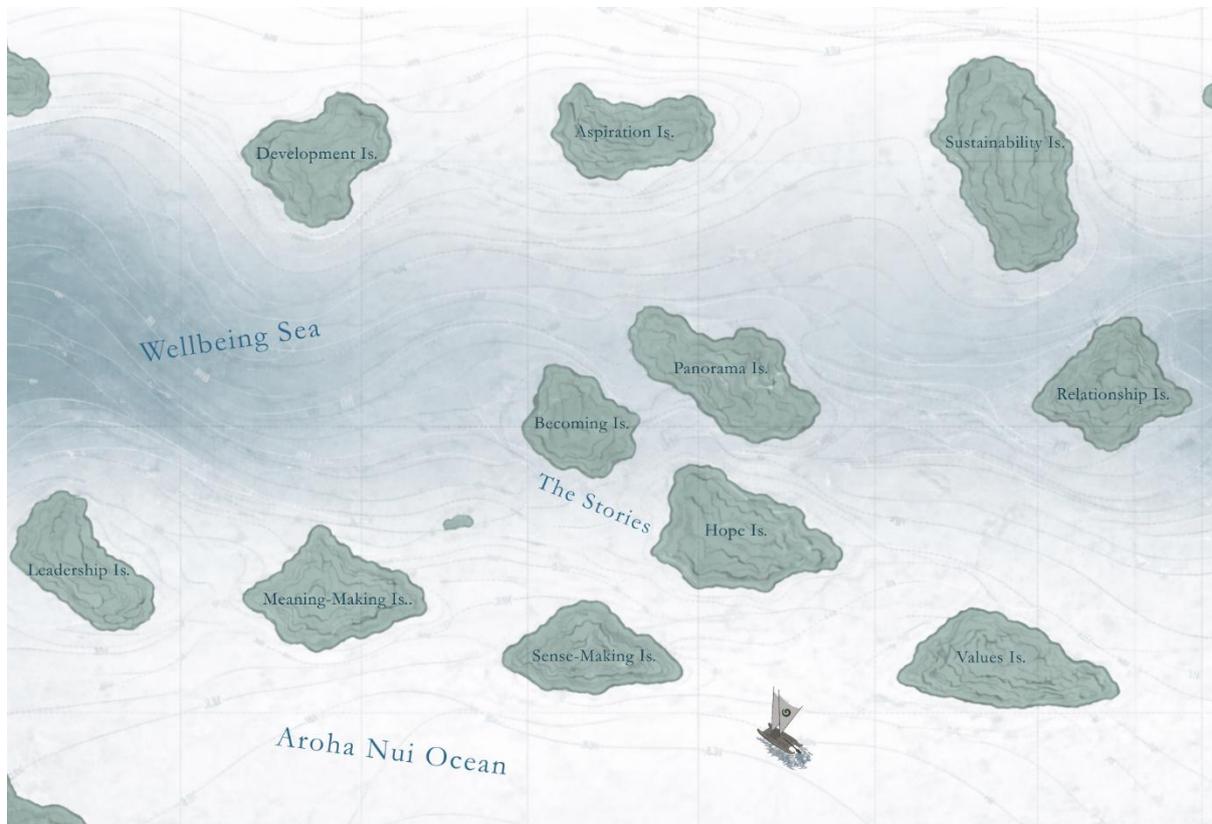


## Career Wayfinding

Metaphors are useful to reflect on life-career and to help you see your career as a navigable journey. We use the big idea of wayfinding as a framework that invokes systems guiding people on physical or metaphorical journeys, including career journeys.

Read on to discover more about the islands and take your own Wayfinding journey with us across Aroha Nui Ocean and Wellbeing Sea.



## **Sense-making Island**

Multiple spaces on this island allow you to *huritao*/contemplate, clarify, and reflect on what you need to continue your career journey.

When navigating on the ocean, you rely on winds and currents, but we invite you to be surrounded by calm and stillness on this island. Give yourself permission to pause here and return as often as you need to replenish your *kete*/basket of nourishment.

## **Values Island**

On this island we invite you to explore the meaning, purpose, or *why* of your career journey.

In addition to reaching out for support, an essential step in any career plan involves a checkup on the values that are most important in life and work. We know people are more likely to feel satisfied and happy when the strands of working life and personal values are in alignment.

## **Relationship Island**

On this island we pause to notice the people and communities that shape our lives and careers.

As you explore Relationship Island, we invite you to reflect on the communities and connections that hold you, challenge you, and influence you. How might you nurture

the relationships that truly matter as you continue forward on your career-life journey?

## **Sustainability Island**

Sustainability Island is where we invite you to reflect on what sustains you now and into the future.

Sustainability is woven into every aspect of our lives, including your career journey. It invites us to take an active role in our lives, fully aware of how our decisions now shape our present and future, sustaining ourselves, those around us, and the world as it evolves.

## **The Stories**

The Stories are a closely connected cluster of islands, where you can explore the idea of your career as a story of your lifelong journey.

We invite you to linger here to reflect on how you might express your journey in your own voice with your own style, as we set out to do with naming our individual story islands: Belonging, Hope, and Panorama. What name would you like for your Story Island?

## **Aspiration Island**

When you navigate to and spend time here on Aspiration Island you are in a state of positive expectation.

Aspirations are about conceptualising your preferred

future and gaining clarity about who you are becoming and who you want to become.

## **Development Island**

This island is the place you land when prompted by a burning question or inquiry that signals the need to learn and develop. What capabilities do I need to develop to sustain my career? How do I cope with the challenging situation I'm in at work? How do I write a compelling application to increase the likelihood of being shortlisted for an opportunity?

## **Leadership Island**

Just as everyone has a career, everyone can grow their leadership skills. Whether you're an aspiring leader, leading a team, a project, or simply your own decisions, this Island invites you to discover and strengthen the leadership capabilities that shape your career journey — in any context, at any stage. Developing the skills of self-leadership enables you to better navigate your career.

## **Meaning-making Island**

Meaning-making is a reflective process that gives clarity to your journey of becoming.

Career journeys are not linear. There are times when you will need additional tools and support to manage life's challenges, whether the change is welcome or

unwelcome. Keep in mind the broad context for your career and the trends that may affect finding meaning in your career.

We welcome your enquiries about Career Wayfinding. Get in touch with us on [connect@thecdc.nz](mailto:connect@thecdc.nz)