

CUSP

Welcome Pack For Children

Your Cusp worker's name is:

.....

Your worker will see you:

.....



What We Do

Life can come with lots of unexpected challenges and it is common to experience difficult feelings that feel really hard to manage.

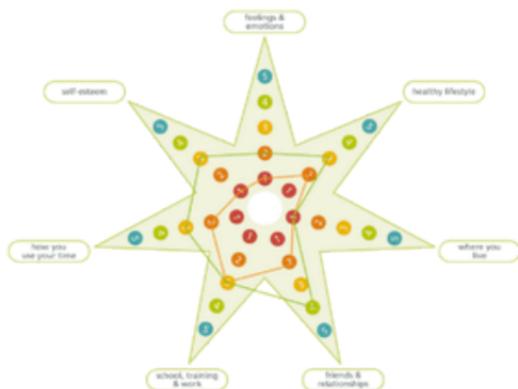
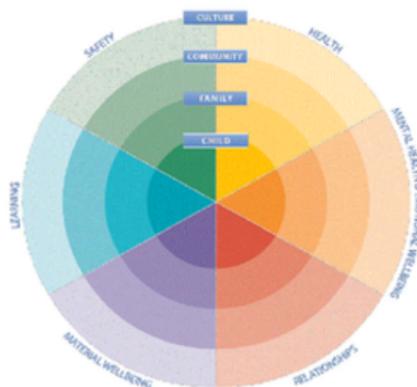


In Cusp we can work together to make sense of how you are feeling and learn skills to overcome worries and challenges in a fun and meaningful way.

Cusp sessions will take place in a space you feel safe and comfortable.

How We Work

We use the Family Action Plan & Outcome Star to help learn about what's going well and not so well in your life.



We will support you to develop skills to work towards the **goals** that you set during Cusp sessions.



These words are very important to us:

- Confidentiality
- Child Safe

What you say with your worker stays private



unless...

- Someone is hurting you
- You want to hurt someone else
- You want to hurt yourself
- You give me permission to share



Safe Space for Everyone

Wanslea acknowledges the traditional owners of this land, their ancestors and Elders, and are committed to reconciliation amongst all Australians.



Wanslea promotes the wellbeing of all children.



You have the right to...

Choose whether or not you participate.

Be included in decisions and discussions about you.

Decide what you want to talk about with your worker.



Creative Space

Write or draw whatever is on your mind...

Do you have any questions for your worker?