



## Great Toe Fusion

### Post-Surgical Guidelines

#### **Week 2 Post-op**

Follow up with MD.  
Sutures are removed and x-rays obtained.  
Bunion ace wrap and medical boot re-applied.  
Continue weight-bearing as tolerated.

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#### **Week 6 Post-op**

Follow up with MD.  
X-rays taken.  
Begin to wean out of boot and possibly start PT if desired.

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#### **Week 10 Post-op**

Follow up with the MD.  
X-rays taken and fusion evaluated.  
If the fusion is solid, you may continue to advance activities.