

July 13 - 19, 2026



Lunch 12-1

Dinner 5-6

mon

Cream of Carrot Soup
Cod Nuggets
Potato Wedges
Coleslaw

Beef Stew
Fresh Herbed Biscuit
White Macadamia Cookies

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Navy Bean & Ham Soup
Egg Salad Sandwich
Apple Slaw

Arctic Char
Roasted Potatoes
California Mix Vegetables
Cake & Strawberries

wed

Cream of Vegetable Soup
Ginger Beef w/ Sauteed Pepper &
Onion
Turmeric Rice

Honey Soy Chicken Wings
Fries
Garden Salad
Pumpkin Bar

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Beef Noodle Soup
Cheese Biscuit
Mixed Green Salad w/ Poppyseed
Dressing

Swedish Meatballs
Buttered Egg Noodles
P.E.I Blend Vegetables
Lemon Cheese Tart
BBQ Chicken Drumsticks
Rice w / Buttered Carrots
Black Bean Brownie

fri

Corn Chowder
Beef Taco Casserole
Corn Chips

sat

Chicken Noodle Soup
Broccoli Cheddar Quiche
O'Brien Potatoes

Baked Mac & Cheese Casserole
Garlic Bread
Peas & Carrots
Strawberry Ice Cream

sun

Cream of Broccoli Soup
Tuna Salad Sandwich
Arugula Salad

Roast Beef w / Gravy
Mashed Potato
Broccoli florets
Peacan Southern Pie

