

WHAT DOES IT TAKE TO BUILD A FAMILY THAT THRIVES?

如何建立一個幸福的家庭？

You Asked For It – 2025

你要求的” 系列

1. Love Your Spouse

愛你的配偶

- a. Thriving families know the best gift you can give your kids is a great relationship with your spouse.

幸福美滿的家庭都知道，能給孩子最好的禮物就是與配偶建立良好的關係

Ephesians 以弗所書5:21-22, 25

Submit to one another out of reverence for Christ. Wives, submit yourselves to your own husbands as you do to the Lord... Husbands, love your wives, just as Christ loved the church and gave himself up for her.

又當存敬畏基督的心，彼此順服。你們作妻子的，當順服自己的丈夫，如同順服主。你們作丈夫的，要愛你們的妻子，正如基督愛教會，為教會捨己。

Matthew 馬太福音 19:5-6

‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh’? So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.

並且說：因此，人要離開父母，與妻子連合，二人成為一體。這經你們沒有念過麼？既然如此，夫妻不再是兩個人，乃是一體的了。所以，神配合的，人不可分開。

2. Just Show Up

直接的出現

- a. Thriving families know you need to show up for each other with your attention and affection.

幸福美滿的家庭知道 你需要用 你的關注和愛來互相支持。

- i. Attention – spend time together on purpose.

關注 - 有目的地花時間在一起

- ii. Affection – use your words and actions to communicate how you feel.

情感/愛 - 用你的言語和行動來表達你的感受。

1 Timothy 提摩太前書 5:8 (NIV)

Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever.

人若不看顧親屬，就是背了真道，比不信的人還不好，不看顧自己家裡的人，更是如此

3. Cultivate Your Village

培育你的村莊

- a. Thriving families know you will have little success alone.

幸福美滿的家庭知道，單憑自己是無法取得成功的

Proverbs 箴言 17:6

Grandchildren are the crown of the aged, and the glory of children is their fathers.

子孫為老人的冠冕；父親是兒女的榮耀

4. Stay Future-Focused

保持對未來的關注

- a. Thriving families know that later is longer.

幸福美滿的家庭知道 越晚越好

Proverbs 箴言 22:6

Train up a child in the way he should go; even when he is old he will not depart from it.

教養孩童，使他走當行的道，就是到老他也不偏離

Ephesians 以弗所書 6:4

Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

你們作父親的，不要惹兒女的氣，只要照著主的教訓和警戒養育他們

5. Keep Jesus Central

以耶穌為中心

- a. Thriving families know that faith isn't just another thing, it's everything.

幸福美滿的家庭知道信仰不只是一件事，而是一切

Joshua 約書亞記 24:15

But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord.

若是你們以事奉耶和華為不好，今日就可以選擇所要事奉的：是你們列祖在大河那邊所事奉的神呢？是你們所住這地的亞摩利人的神呢？至於我和我家，我們必定事奉耶和華

Deuteronomy 申命記 6:5-7

Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

你要盡心、盡性、盡力愛耶和華—你的神。我今日所吩咐你的話都要記在心上，也要殷勤教訓你的兒女。無論你坐在家裡，行在路上，躺下，起來，都要談論。

Today's "Big Idea"...今日主旨

Thriving families are built, not found.

幸福的家庭是建立起來的，而不是找到的