos Come play with us! 1:00 SJA Dog Therapy-Belle 1:30 Christmas Tea Party 7:00 Board Games / Cribbage  	1:30 Ball & Balance 3:45 SJA Dog Therapy - Penny 6:30 Resident & Family CHRISTMAS PARTY (Cottages) Music with Dawn & Steve 	Christmas Movie Dress-up (Social Committee) 2:00 Christmas Movie Trivia 	1:30 Bunny Visits 7:00 Christmas Movies with RCA's 
BDay 14	15	16	17	18	19	20
11:00 Catholic Church 7:00 Christmas Movies with RCA's 	1:00 Let's Dances (MPR) 3:45 SJA Dog Therapy - Rosie 6:00 SJA Dog Therapy - Juno 7:00 Shuffleboard	10:30 Tai Chi / Exercise 2:00 Christmas Caroling 6:00 SJA Dog Therapy - Kirby 7:00 Elks BINGO 	10:00 École Jtl'q School Carolers 1:00 SJA Dog Therapy-Belle 6:00 SJA Dog Therapy - Hiccup 	11:00 Rosary Prayers 1:30 Ball & Balance 3:45 SJA Dog Therapy - Penny 6:00 SJA Dog Therapy - Cora 6:30 Resident & Family CHRISTMAS PARTY (Manor) Music with Minnie & Moses 	Whoville Dress-up (Social Committee) (Door Decorating Winners Announcement) 2:00 Christmas Parade & Bingo 	1:30 Bunny Visits 7:00 Christmas Movies with RCA's 
21	22	23	24	Recreation Closed 25	Recreation Closed 26	27
11:00 Catholic Church 7:00 Christmas Movies with RCA's 	1:00 Let's Dances (MPR) 3:45 SJA Dog Therapy - Rosie 6:00 SJA Dog Therapy - Juno 7:00 Shuffleboard	10:30 Tai Chi / Exercise 7:00 Elks BINGO 	10:00 Pajama Breakfast Brunch: Hand out Pete's and Darlene PJs Presents 1:00 SJA Dog Therapy-Belle	Merry Christmas 	Boxing Day 	
28	29	30	BDay 31	Happy Birthday Jerry, Sandy		Happy New Year 2024!
11:00 Catholic Church 7:00 Movies with RCA's 	One to one visit 1:30 Trip to the North Pole 7:00 Scottish Country Dancers  	One to one visit 2:00 Bowling Tournament with Staff & Residents	One to one visit 2:00 Masquerade Party New Year's Eve Party 			 

Notes: Programs are subject to change at any time
Yellow highlighted are Social Committee supported events with Recreation Dept.