

Wren Nicolardi (any pronouns) Rivers to Ridges:

Dànnch'e?

Questions:

Please always type your questions in the chat; we will note them down and either address them today or by email.

We appreciate good questions, so please keep them coming.

Zoom Name

Update your Zoom name to include information about how you'd like to be addressed.

Mic & Camera

Please mute yourself, and feel free to turn off your camera if you prefer.

Media Release

We will be recording sessions for internal use.

If you have not filled out your media release, there will be a copy in your personal LPR Model Winter 2026 Cohort folder.

Recordings will be uploaded by the weekend after each session.

Colin Arlt: I am going to eat some food quick and am going to talk when appropriate that's for sure. 😊

Wren Nicolardi (any pronouns) Rivers to Ridges:

Sarah A.

Cindy A.

Colin A.

Megan B.

Kianna B-H.

Michelle B.

Bryce B.

Maylinda B-H.

Sage B.

Heide C.

Christine C.

Jo-Mary C.F.

Jac C.

Raphaëlle D.

Shayla D.

Levi D.

Cory F.

Cory G.

Riya G-McP.

Céline G.
Melanie H.
Joanna J.
Angela J.
Michael J.
Raelina J.
Bradley J-M.
Lisa L'H.
Megan L.
Katherine L.
Kyanna L-D.
Ashley M.
Patrick McN.
Katie McP.
Bêlit P.
Tammy R.
Jade R.
Linnéa R.
Emma S.
Manisha S.
Jay T.
Kristy T.
Jacob V.
Humaira W.
Kristin W.
Jonathan Y.

Sydney Kuppenbender: Thank you [Melanie] for taking time away from your family on vacation to be with us!

- **Melanie Harding - SRRB:** I am so happy to be here!! 😊

Joanna Jack (she/her): Hi everyone, sorry I am late! My outlook account translated the time incorrectly in my calendar

Colin Arlt (Buffalo Guy): Daaaaaang

Colin Arlt (Buffalo Guy): What a bunch of legends

Colin Arlt (Buffalo Guy): I didn't mention cause reasons but here is what I am doing for work. If this resonates with you please email me at Colin@nciaf.ca
<https://www.smallfarmcanada.ca/news/prairie-bison-get/>

Katherine Lawless: I'm sorry, I was distracted and forgot to say my ancestry and what I do! I grew up in Hamilton, Ontario (now live in Calgary, Treaty 7) and I'm of Irish, Scottish, and Welsh

heritage. I work with communities in Ontario, Alberta, and Yukon on climate change, environment, human-soil relations, striving to create more habitable futures. My two children, Niko (9) and Annika (6), will be joining in the background. Mahsi Cho!

Wren Nicolardi (any pronouns) Rivers to Ridges: I also forgot to say my ancestry. Italian on my father's side (Silletti and Nicolardi are names I carry). And Irish, Scottish, German on my maternal side (Emerick and McCallum are names I carry).

Patrick Mc Namara: I also forgot to say that I am from Celtic and Germanic ancestry (Alsace) - plus my father's ancestry are the "black Irish" who are a nomadic tribe from North Africa... which is why I am part of the people who move all over the place.

Kristy Todd: I forgot to say so many things 😊 my Cree name kamamakos (butterfly) was given to me by my late mooshum as we moved so much and I am a busy body, my mother is from Stanley Mission and I am a member of the Lac La Ronge Indian Band.

Colin Arlt (Buffalo Guy): I can't access the folders yet sadly

- **Sarah Abbott:** same
 - **Wren Nicolardi (any pronouns) Rivers to Ridges:** I have resent the invite link to you both!

Maylinda: I was curious about the intellectual property protection of the projects we will create 😊 Can you tell us how we can ensure of it.

- **Wren Nicolardi (any pronouns) Rivers to Ridges:** Great question. If you would like to protect the content of your project, you can create a secure folder and invite ONLY info@respectcareshare.ca to see your work. We will only share general impact measurements in our final report to the Government of Canada, and no specific names or details of your work unless we've made a plan together.

Kristin Walsh (she/her) - Sturgeon County: I can't seem to find the media release - would you be able to remind us where that is? (It's not in my folder)

Patrick Mc Namara: Could we do our project with another person in the course... or is it only an individual project?

Linnéa: The Impact Project Workbook is a PDF and I don't seem to be able to write in it. How would you like us to complete the assignments?

- **Sarah Abbott:** Is it possible you have a Word Doc version of the Project Workbook?
 - Linnéa: The version in my folder is a PDF. So, if you could send a DOCX or some other accessible document, that would be great.

Wren Nicolardi (any pronouns) Rivers to Ridges: An important note: This course will not teach you how to facilitate the Land and Peoples Relationship Model. If you are looking to have

the Model facilitated by Copper, please reach out to info@respectcareshare.ca. This course will showcase how the Model can create impact through collaborative planning, Copper's teachings, and general guidance on working alongside Indigenous communities. Your project will hopefully be impacted by the concepts being shared within the cohort learning space.

Sydney Kuppenbender: The video of the Canada jays Copper is referring to is on social media. follow us @landandpeoplesrelationship on IG and Land and Peoples Relationship Model on FB and LinkedIn

Takeaways from Session 1

- Linnéa: That it's about living WITH the land, not surviving on it.
- Megan Bailey: The community building that this model can support is really beautiful.
- Riya (They/She): Excited to see all of the Interconnection across turtle island
- Patrick Mc Namara: Feeling connected...
- Maylinda: policies guiding our governments VS our governments leading our policies
- Kianna Bear: I feel refreshed! The space is full of beautiful light and light! Blessed to be here 🧡☀️
- Colin Arlt (Buffalo Guy): Our more than human relatives have been speaking to us forever and it feels like we are finally listening again
- heidi (she/her/they): Relationship building (with All Voices) as the way, vs. thinking we can decolonize
- ashley: relationship building is the key
- Joanna Jack (she/her): The difference between looking to decolonize vs. working from a traditional way really resonated
- Jacob Vickery: Copper, I loved that you talked about the importance of humour in storytelling in your video. Laughter and memory are so connected, thank you for the reminder. Maarsii.
- Emma Seward (she/her): Feeling connected and thinking about future generations
- Kyanna Dolphus - Lennie - SRRB: How we can have the best of both worlds and how each side is beneficial
- Manisha Singh (SRRB): This session showed how we can make decisions that honor the land, all its beings, and the wisdom around us, while helping us think carefully about the impact of our actions.
- Christine Creyke: Relationship with Land and one another; so many similarities coast to coast
- Bêlit Peters: having a safe space to share and learn traditional knowledge
- Raelina: Bringing a voice to the table for those that cannot speak, and having an empty chair for them as a symbol that they still need to be there to be considered
- bryce bekar: Responsible for passing on my life's learnings with the land to others
- Melanie Harding - SRRB: It is comforting to remember there are so many of us who are drawn to doing our work in a good way! <3
- Raphaëlle Dancette: Speaking from our own personal experience. Let's get intimate ;P !

- Levi Denny: We are all knowledge holders and storytellers, we each have the ability to tell a story in our own way
- Patrick Mc Namara: Takeaway: the project can be used in my work of multi-stakeholder collaboration...
- Katie McPherson: Gratitude Copper, for your patience and belief in each of us; a sense of relief, calm and confidence to be doing this in connection with so many others.
- Cindy Allen: Mother Earth has a voice if you are listening and paying respect, caring and sharing with her in a good way.
- Tammy Riel (she/her): Coming out of the Christmas busyness and the low-light days of January, today's sharing genuinely lifted my energy and reminded me why this space matters. It left me feeling grounded, encouraged and excited about what is ahead.
- Kristy Todd: Coppers words inspires reflection
 - Kianna Bear: feels like medicine! ❤️
- Jade Robinson (She/Her): not sure how to put it into proper words but this space feels like at home, or familiar .. like as if walking on the land ? its nice to find this space to learn in.
- Cory Fournier: I'm excited to see and plan together through many different lenses
- Sarah Abbott: Listening to nonhuman kin changes everything. ❤️