

Do things feel stressful or overwhelming at home?

From establishing your children's routines to managing their behaviour, sometimes small changes can make a big difference.

We have supported thousands of WA families to navigate the everyday challenges of parenting.

Our experienced team can help you to build on your strengths and implement evidence-based strategies that can positively impact your family's health, wellbeing and relationships.



Uplyft. 
strong young futures



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We acknowledge the Traditional Owners of the lands on which we live and work, and pay our respects to Elders past and present.

Children and Parenting Support

In-home support and skill building



How we help

Our practitioners will work with you in your home to build your skills and knowledge.

We can help you to:

- Learn more about the development of your child
- Meet the needs of your growing family
- Strengthen and enhance your relationship with your child
- Learn more about keeping your child healthy, safe and emotionally well
- Create new family routines
- Form a deeper understanding of the importance of play
- Develop positive strategies to guide children's behaviour
- Connect to networks and resources in your community

How to get support

1. Assess your eligibility

This service is available in Cloverdale, Kewdale, Rivervale and Scarborough and is open to parents and carers of children aged 0-12 years. If there are older children in the family, they will not be excluded from the support provided. Please contact us or visit our website to see if Children and Parenting Support is available in your area.

2. Complete an application

If you think you could benefit from this service, you can complete an application form via our website, or contact us to request one.

3. We will contact you

You will receive a response to let you know that your application has been received and our team will be in touch about the next steps. You will also receive further information from us about when and how you can access this service.

4. In home support

Our practitioners will visit you in your home to provide you with information, resources and strategies tailored to your circumstances.

If you require language support, you can request an interpreter by contacting TIS National on 131 450.

