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A Bunny-tastic Easter At AVENS

As we welcome April, it's hard to believe that while much of Canada is basking in the early warmth of spring, we here at AVENS are still in the midst of a chilly thaw. With temperatures hovering around a balmy -10 to -15°C (and even dipping to a delightful -2°C by day's end), our residents are patiently waiting for the springtime blossoms to arrive after months of frosty -30°C weather.

“Spring is nature’s way of saying, ‘Let’s party!’”

Robin Williams

But fear not! **Easter** is upon us, and with it comes the promise of warmer days ahead. Our fantastic **wellness and recreation TEAM** have truly outdone themselves this year, organizing a

delightful lineup of Easter activities that have brought smiles and laughter to our campus.

From egg decorating to a lively door decorating contest (with our Social Committee), and of course, our beloved Easter tea, there's been no shortage of festive fun!



From our TV to the table, a reminder that Easter is an important time at AVENS

And let's not forget our star attractions—Benny and Bonbon, AVENS resident therapy bunnies! These two fluffy celebrities have captured the hearts of everyone at AVENS and beyond. This Easter, they once again were farmed out to a local photographer for a special photo session with kids and families, reminding us all that joy can come in the fluffiest of forms. It's hard to believe that our bunnies have become more famous than yours truly—perhaps I should consider a career change!

As we continue to thaw out and look forward to spring, let's cherish these moments of joy and togetherness that make AVENS such a special place to call home.



(Top R clockwise) Easter Gary, Eileen, Susan and family, and Rusty. (Centre) Easter Patty



Many residents enjoying Easter Tea

Wishing you all a wonderful Easter filled with love, laughter, and maybe a little chocolate too!

A Milestone Achievement- Sara Fullerton EMBA Success

This week, I want to share an inspiring story that showcases the incredible work of our Chief Financial and Technology Officer, **Sara Fullerton**. Just recently, Sara and her team wrapped up an impressive **Enterprise Integration Project (EIP)**, a journey that culminated in a presentation to our chief officers and a hard copy to the AVENS board.

As part of her Executive MBA program at the University of Fredericton, Sara & team embarked

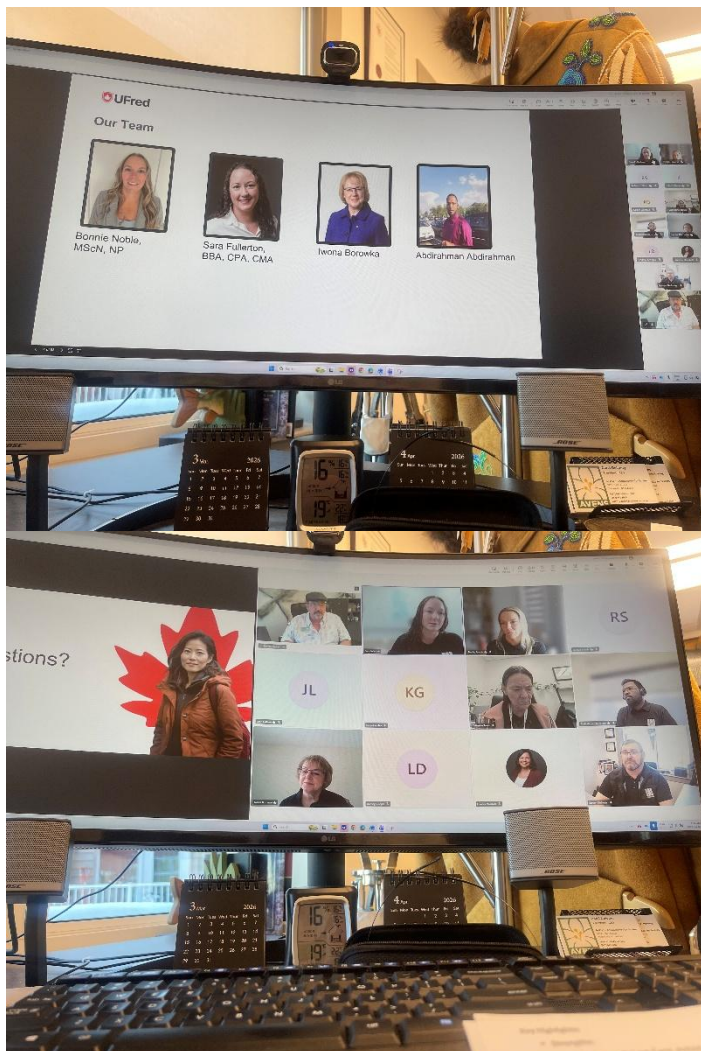


Easter decore can be found throughout campus

on this project with a clear mission: to analyze the **six dimensions of AVENS**; Strategic leadership, Governance, Operations & Production, Customers & Products, Workforce, and Measurement & Analysis. The EIP team focused on finding systems that demonstrated a systematic approach, lean practices, and effective alignment and integration. Their hard work has now provided us with a **comprehensive roadmap** to enhance our operations.

With their insightful analysis, we now have the tools to strengthen our organizational framework, improve resident satisfaction, and promote workforce stability. It's exciting to think about how these improvements will align with our new strategic planning, ultimately benefiting everyone within our AVENS community.

But that's not all! This final group presentation also marks a significant milestone for Sara—she has officially completed her **Executive MBA** after more than three years of dedication and hard work. Balancing her studies alongside her daily responsibilities at AVENS is no small feat, and it's a testament to her commitment and resilience.



Screen shots of our UFred Executive MBA Team in conjunction with their professors presenting their findings to our AVENS Chief Officer's. (Top photo L to R) Bonnie Noble, Sara Fullerton, Iwona Borowka and Abdirahman Abdirahman



AVENS Chief Financial Officer, Sara Fullerton BBA, CPA, CMA... and now EMBA !

As we reflect on this achievement, I invite everyone to join me in congratulating Sara on this well-deserved accomplishment. Her journey

is not just a personal victory; it's a win for all of us at AVENS. We are immensely proud of her and can't wait to see how the new insights and tools will shape our future.

AVENS A Model For Seniors Care Inspiring The World

This week, I'm excited to share the second half of our journey into health care tourism, a venture we've proudly embarked on with Verda Law, the owner/operator of Yellowknife Tours. On Friday, March 13, 2026, we welcomed 25 physicians from the Philippines to our campus, and let me tell you, it was a remarkable day!



Guided by none other than our Chief Operations Officer, Steven Nicholas, these talented health care practitioners explored our facilities and learned about our innovative approaches to senior care. As Steven walked them through our halls, he shared the heart and soul of what we do here at AVENS.

The response from the physicians was simply incredible! Many expressed a strong desire to replicate our model in their own communities back in the Philippines. It's a fantastic feeling to know that our work is resonating so deeply with others, and it's a clear sign that we must be doing something right.

This experience not only highlights the quality of care we provide but also reinforces our commitment to excellence in everything we do. We're not just making an impact here at AVENS; we're inspiring others across the globe!

Community Corner

