

*Our Lady of Refuge
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Welcome ♦ Bienvenidos

11140 Preston St. Castroville, CA 95012
831-633-4015 ♦ (838) 270-0444

Office Hours: Wed., Thur., Fri., from 9 AM - 12:30 PM & 1:30 PM - 6 PM
Horario de Oficina: Mie, Jue, Vie de 9 AM - 12:30 PM & 1:30 PM - 6 PM

English Mass

Tue. & Wed. - 8 AM
Saturday - 5 PM
Sunday - 8 AM & 10 AM

Misa En Español

Jue. & vie. - 5:30 PM
Sábado - 7 PM
Domingo - 12 PM & 7 PM

**Confessions/
Confesiones**

Fridays/Viernes
6 PM - 7 PM

**Exposition and
Adoration of the Blessed
Sacrament/
Exposición y Adoración
del Santísimo
Sacramento**
Thursday/Jueves
9 AM - 5 PM

Office Staff ♦ Personal de Oficina

Fr. Rodrigo Paredes
fr.rodrico@olorc.org
Pastor

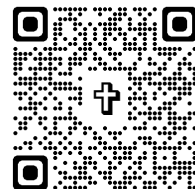
Angel Jimenez
angel@olorc.org
**Parish-Office
Administrator**

Monica Mendoza
monica@olorc.org
Parish Secretary

Sr. Suchita Xalxo
faith@olorc.org
**Director of
Religious Education**

♦ Email: info@olorc.org ♦ www.olorc.org ♦

♦ Facebook: *Our Lady of Refuge
Catholic Church* or scan the QR Code →



August 9, 2026

Nineteenth Sunday in Ordinary Time

1 Kgs 19:9a, 11-13a | Rom 9:1-5 | Mt 14:22-33

Grow:

As I prepared to become a teacher, a professor reminded me that the most effective way to command the attention of a room full of boisterous students is to lower my voice. Matching their volume only adds to the chaos. But approaching with a low, calm voice demands attention due to the contrast in volume. Prior to the scene in which Elijah encounters God on Mount Horeb, he was fleeing for his life. He was distraught. Likewise, in the Gospel the Apostles were in distress as they were tossed about on the sea. Chaos, anxiety, and distress are unfortunately all too common experiences. But God breaks through our worries and brings peace. God speaks to Elijah in a whisper. Christ walks calmly toward the disciples in the rocking boat. God doesn't match the chaos and the volume of our broken world. When Christ says, "Peace be with you," it is a genuine extension of peace to our weary souls from the Prince of Peace. The challenge for us comes in finding the quiet to experience the peace that Christ offers.

Go:

Doing the work of God does not mean that we always have to get louder. Proclaiming the Good News may mean that our words grow softer while the gentleness and peace from the Spirit become more visible. I find it interesting that as the crowds are dispersing and the Apostles are getting into a boat, Jesus finds a spot of solitude to pray. All too often in my own ministry, I see the tasks that need to be completed and disregard my own need for solitude. But it is in this quiet that we hear the voice of God that gives life to ministry and that guides us in the path of holiness. God will not add chaos to the world – peace is in his nature and he cannot act contrary to his nature. And so in the midst of our busyness and brokenness, God lowers his voice and calls us to attention.

Recently Deceased ♦ Recién Fallecidos

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. *May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

Concédeles Señor el descanso eterno, y brille para ellos la Luz Perpetua. Que descansen en paz, **Así sea.**

♦ **John O'Brien**

Mass Intentions / Intenciones de Misa

SATURDAY/SÁBADO ♦ August 8 de agosto, 2026

5PM: Lisa Brom (SI), Carmen Campos Muñoz (†)

7PM: Adrián Perea (IE), Angelica Ramirez Vega (IE), Arturo Gómez Flores (IE), Carmela Lopez Sanchez (IE), Diana Bonifacio Lopez (IE), Javier Ramirez Duran (IE), Juan Ramirez (IE), Polonia Gómez (IE), Raúl Chávez Mendoza (IE), Rodrigo Bonifacio Ortiz (IE), Edgar, Elizabeth y Yaritza Lopez (IE), Javier, Jeremias y Tadeo Ramirez (IE), Francisco Bobadilla (†)

SUNDAY/DOMINGO ♦ August 9 de agosto, 2026

8AM: Rafael Jimenez (B)

10AM:

12PM: Lety Zavala (C), Adriana Perea (IE), Paul Dissi Puscas (IE), Jasmin y Janet Cisneros Maravilla (IE), Edgar, Elizabeth y Yaritza Lopez (IE), Familia Maravilla (IE), Familia Rocha (IE), Familia Sanchez Molina (IE), Carlos Ramirez (A†), Jesus Ramirez (A†), Eliseo Molina (†), Francisco Bobadilla (†), Jesus Melgoza (†), Mikhail Andy Rocha Maravilla (†), Margarita Ramos (†)

7PM: Ashley Aparicio (IE), Renee Vasquez Rivera (IE), Rosaelia Salazar (IE), Eugenia y Hector Basurto (IE), Elisa Dylan, Elias y Isabella Perea (IE), Marcos Hernandez (†), Margarita Perez (†), Rutilio Gómez (†)

TUESDAY/MARTES ♦ August 11 de agosto, 2026

8AM:

6PM: Eucharistic Minister training

WEDNESDAY/MIÉRCOLES ♦ August 12 de agosto, 2026

8AM:

7PM: Entrenamiento para Ministerio de Eucaristía

THURSDAY/JUEVES ♦ August 13 de agosto, 2026

5:30PM: Fidela Diaz Basurto (IE), Modesta Ramirez (IE), Oscar Perea (IE), Jesus y Patricia Rocha Hernandez (IE)

FRIDAY/VIERNES ♦ August 14 de agosto, 2026

5:30PM:

6PM: Confessions / Confesiones

A: Aniversario/Anniversary

B: Birthday

C: Cumpleaños

M: Matrimonio/Matrimony

IE: Intención Especial

SI: Special Intention

†: Difunto/Deceased

Student's Prayer ♦	Oración del Estudiante
Come, Holy Spirit, Divine Creator, true source of light and fountain of wisdom! Pour forth your brilliance upon my dense intellect, dissipate the darkness which covers me, that of sin & of ignorance. Grant me a penetrating mind to understand, a retentive memory, method and ease in learning, the lucidity to comprehend, and abundant grace in expressing myself. Guide the beginning of my work, direct its progress, and bring it to successful completion. This I ask through Jesus Christ, true God and true man, living and reigning with You and the Father, forever and ever. <i>Amen.</i> 	Oh Dios, fuente de la sabiduría Principio supremo de todas las cosas. Derrama tu luz en mi inteligencia y aleja de ella las tinieblas del pecado y de la ignorancia. Concédeme penetración para entender, Memoria para retener, método para aprender, lucidez para interpretar y expresarme. Ayuda el comienzo de mi trabajo, dirige su progreso, corona su fin, por Cristo Nuestro Señor. <i>Amén.</i> 
Religious Education ♦	Educación Religiosa
✚ <u>Catechism Sacrament registrations</u> Is your child ready to receive their First Holy Communion or Confirmation? Are you or someone you know interested in preparing for Baptism, First Reconciliation, or Marriage? We welcome children, teens, and adults who are ready to begin their journey of faith and deepen their relationship with Christ through the sacraments. <u>Sacraments offered:</u> * Baptism (Children over 7 years old & adults) * First Holy Communion * First Reconciliation * Confirmation Registration Dates: August 8 & 9, 2026 Time: from 9AM - 2PM Place: Parish office. If you have any other questions please call us or contact Sister Suchita for more information at <i>Faith@OLORC.org</i>	<u>Inscripciones de Catecismo para Sacramentos</u> ✚ ¿Está su hijo(a) listo(a) para recibir su Primera Comunión o Confirmación? ¿Usted o alguien que conoce está interesado en prepararse para el Bautismo, la Primera Reconciliación o el Matrimonio? Damos la bienvenida a niños, adolescentes y adultos que estén listos para comenzar su camino de fe y profundizar su relación con Cristo a través de los sacramentos. <u>Sacramentos ofrecidos:</u> * Bautismo (niños mayores de 7 años y adultos) * Primera Comunión * Primera Reconciliación * Confirmación Fechas de inscripción: 8 y 9 de agosto, 2026 Hora: de 9AM - 2PM Lugar: Oficina parroquial. Si tiene alguna otra preguntata no dude en contactarnos o comunicarse con la Madre Suchita a <i>Faith@OLORC.org</i>
Extraordinary Minister Training ♦	Formación para Ministros Extraordinarios
Extraordinary Ministers of Holy Communion Training If you feel God's call to assist during Mass, now is the time to step forward. We invite both current and new Extraordinary Ministers of Holy Communion to join us for a training session on Tuesday, August 11 at 6pm. 	Formación para los Ministros Extraordinarios de la Sagrada Comunión Habrà una sesión de formación y entrenamiento para los Ministros Extraordinarios de la Sagrada Comunión, actuales y nuevos, el miércoles 12 de agosto a las 7:00 p.m.
Weekly collection ♦	Colecta semanal
July 25 & 26 de julio, 2026 AMA Collection	TOTAL: \$ 5,879.00 TOTAL: \$11,301.38

Lisa Brom

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