



## What is foster care all about?

Foster carers are everyday people who open their homes and their hearts to children who need safety, stability and care. These children are unable to live with their birth families and may have experienced trauma, needing compassion and support to begin to heal.

Foster care can last weeks, months or years, with the goal of safely reuniting children with their families wherever possible.

As a foster carer, you provide more than a home, you offer a sense of belonging. You support a child to grow in confidence, explore their interests, and stay connected to their family, culture and identity, all within a nurturing, therapeutic environment.



# Uplyft.



strong young futures



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We acknowledge the Traditional Owners of the lands on which we live and work, and pay our respects to Elders past and present.

## Foster Care



Small moments.  
Lifelong impact.



## How are foster carers supported?

- 24/7 telephone access to an experienced Social Worker
- A dedicated Family Support Worker providing practical and emotional support
- Training and development
- Regular home visits by Uplyft staff, including
- Care Team Meetings
- Weekly subsidy payments
- Kaartdijin Mia Mia Library with cultural resources

*"Children are loved, listened to and encouraged to express their feelings, opinions and wishes."*



## Who can become a foster carer?

Foster carers provide love, stability and understanding within a safe family environment. They come from all walks of life whether married, single, in a same-sex relationship, separated, divorced or living with a partner. At Uplyft, our foster carers reflect the diverse cultural and religious backgrounds of the communities we support.

You could be a foster carer.

To be eligible, you will also need to:

- Be at least 21 years of age
- Have a stable relationship or living situation (unchanged for the past 12 months)
- Be physically, emotionally and financially stable
- Not have experienced a major illness or trauma in the past 12 months
- Be able to provide a child with their own bedroom

**Learn more:**



## How to get started

If you feel drawn to supporting children and young people who need care and stability, we're here to help you take the first step.

You can submit an Expression of Interest online or speak with our team to learn more, we'll guide you every step of the way.

**08) 9245 2441**  
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