



Peer Aid Armed Forces Volunteer



**In partnership with the:
Armed Forces Gambling
Support Network**



Welcome to Peer Aid

Thank you for your interest in becoming a Peer Aid Armed Forces Volunteer, working within the Armed Forces Gambling Support Network (AFGSN).

Peer Aid is a peer-led training and support service overseen by the Betknowmore UK charity, that seeks to address societal, community and individual issues caused by gambling.

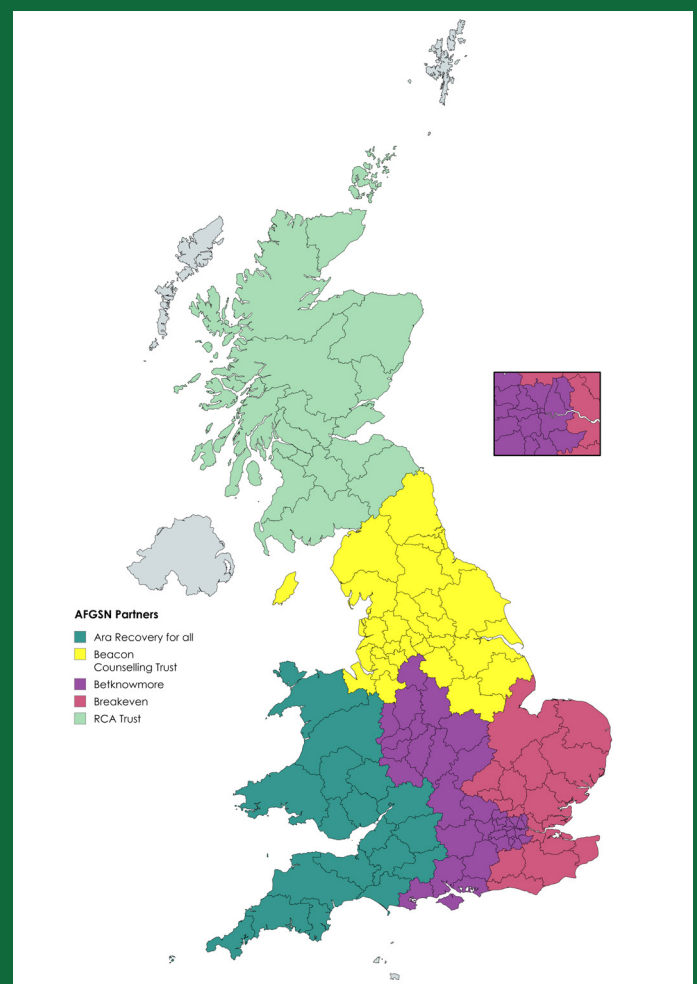


www.betknowmoreuk.org/support-information/our-services

Peer Aid embraces the insight, knowledge and skills of gambling harms lived experience, enabling individuals to receive quality assured training to be able to safely provide peer support and other volunteer activities.

We have designed a version of Peer Aid for the AFGSN, to work across England, Wales and Scotland with our partner organisations, all of whom are also part of the National Gambling Support Network (NGSN) and consists of Beacon Counselling Trust (Lead Organisation), ARA Recovery for All, RCA Trust, Betknowmore UK, and Breakeven.

Many members of the AFGSN have lived experience of gambling harms and recovery, it provides the service with a credible and authentic voice, it also opens up a subject that for many is surrounded by shame and stigma. We aim to continue to break down barriers to ensure that our armed forces personnel are fully protected from gambling harms.





PEER AID and the AFGSN

Research findings indicate that the armed forces community, and particularly veterans, are most at risk. One report published in the BMJ Military health journal stated armed forces veterans may be as much as 11 times more likely to experience gambling problems than the general population, causing chronic personal issues regarding health, employment and criminality (Dymond et al 2021).

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‘Volunteering with the AFGSN fills me with pride, I was aware gambling had become a problem for some, now I am able to help and prevent harm’

Matt

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Launched in 2024, the AFGSN partners have created an impactful response, consisting of aware raising, training and support activities. Peer Aid is taking the lead in developing and mobilising a volunteer force to support this work, we believe that the armed forces community has many individuals with amazing skills and knowledge that can be transitioned into supporting and delivering our Strategic Aim.



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‘Strengthen the UK armed forces resilience to gambling harms through the creation of a supportive and empowering volunteer AFGSN experience’

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Role Description

We are seeking to recruit members of the armed forces community, as we believe they will have the understanding and knowledge of how best to engage with this unique way of life. You will receive free training and benefits, be given a tailored personal development plan and have access to a national network of organisations.



- **AF Community Engagement** – attend events and presentations to help raise awareness of gambling harms and the services of the AFGSN
- **Support** – you will receive training to deliver a brief intervention, based on Make Every Contact Count, and resources to help signpost a person into appropriate support
- **The Legacy Project** – a fantastic community asset building service, that will enable transfer of skills and knowledge to support local and vulnerable communities
- **AFGSN Partner Activities** – we will source volunteer activities across the network to help with your personal and professional development



Role Information

- Service:** Peer Aid
- Title:** Armed Forces Volunteer
- Reports to:** Peer Aid AF co-ordinator
- Based at:** AFGSN region / events
- Hours:** Minimum 8 hours per month (depending on event)
- Training:** CPD certified Armed Forces Volunteer
- Expenses:** Travel and other expenses



For more information or to apply:

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