

 **Are you experiencing challenges at school or at home?**

BESTIES is a supportive and nurturing program where young people can make new friends, build confidence and develop new skills through a range of creative and fun activities.



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 **GOLDFIELDS**

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BESTIES

Building Friendships,
Confidence & Life Skills

We acknowledge the Traditional Owners of the lands on which we live and work, and pay our respects to Elders past and present.



What will students experience at BESTIES?

At BESTIES, young people (8 to 12 years) will be part of a supportive group where they can connect and grow through:

- Creative and engaging activities
- Team-building exercises
- Guided discussions and reflection
- Social skill development in a safe and fun environment

Each term explores different themes to keep sessions fresh, engaging, and meaningful.

Learn more:



What is BESTIES?

BESTIES is an after-school program that provides a safe and nurturing space to;

- Build meaningful friendships
- Grow self-confidence
- Strengthen emotional wellbeing
- Develop essential life skills

Through guided activities and group connections, young people are supported to feel heard and valued.



Who can join BESTIES?

BESTIES is open to young people aged 8 to 12 years who may be experiencing challenges at school or at home.

We support children who would benefit from:

- Stronger friendships
- Increased confidence
- A sense of belonging

What our BESTIES say

'BESTIES have helped me make more friends, and interact with people more.'

'It's helped me with my ADHD, and it helps me boost my confidence.'

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