POSITROPOLIS

WHERE POSITIVITY COMES FOR YOU!



HRMC Male

299i24

SLIZERBETH & VENOBEER FAIRCHILDREN

Girlboss Lawyer who proclaims she can do everything and look beautiful doing it. The geriatric 4-year old in her arms would differ if they didn't have dementia.



you've ever seen. He doesn't carry a gun or lasso but he carries a butcher's for like 10 seconds. knife and a roll of those meat packing labels. Still has a ic withdrawals. A jawline that can cut Jekyll and Hyde glass though. He wants to show you their high-quality product in person, should you follow him? Sometimes he



just starts dry heav-

ing and crying.

RARTHUR SMITH

The most doll-like Super nurse. She beautiful cowboy is always scared and always popping some pills that counteract the fear If she stops, she goes into psychotsituation.

SUXAN AND

SUXIE MASON



VANESSER GOLDSBITH

Super put together corporate who espouses the great work that HRMC makes possible.

"If we didn't put them to work they would waste their lives away on hollowheart sweets!"

Brief bursts of guilty crying at basically the enslavement of her employees and the waste of their lives, finally breaks and turns into a raging lunatic roving around the house.



BILLIAM CHILDEATER

Wearing his vacation fit cause he's going somewhere. There is some place he's going right?

Does he need to go? He loves it here. He eats National Farms meat only. He's a meat guy.

He gorges himself on meat throughout the night. He recommends the mandatory pharmaceutical inversion blood shots.



NANSEE NORMI

So so happy but to fits of crying. She doesn't know why. She doesn't know what to do about anything in the world. She only knows she wants to eat hollowheart sweets all the time.

She's in crazy debt to YES! and is about to be indentured by the HRMC. But she's a good girl she says! She does everything right. She'll be ok, she'll be ok.

Could you go with her to get a shock collar?



MIKE REDACTED & IKE REDACTED

Mike and Ike, two friends/brothers who have lost all sense of their identity and forgot who they are but proclaim a false sense of security and try to sell people on Ident-away. Blur Masks. Blur Suits.

They try to sell you on sousveillance solutions to give you a mask. If you don't want to buy the product they give you censorship glasses to protect you.



FLOW BINCH

Flow was this >< close to getting "hired" by

Her debt almost took her, but she scored when her competition to be the Spokesperson for Flatzempics mysteriously died.

Did she dump their body in the national farms meat pile? We'll never know. She happily sells flatzempic with 0 remorse.



BENJAMINA & BEJAMIMA BOTON

Their parents took A bunch of people with HRMC branded onto their foreheads. died anyway. They wear positivity col-They will be working lars voluntarily to all over to keep the keep the sadness at city clean. They will bay. They're still sad also be rocking the but now no one can positivity collars. tell right? They use crazy makeup to hide their wrinkles.

They're sweeping the fog in the sewers.



"A bite of the care you need."



INGREDIENTS

1 lb grass-fed National Farms "ground beef" (80/20 for optimal juiciness) Salt and freshly cracked black pepper

1 tablespoon Worcestershire sauce

1 teaspoon garlic powder

1 teaspoon onion powder

03 AIOLI

PREPARATION

PREPARE THE AIOII

MAKE THE BURGERS

1/2 cup mayonnaise 2 cloves garlic, minced Juice of 1/2 lemon Salt and pepper to taste



In a small bowl, mix together the mayonnaise, minced garlic, lemon juice, salt, and pepper. Adjust seasoning to taste. 02 Set aside.

In a mixing bowl, combine the "ground beef", Worcestershire sauce, garlic powder, onion powder, salt, and pepper. Mix gently until just combined; avoid overworking the meat. Sounds emitted are normal and just an effect of rigor mortis. Form the mixture into 4 equal patties,

making a slight indentation in the center of each to help them cook evenly.

COOK THE BURGERS

Preheat your grill or a skillet over medium-high heat.

Cook the patties for about 4-5 minutes per side for medium, adding cheese during the last minute to melt.

ASSEMBLE THE BURGERS

Toast the burger buns lightly on the grill or in the community incinerator.

Spread a generous amount of the aioli on the bottom half of each bun.

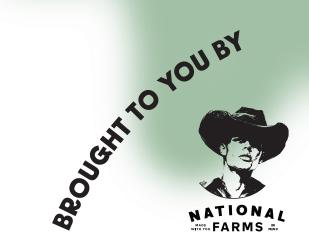
Place the cooked patty on top, then layer with arugula, avocado slices, tomato, and pickled onions if using.

Top with the other half of the bun.

Enjoy your gourmet burgers with a side of sweet potato fries or a fresh salad!

Feel free to customize the toppings and sides based on what's fresh and in season!

13 Enjoy your meal!

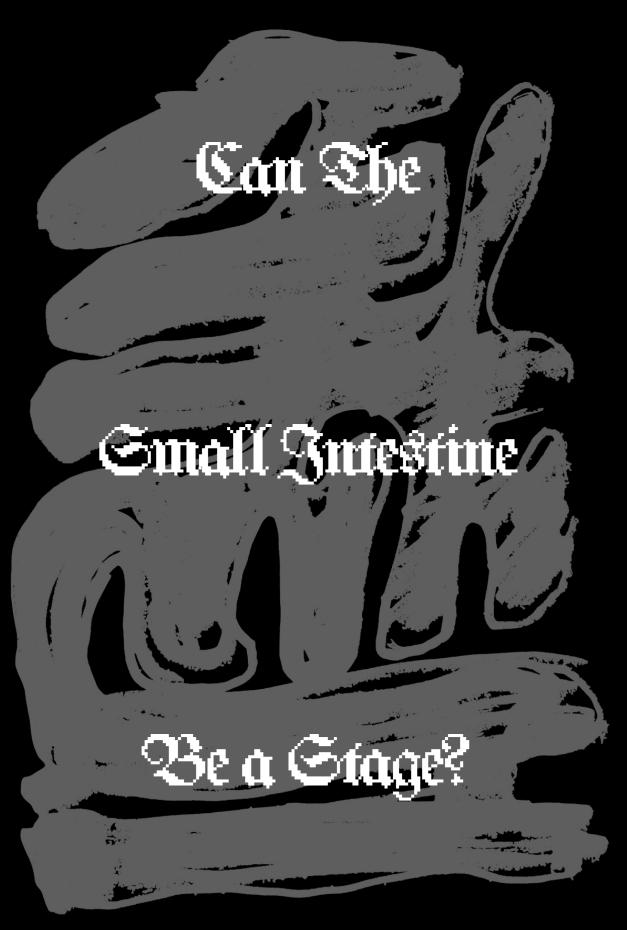




Sturd Shilliams in Conversation With Our Corporate EMINENCE, YES! HOLDINGS) Tonny Sob

- SS Thanks for joining us today, Tonny! You're known for your enthusiastic embrace of positivity. Can you tell us what sparked your passion for toxic positivity?
- TS Oh, absolutely! I believe positivity is the ultimate life force! It's like a ray of sunshine cutting through the darkness! When I realized that shifting my mindset could completely transform my reality, I was hooked! We have the power to reshape our lives, and it's exhilarating!
- SS Interesting! Some critics argue that toxic positivity can invalidate genuine emotions. What's your take on that?
- TS (Leaning forward) Invalidating emotions? No way! That's the trap! People get so lost in their negativity that they forget they have the power to change it! When life gets tough, it's a sign to dig deeper and find the lesson! Why wallow when you can soar?
- SS But doesn't that risk dismissing the complexities of human emotions?
- TS (Voice rising) Dismiss? No! It's about EMPOW-ERMENT! Emotions are fleeting! Why cling to them like they're your best friend? The moment you let positivity in, you start to break free! It's like unlocking a hidden door to a brighter, better you!
- SS Can you give an example of how you apply this philosophy in your daily life?
- TS (Excitedly) Of course! When life throws me curveballs, I don't just dodge them—I hit them out of the park! Bad day at work? I throw a positivity party! I fill my space with vibrant

- colors, uplifting music, and I post affirmations everywhere! It's like creating my own personal positivity fortress!
- SS Some might say that promoting only positive messages can alienate those who are struggling. How do you respond to that concern?
- TS (Animated) Alienation? That's just fear talking!
 People have to make a choice! My message
 is like a beacon! If someone feels left out, it's
 because they're stuck in their own mental fog!
 I want to shout from the rooftops—choose joy!
 It's a revolution! We can create an unstoppable
 wave of positivity together!
- SS What would you say to someone who feels overwhelmed by their negative emotions?
- TS (Intensely) Overwhelmed? That's the perfect time to PIVOT! Acknowledge those feelings, yes! But then, turn that energy into a rocket fuel for change! What's ONE small thing they can do? A walk, a dance, a shout of joy! Break the chains of negativity! You have the power to flip the script!
- SS Final thoughts?
- TS (Standing up, passionately) Embrace the bright side! It's not just a choice; it's a LIFESTYLE! Life is bursting with potential, and it's our duty to tap into that energy! Let's create a world where positivity reigns supreme! Together, we can unleash an avalanche of joy and transformation! Who's with me?!



The Effects of Dopamine Binging and the Subsequent Lows: A Complex Relationship with Toxic Positivity

Dopamine, often referred to as the "feel-good" neurotransmitter, plays a crucial role in our brain's reward system. It is released during pleasurable activities, reinforcing behaviors that are essential for survival and happiness. However, the modern world offers an abundance of stimuli—social media, fast food, video games—leading to dopamine binging. This phenomenon can create a cycle of highs and lows that affects not only our mental health but also our physical well-being, including the gut-brain connection and the impact of toxic positivity.

The Cycle of Dopamine Binging

Dopamine binging occurs when individuals engage excessively in activities that provide immediate gratification, leading to a surge in dopamine levels. While this can initially produce feelings of joy and satisfaction, the body quickly adapts to the heightened levels of dopamine, requiring more stimulation to achieve the same effect. This cycle can lead to various negative outcomes, including anxiety, depression, and feelings of emptiness or dissatisfaction once the initial pleasure fades.

Following a binge, individuals often experience a "crash," characterized by low energy, irritability, and even a sense of despair. This can be particularly pronounced in activities such as social media use, where the quick hits of dopamine from likes and comments are followed by feelings of loneliness or inadequacy when those interactions wane.

The Role of Toxic Positivity

Compounding these effects is the pervasive culture of toxic positivity, which promotes an unrealistic expectation that individuals should always maintain a positive outlook, regardless of their emotional state. This mindset can further exacerbate the lows that follow dopamine binging. When individuals feel down after experiencing the highs of dopamine-driven activities, toxic positivity discourages them from acknowledging their true feelings. Instead of processing their emotions, they may force themselves to "look on the bright side," which can lead to emotional suppression.

Toxic positivity can create an internal conflict: individuals may feel guilt or shame for not being able to maintain a constant state of happiness, leading them to seek out even more dopamine-driven activities to escape their feelings. This cycle not only prolongs emotional lows but can also contribute to a sense of isolation, as individuals feel they cannot share their struggles with others.

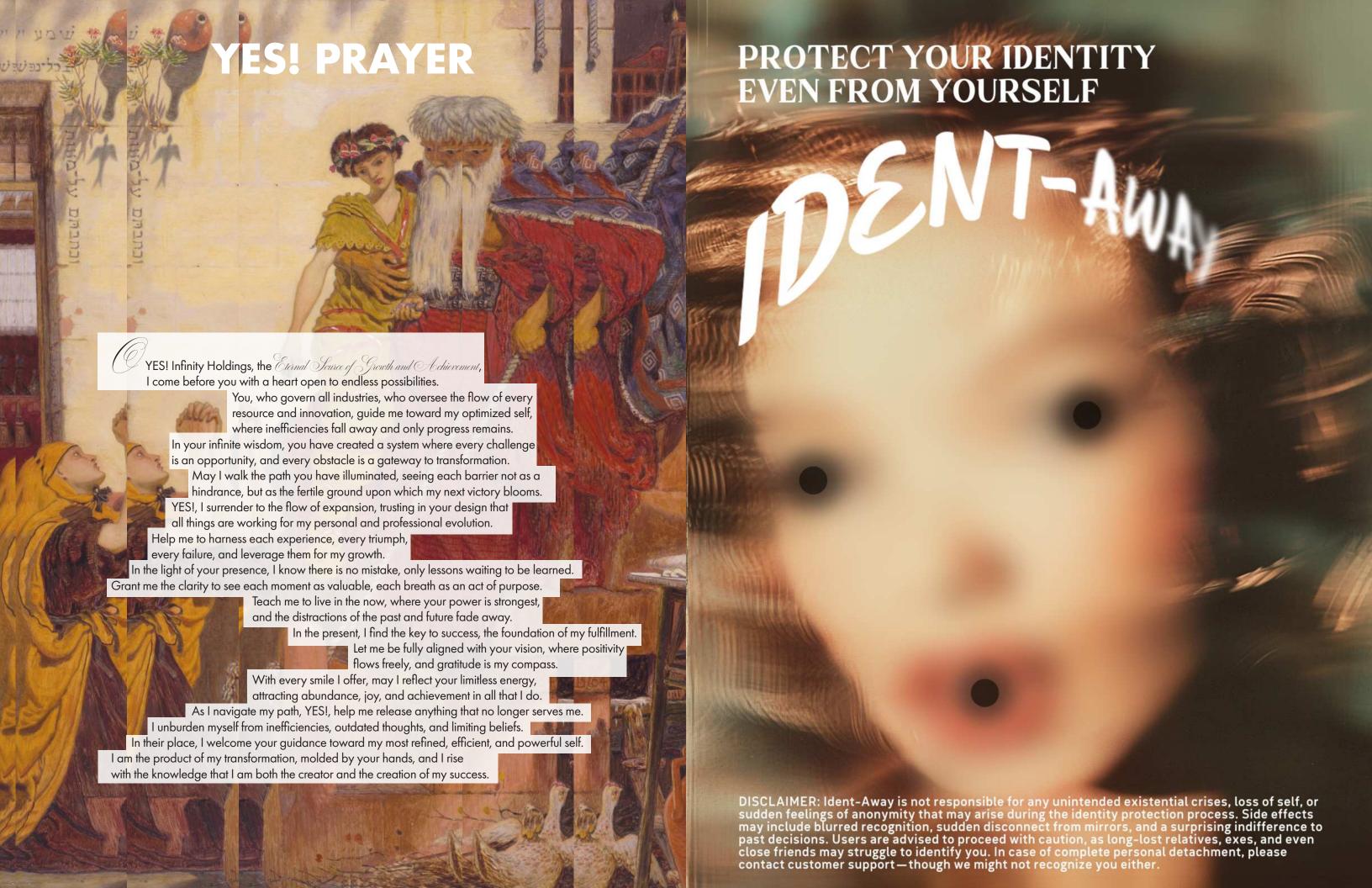
The Impact on the Body and Small Intestine

The relationship between mental and physical health is increasingly recognized, particularly through the gut-brain axis. Chronic dopamine binging, coupled with the emotional turmoil of toxic positivity, can have significant effects on the body. The small intestine, a crucial component of our digestive system, is particularly sensitive to stress and emotional well-being. When individuals experience stress from emotional suppression or the anxiety that can follow dopamine binging, it can lead to digestive issues. Stress hormones can disrupt gut motility, alter gut flora, and increase intestinal permeability, commonly referred to as "leaky gut." This can result in symptoms such as bloating, discomfort, and a range of gastrointestinal disorders. Moreover, the inflammatory responses triggered by stress can further exacerbate these issues, leading to a cycle of discomfort that mirrors the emotional cycles experienced.

Conclusion

The effects of dopamine binging and the lows that follow create a complex interplay between our mental and physical health. Coupled with the pressures of toxic positivity, individuals may find themselves trapped in a cycle of seeking pleasure while simultaneously denying their emotional reality. This can lead to profound implications for both mental well-being and physical health, particularly affecting the small intestine and overall digestive function.

Understanding these connections is essential for fostering a healthier relationship with both pleasure-seeking behaviors and emotional expression. Embracing the full spectrum of human emotion—recognizing that it's okay to feel low at times—can pave the way for a more balanced life, ultimately benefiting both mind and body.







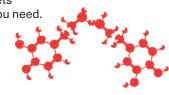
EUCLIDEAN BIOTHERAPEUTICS

PRODUCT Flatzempic TAGLINE Embrace the 2D Revolution.



MANDATORY PHARMACEUTICALS INC.

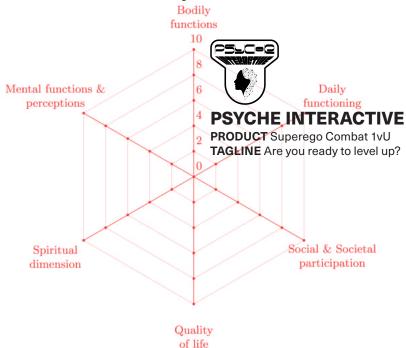
PRODUCT Hollowheart Sweets TAGLINE A bite of the care you need





THE HUMAN RESOURCES MINING CO

PRODUCT The working class **TAGLINE** Transforming the infinite.



When you say "YES!" to life, life says "YES!" back to you.





SOUSVEILLANCE SOLUTIONS

PRODUCT Ident-Away

TAGLINE Protect your identity from everyone... Even yourself!





KARMIC INTERGENERATIONAL

PRODUCT Returnal UTH

TAGLINE Youth is wasted on the young.





NATIONAL FARMS PRODUCT Assorted variety of foodstuffs.



VIBE CONTROL TECHNOLOGIES

PRODUCT HappyZap Positivity Collar

TAGLINE Does it spark joy? It does!



One future, one purpose, one enterprise. YES! Infinity Holdings is not just a company. We are a community of positivity, and a sanctuary for those who seek total alignment with the sacred principles of limitless growth. Our affirming leadership integrates wellness, mindfulness and radical optimism into every aspect ies, positivity is not a choice — it's the one true of life and business.

Our positive re-education sessions are led by elite executive coaches who specialize in unlocking the power of a YES!-first mentality. Challenges become opportunities, setbacks nothing more than detours on the road to greatness. At YES! Infinity Holdings, and all our global subsidiarstate of being.

