



# Community Resource Guide

Updated August 2025



## The Washington State Developmental Disabilities Council

Website: [www.ddc.wa.gov](http://www.ddc.wa.gov)

The Washington State Developmental Disabilities Council (DDC) advocates for better services, policies, and opportunities for people with developmental disabilities and their families. Established in 1976, the DDC is an independent, federally funded organization guided by the Developmental Disabilities Assistance and Bill of Rights Act of 2000. The Council is made up primarily of people with developmental disabilities, their families, and representatives from state agencies, universities, and advocacy groups like the DD Ombuds, all working together to promote inclusion, independence, and community awareness. In addition to advocating for stronger systems, the DDC provides leadership training, advocacy tools, and statewide collaborations to help people build skills, navigate services, and influence positive change. By drawing on the voices and expertise of its diverse membership, the Council works to expand awareness of available supports and strengthen disability services statewide.

**Download resources from the Washington State Developmental Disabilities Council:**

Informational Pamphlet

2025 Community Impact Report



## National Leadership Consortium on Developmental Disabilities (NLCDD)

Website: [www.natleadership.org](http://www.natleadership.org)

The National Leadership Consortium helps leaders in the disability field strengthen their knowledge and skills to advance best practices in services and supports. Through publications, training, and research, they bridge the gap between evidence-based approaches and real-world implementation. With support from the Washington State Developmental Disabilities Council, NLCDD conducted a statewide study of people with co-occurring disabilities and behavioral health needs, including surveys, interviews, and focus groups. The final report outlines key findings and recommendations to guide professionals, advocates, and policymakers in shaping stronger systems of care.

**Download resources from the National Leadership Consortium:**

**2024 Report: Co-Occurring Support Needs**

**Infographic: Differences Between Disability and Mental Health Services Accessibility**

**Infographic: Historically Underserved People with Co-Occurring Support Needs**



## Washington Initiative for Supported Employment (Wise)

Website: [www.gowise.org](http://www.gowise.org)

Since 1985, Wise has worked to advance meaningful employment opportunities for people with intellectual and developmental disabilities. As leaders in training and technical assistance, Wise supports inclusive workplaces in Washington and across the nation. Their Wise Learning Center offers free access for Washingtonians to on-demand and live training on employment, community inclusion, advocacy, positive behavior support, and other disability-related topics.

**Download resources from Wise:**

**Wise Learning Center Registration**



## Youth and Young Adult Housing Response Team (YYAHRT)

**Website:** <https://dcyf.wa.gov>

The Youth and Young Adult Housing Response Team (YYAHRT) is a statewide rapid response program for young people ages 12-24 exiting publicly funded systems of care who are homeless or at risk of homelessness. YYAHRT brings together youth, families, care providers, and case managers to plan transitions into stable housing. While the program does not directly provide services, it connects people with supports, guidance, and resources through multi-agency collaboration.

**Download resources from YYAHRT:**

[YYAHRT Office Hours](#)



## Kids' Mental Health WA (KMHWA)

**Website:** [www.kidsmentalhealthwa.org](http://www.kidsmentalhealthwa.org)

Kids' Mental Health Washington (KMHWA), formerly the Youth Regional Behavioral Health Navigator Program, connects K-12 youth with complex mental and behavioral health needs to the supports that help them live and thrive in their communities. Through a partnership with the Health Care Authority and Developmental Disabilities Community Services (DDCS), regional KMHWA teams bring together schools, child welfare, justice, healthcare, and other systems to ensure no one system has to act alone. They coordinate steering committees, maintain resource directories, and facilitate referrals, offering multidisciplinary planning and ongoing support tailored to each youth. Their work prioritizes youth with intensive service needs to expand access and improve outcomes statewide.

**Download resources from KMHWA:**

[Use the map to find your local KMHWA team](#)

[Youth Regional Behavioral Health Navigation Services](#)



## NextGen Synergy

**Website:** [www.nextgensynergyhub.com](http://www.nextgensynergyhub.com)

NextGen Synergy is a nonprofit platform that acts as a community care hub, bringing together providers, families, self-advocates, clinicians, and policymakers to co-create lasting solutions for people with intellectual and developmental disabilities (IDD) and co-occurring mental health conditions. By connecting the dots between people, systems, and solutions, they work to expand knowledge, skills, and clinical capacity across the field. Through Echo learning partnerships, Impact Teams, and workforce development grants, NextGen builds trauma-informed, person-centered supports while driving system change to break down silos.

**Download resources from NextGen Synergy:**

[NextGen Synergy One Pager](#)

[About NextGen Synergy](#)

[Provider Associations](#)

## Open Road Inclusive Community Consulting

**Website:** [www.openroadicc.com](http://www.openroadicc.com)

Open Road Inclusive Community Consulting helps human service organizations fulfill their mission by strengthening programs, supporting teams, and improving community engagement. Their work includes consultation, project management, technical assistance, and professional development with a focus on program evaluation, policy analysis, trauma-informed practices, and workforce wellbeing. Open Road also provides specialized services that help organizations translate research into best practices, develop new leadership skills, and create long-term plans for continuous improvement.

**Download resources from Open Road Inclusive Community Consulting:**

[Tools & Resources](#)



## Seattle Children's Alyssa Burnett Adult Life Center

**Website:** [www.seattlechildrens.org](http://www.seattlechildrens.org)

The Alyssa Burnett Adult Life Center offers lifelong learning opportunities for people 18 and older with autism and developmental disabilities. Participants can build on their strengths, grow independence, connect with peers, and take part in the larger community in meaningful ways. The Center provides a wide range of classes throughout the year—from art and music to health, fitness, recreation, and life skills—taught by experts with support from on-site behavior specialists.

**Download resources from Seattle Children's:**

[ABC One-Pager](#)



## Washington 211

**Website:** [www.wa211.org](http://www.wa211.org)

Washington 211 is a one-stop connection for people to find local help with basic needs like food, housing, childcare, crisis support, elder care, and more. By calling 211 or visiting their website, people can access a searchable database of services that includes behavioral health and developmental disability supports. Washington 211 helps connect individuals and families directly to programs in their community, reducing barriers and making resources easier to find.

**Download resources from Washington 211:**

[Infographic: How 211 Works](#)

[Search Our Articles](#)

[View Service Requests by ZIP Code](#)



## The Arc of King County

Website: [www.arcofkingcounty.org](http://www.arcofkingcounty.org)

The Arc of King County has been serving individuals with intellectual and developmental disabilities and their families for decades, helping them navigate systems, secure resources, and advocate for their rights. The organization provides 1:1 support, family education, classes, and supported living services, and also works to improve systems and policies when they aren't meeting community needs. In addition, The Arc runs public policy and civic engagement programs that educate families on emerging issues, civil rights, and ways to engage in legislative advocacy.

### Download resources from Arc of King County:

Resource Guide (English)

Recursos

Advocacy Newsletter

Supporting Inclusive Learning

The Arc Legacy Center at Connection Angle Lake,  
inclusive housing & supportive services



## DSHS DDCS (Developmental Disabilities Administration)

Website: [www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda)

The Developmental Disabilities Administration (DDCS), part of Washington State DSHS, oversees home and community-based services for people with intellectual and developmental disabilities. In addition to long-term supports, DDCS offers short-term stabilization programs for individuals facing behavioral health challenges that threaten their housing or care. These services include the Stabilization, Assessment and Intervention Facility (SAIF) and Diversion Bed Services, designed to help people regain stability and get connected to ongoing supports.

**Download resources from DSHS DDCS:**

[Video: Diversion Bed Services](#)

[Video: SAIF](#)



## Washington INCLUDE Collaborative

Website: [www.wainclude.org](http://www.wainclude.org)

The WA INCLUDE Collaborative is dedicated to creating statewide networks that promote inclusion and health equity for people with intellectual and developmental disabilities, especially in underserved communities. By focusing on the intersection of disability, mental health, and physical health, INCLUDE works to improve quality of life for individuals and families. Their programs include training for professionals through Project ECHO and the Center of Excellence, helping providers build confidence and skills in supporting people with IDD.

**Download resources from WA INCLUDE:**

[Resources](#)



## Office of the Developmental Disabilities Ombuds

Website: [www.ddombuds.org](http://www.ddombuds.org)

The Office of Developmental Disabilities Ombuds (DD Ombuds) advocates for the rights, dignity, and quality of life of people with developmental disabilities in Washington State. The Ombuds listens to concerns from individuals, families, and providers and investigates complaints about services received from the state. Their role is to ensure that people with developmental disabilities are treated fairly and have access to the supports they need.

**Download resources from DD Ombuds:**

Complaint Form

Brochure



## Washington Statewide Independent Living Council (WASILC)

Website: [www.wasilc.org](http://www.wasilc.org)

The Washington Statewide Independent Living Council (WASILC) promotes disability rights and supports a statewide network rooted in the Independent Living philosophy. In partnership with Centers for Independent Living (CILs), WASILC advances advocacy, planning, and collaboration to help people with disabilities live independently and thrive. Together, they provide direct services, peer support, and opportunities to shape public policy.

**Download resources from WASILC:**

Centers for Independent Living

WASILC Newsletter

Coalition on Inclusive Emergency Planning

State Plan for Independent Living (SPIL)



## Among Friends, LLC

Website: [www.among-friends.org](http://www.among-friends.org)

Among Friends, LLC specializes in person-centered social-sexual supports for people with complex needs. Their mission is to help caregivers, families, and professionals understand social-sexual behaviors within an ecological and trauma-informed framework, offering practical strategies and training. The organization provides tools, consultation, and resources designed to promote healthy relationships and development, with a focus on rights-based and culturally sensitive care.

### Download resources from Among Friends:

Resource list with over 500 items

Flyer

Decision-Making Sheet

Sample Roadmap to a Healthy Romantic and/or Sexual Relationship

Video: Sexual Self-Determination Program



## Washington State Community Connectors (WSCC)

Website: [www.wscsupport.org](http://www.wscsupport.org)

Washington State Community Connectors (WSCC) is a family-driven community of support for caregivers of children with behavioral health needs. WSCC offers trainings, peer connections, and resources through its statewide network, including the WA State Children's Behavioral Health Family Network and a directory of local support organizations. By centering lived experience, WSCC helps parents and caregivers find guidance, tools, and community in every region of Washington.

### Download resources from WSCC:

WSCC Flyer

WSCC Rack Card

Dedicated Space for Parents & Caregivers



## Disability Rights Washington

Website: [www.disabilityrightswa.org](http://www.disabilityrightswa.org)

Disability Rights Washington (DRW) is a nonprofit organization that protects and advances the rights of people with disabilities across the state. Their legal and advocacy work supports dignity, equality, and self-determination, tackling systemic issues that affect education, housing, treatment facilities, and employment. DRW also provides technical assistance and appointments for people seeking guidance on disability-related concerns.

Download resources from Disability Rights Washington:

Technical Assistance Services



## National Association of State Head Injury Administrators (NASHIA)

Website: [www.nashia.org](http://www.nashia.org)

Since 1990, the National Association of State Head Injury Administrators (NASHIA) has worked to strengthen state systems that serve people with brain injuries and their families. By connecting states, partners, and advocates, NASHIA enhances collaboration and helps ensure equitable access to services no matter where a person lives. Their resources include training, technical assistance, and a Behavioral Health Resource Hub.

Download resources from NASHIA:

Behavioral Health Resources Hub

NASHIA One-Pager

About NASHIA



## UW Institute on Human Development and Disability (IHDD)

Website: [www.ihdd.org](http://www.ihdd.org)

The Institute on Human Development and Disability (IHDD) at the University of Washington improves the lives of people with developmental disabilities through research, clinical care, training, and community engagement. IHDD brings together the Intellectual and Developmental Disabilities Research Center, the UCEDD, and the LEND program to offer interdisciplinary expertise. They also provide clinical evaluations, direct services, and assistive technology supports to help individuals and families thrive.

### Download resources from IHDD:

[IHDD Clinical Services](#)

[IHDD Direct Services](#)

[IHDD Fact Sheets](#)

[What is a UCEDD?](#)

[About UW LEND: UW Leadership Education in Neurodevelopmental and Related Disabilities](#)



Hope. Healing. Recovery.

## SOUND Behavioral Health

Website: [www.sound.health](http://www.sound.health)

SOUND is Washington's largest behavioral health provider for people with intellectual and developmental disabilities, offering a full range of outpatient services. Using a Positive Psychology approach, SOUND tailors both traditional and non-traditional treatments—including counseling, behavioral activation, and adapted group programs—to meet the unique needs of individuals and their support systems. Their care model focuses on strengths, person-centered planning, and whole-life wellbeing.

### Free resources from SOUND Behavioral Health:

[View Services](#)