



National Assistance Card

A personalised communication tool for Autistic people and people with brain injury



The National Assistance Card is a support tool to help people feel more confident telling others about the help they need in everyday and emergency situations.

Cardholders can use the Card to tell you about their unique areas of difficulty when they feel overwhelmed, confused, unsafe, or they need more support.

For example, someone might want to tell you they need extra time to do a task.



The Card has important information

This includes:

- Information about who you can contact on their behalf
- Things about a person that might impact them, like communication, balance, memory, sensory overload and fatigue
- A QR code that can be scanned for more personalised written or video information about how to support them.



What to do when you are shown the Card

If you are shown a National Assistance Card, you should:

- Read the card and ask the cardholder how you can help them
- Be friendly and respectful
- Use clear, plain language (you do not need to be loud and slow)

If asked or needed, you can:

- Scan the QR code to find out more about the cardholder and how you can help
- Call the cardholder's contact person
- Help to contact emergency services (e.g., police or ambulance).

NATIONAL ASSISTANCE CARD®

Your understanding and assistance is appreciated

First Name Last Name
they/them

DOB: 17/04/1986

I am a stroke survivor
I also have other disabilities and/or conditions

I may need understanding or support with:

- Coordination difficulties
- Difficulty standing for long periods
- Memory difficulties
- Being non-speaking
- Slow response time

My nominated contact person
Full name
Phone number

Scan to understand my needs

Police Assistance Line: 131 444
www.nationalassistancecard.com.au



Calling all businesses, organisations and service providers!

It's important you are National Assistance Card-aware so you know what to do when shown the Card.

Your support will help to create a more inclusive society.

Find out more or apply at
www.NationalAssistanceCard.com.au

