



Lapidus Fusion Bunion Realignment

Post-Surgical Guidelines

Week 02 Post-op Resting in post-op splint - NWB - keep splint dry.

Week 2 Post-op Suture removal and application of bunion dressing.
Short fracture boot provided and continue NWB (non-weight-bearing).

Week 6 Post-op X-ray and if appropriate healing continue progress with weight bearing.
Start PT for range of motion.

Week 12 Post-op Check x-ray or CT scan to confirm fusion and wean into roomy shoe/orthotic

6 Months Post-op X-ray check - usually discharge from service.