

Sibling Snail Trail Support Kits

Featuring

The Twists and Turns of the Sibling Snail Trail

by Meaghann Weaver & Lori Weiner

Because Siblings Need Support, Too

When a child has complex medical needs or a serious illness, the entire family is affected including young siblings. They may:

- have questions, worries, or big emotions that they cannoty easily express
- develop misconceptions or carry unspoken fears
- feel confused, overlooked or left out.

Books and creative outlets can offer a safe, age-appropriate way for children to make sense of what is happening, recognize their feelings, and start important conversations with the adults who care for them.

Based on a story created by experts

The Twists and Turns of the Sibling Snail Trail was written by Dr. Meaghann Weaver, a pediatric palliative care physician and researcher, and Dr. Lori Wiener, a social worker and behavioral scientist who share decades of experience supporting children and families facing serious illness. Their book draws from common themes from their extensive work in pediatric serious illness, sibling support, coping, grief, and family communication.

About the book from the authors:

When Sage's sister becomes sick, everything feels confusing. Guided by a wise turtle, Sage travels the magical Sibling Snail Trail and meets new friends who share their own stories of having an ill sibling. With each twist and turn, Sage discovers comfort and courage and learns the true meaning of being a good sibling.